

RFHS

Ingot Insider

November 14th, 2022



Countdown to Thanksgiving!



Nov 7--eLearning Day (A block)

Nov 8-Nov 18

Regular Schedules

November 21

"A" Schedule Block Day

November 22

"B" Schedule Block Day

No School 11/23-11/25



RFHS **Ingot Insider**

eLearning Day 11/14

Student Expectations

50% Live or Synchronous

Log Onto Google Classroom at
the start of your block time

Participate/engage in instruction

Complete any assignments posted


RFHS Ingot Insider

Friday, November 18th @ 7pm
RFHS Theater Department Presents...



"Life is like a double cheeseburger," a father explains to his son at the start of this compilation of 6 individual scenes. All loosely centered around this delicious metaphor meant to represent the many layers of human existence, this play is both comedic and contemplative. Played before an assortment of restaurant backdrops, we meet families, couples, friends, and waitstaff facing major life changes, following — or failing to follow — their dreams, and gulping down helpings of humor and humility along with their life lessons. And for every "order up," there's more proof that life, it turns out, really is like a double cheeseburger: full of endless possibilities, often messy and complicated, but always worth savoring.

RFHS Ingot Insider



This plaque memorializes River Forest Alumni who gave their lives in Vietnam. In a long-standing RF tradition, seniors dedicated a wreath to their memory.



River Forest's Veteran's Day Assembly was a huge success! Students in grades 6-12 were polite and well-behaved spectators. The band and choir sounded beautiful, and our student presenters did a great job!

RFHS Ingot Insider

Xavier Torres performed taps to end our Veteran's Day Assembly



Senior Students Alejandro, Isabel, Liberty, Melodie, Jamie, Hailey, Citlaly, Abby, and Corrie pose with our special guest River Forest Alumnus Don Phelps, who served in the Army



Senior stuff

There will be a class meeting with Fostens in the high school gym during SRT from 11:40am - 12:20pm on Tuesday 11/29/22. Fostens will be back on Tuesday 12/06/22 outside the cafeteria to take orders.



RFHS Ingot Insider

2021-22 Yearbook

ORDER NOW!

<https://tinyurl.com/2s3h9z9s>
PassCode=1015585546331402

create account

email mburns@rfcsc.k12.in.us with
questions

RFHS

Ingot Insider

College News

FAFSA
OPENS
OCTOBER
1st!

[Click here](#)
for one
stop, no
obligation
financial aid
registration!



[More](#)
[information](#)
[about](#)
[funding](#)
[school](#)
[after](#)
[graduation](#)
[here at](#)
[InvestED!](#)

RFHS

Ingot Insider



Indiana GEAR UP Bridge to College

Puente a la Universidad

SENIORS!

¡Estudiantes del Último Año!

*Your Guidance Counselor encourages you to attend this FREE event.
¡Su Consejero de Orientación lo alienta a asistir a este evento GRATUITO!*

Develop a plan for life after high school with a day of
hands-on activities at IU Northwest!

Desarrolla un plan para vida después de la escuela secundaria con

Open to all
members of
the Class of
2023--register
through your
counselor!

*click
here!*
For more
information

RFHS Ingot Insider

CURRICULAR MATTERS

Dual Credit Chemistry

Students Samantha and Madison
work together to balance equations



RFHS Ingot Insider

EXTRA CURRICULAR MATTERS



Devyn Dotson became the first RF athlete to sign a D1 commitment--she'll be heading to Mississippi Valley state for softball in the fall!

RFHS Ingot Insider

EXTRA CURRICULAR MATTERS



RF Students served as poll-
workers on election day!

RFHS Ingot Insider

MEDIA CENTER NEWSLETTER

*Click here for November's
Media Center Newsletter!*

RFHS Ingot Insider

Virtual School

is now only an option in pre-approved, medically necessary circumstances.

Please know we are still dedicated to educating all students and can make arrangements on an individual basis.



Freshman Seminar

is a new program in conjunction with PATH to help support the class of 2026 in their high school careers!

We will be discussing graduation pathways, future planning, and executive functioning skills!

Flexible Schedules!

Substitute teachers, bus matrons, and paraprofessionals are needed at RFHS!



RFHS Ingot Insider

Free, Reduced or Paid meal status along with Textbook assistance from the previous school year will expire on September 26th. An updated application must be received by September 26th in order to update your student's meal and textbook assistance status. Invoices will be mailed in October for any household who has not applied for or received textbook assistance. Please visit our website for an application or call Nick Alessandri at 219.962.7551 if you have any questions.

Cafeteria Fast Facts

Nicholas Alessandri
Director of Food Services

nalessandri@rfcsc.k12.in.us



Click Here for Menus
meals will not
be free unless
you qualify for
free or reduced
meals

**Click on the fruit
for the full food
service site**



RFHS Ingot Insider

River Forest Community School Corporation
Free/Reduced Meal Program

It's more than an application!

Completing the Free/Reduced Meals application is helpful beyond free and discounted meals for students. Your completed application ensures continued funding to support your student and all students in our district.



Internet Access

Some organizations offer low or no cost in home WiFi to families who receive Free/Reduced benefits.



Meal Benefits

Students receiving Free/Reduced benefits enjoy breakfast and lunch every school day at little or no cost. Families who are not directly certified may still qualify by submitting an application.



Curricular Fees

Many families who receive Free/Reduced benefits are also eligible for textbook assistance. This helps offset a portion of the cost for your child's annual curricular material fees.



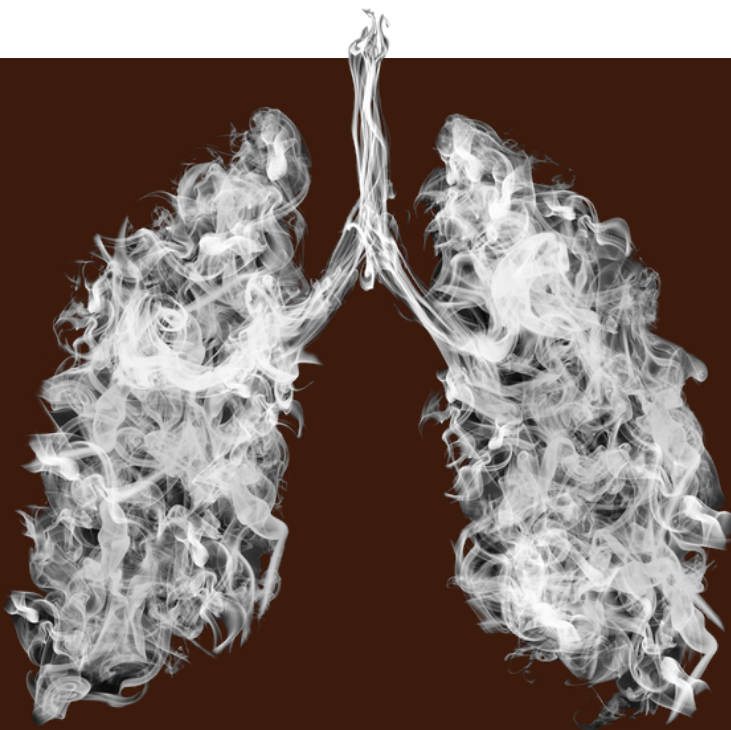
College Aid & Programs

Students may qualify to participate in college prep programs such as 21st Century Scholars and the PNW TRIO program. Many college scholarships are need-based, and organizations will use Free/Reduced Meal status as a factor.



Submit your Free/Reduced Meal application online today at <https://riverforest.familyportal.cloud/> or scan the QR code with your mobile device to apply.

RFHS **Ingot Insider**



Vaping nicotine and marijuana is both hazardous to your students' health, but it is also grounds for suspension. Read about the risks here.