

RFHS

Ingot Insider

October 24, 2022



Weekly Schedule

No block schedule this week
No SRT or freshman seminar

**NO SCHOOL MONDAY
10/24! Happy Fall Break!**



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thank you, SROs!



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PARENT
TEACHER
CONFERENCE

***COME MEET YOUR STUDENTS'
TEACHERS AND DISCUSS
THEIR PROGRESS DURING
FIRST QUARTER***

***THURSDAY 10/27/22
3-6PM***

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2021-22
yearbook

ORDER NOW

<https://tinyurl.com/2s3h9z9s>
PassCode=1015585546331402

create account

email mburns@rfcsc.k12.in.us with
questions

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SAVE THE
date

**RIVER FOREST
MIDDLE & HIGH SCHOOL
VETERANS DAY
PROGRAM 11/11/22
9:30AM**

**CONTACT MRS.
MLYNARCIK
OR MR. HORKA
IF YOU OR A FAMILY
MEMBER
HAVE SERVED AND
WOULD LIKE TO ATTEND**

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College News

FAFSA
OPENS
OCTOBER
1st!

[Click here](#)
for one
stop, no
obligation
financial aid
registration!



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Indiana GEAR UP Bridge to College

Puente a la Universidad

SENIORS!

¡Estudiantes del Último Año!

Your Guidance Counselor encourages you to attend this FREE event!
¡Su Consejero de Orientación lo alienta a asistir a este evento GRATUITO!

Develop a plan for life after high school with a day of hands-on activities at IU Northwest!

Desarrolla un plan para vida después de la escuela secundaria con

Open to all members of the Class of 2023--register through your counselor!

click here!
For more information

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CURRICULAR MATTERS



JAG Student-Staff Volleyball game to support bullying/suicide awareness



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**EXTRA-CURRICULAR
MATTERS**

**FALL SPORTS
AWARDS**

**THURSDAY
NOVEMBER 3RD
5:30PM**



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Virtual School

is now only an option in pre-approved, medically necessary circumstances.

Please know we are still dedicated to educating all students and can make arrangements on an individual basis.



Freshman Seminar

is a new program in conjunction with PATH to help support the class of 2026 in their high school careers!

We will be discussing graduation pathways, future planning, and executive functioning skills!

Flexible Schedules!

Substitute teachers, bus matrons, and paraprofessionals are needed at RFHS!



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Free, Reduced or Paid meal status along with Textbook assistance from the previous school year will expire on September 26th. An updated application must be received by September 26th in order to update your student's meal and textbook assistance status. Invoices will be mailed in October for any household who has not applied for or received textbook assistance. Please visit our website for an application or call Nick Alessandri at 219.962.7551 if you have any questions.

Cafeteria Fast Facts

Nicholas Alessandri
Director of Food Services

nalessandri@rfcsc.k12.in.us



Click Here for Menus
meals will not
be free unless
you qualify for
free or reduced
meals

**Click on the fruit
for the full food
service site**



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River Forest Community School Corporation
Free/Reduced Meal Program

It's more than an application!

Completing the Free/Reduced Meals application is helpful beyond free and discounted meals for students. Your completed application ensures continued funding to support your student and all students in our district.



Internet Access

Some organizations offer low or no cost in home WiFi to families who receive Free/Reduced benefits.



Meal Benefits

Students receiving Free/Reduced benefits enjoy breakfast and lunch every school day at little or no cost. Families who are not directly certified may still qualify by submitting an application.



Curricular Fees

Many families who receive Free/Reduced benefits are also eligible for textbook assistance. This helps offset a portion of the cost for your child's annual curricular material fees.



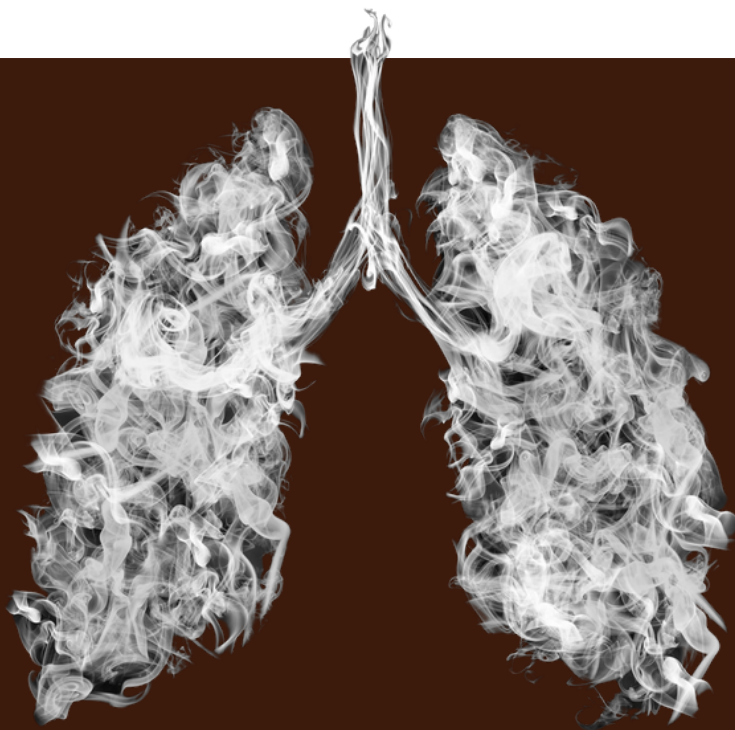
College Aid & Programs

Students may qualify to participate in college prep programs such as 21st Century Scholars and the PNW TRIO program. Many college scholarships are need-based, and organizations will use Free/Reduced Meal status as a factor.



Submit your Free/Reduced Meal application online today at <https://riverforest.familyportal.cloud/> or scan the QR code with your mobile device to apply.

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Vaping nicotine and marijuana is both hazardous to your students' health, but it is also grounds for suspension. Read about the risks here.