

# Regional School Unit 1

34 Wing Farm Parkway, Bath, ME 04530

Patrick Manuel, Superintendent  
Debra Clark, Business Manager

Katie Joseph, Assist. Superintendent  
Justin Keleher, Dir. Special Education



**Think - Care - Act**

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March 10, 2021

Dear RSU 1 Staff and Families,

On Friday, March 5th, Governor Mills updated the state guidelines for travel. Below please find RSU 1's updated travel policies so they better align with the current state guidance.

## **RSU 1 Travel Guidelines within the United States**

As of March 5, 2021, any staff or students who travel *within the United States* to any state other than:

- New Hampshire
- Vermont
- Massachusetts
- Connecticut
- Rhode Island will be required to either:

1. Complete a 10-day quarantine upon return to Maine and continue to monitor for signs and symptoms for an additional 4 days, OR

2. Obtain and receive a negative COVID-19 PCR test upon return to Maine to forgo the 10-day quarantine.

Please note that:

- Travelers must quarantine while they wait for test results.
- A negative COVID-19 PCR test result will allow the traveler to leave quarantine early.
- Results are to be shared with the school nurse.

**Vaccination exemption:** Individuals who have completed a COVID-19 vaccination series and are 14 days beyond the completion of the series are exempt from the testing and 10-day quarantine requirement above, regardless of their state of origin. Provide a copy of the completed vaccination card to your school nurse.

**For those who have had COVID-19:** An individual who had a positive COVID-19 molecular or antigen test is exempt from the testing and 10-day quarantine requirement for 90 days (3 months) after their first positive test, provided they remain asymptomatic. Proof will need to be provided to your school nurse.

## **RSU 1 Travel Guidelines for International Travel**

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For any staff or students who travel internationally:

- Quarantine for 7 days from arrival in the US AND get a COVID-19 PCR test in Maine 3-5 days after arrival in the US.
  - If the COVID-19 test is positive, [isolate](#).
  - Even if the COVID-19 test is negative, complete the 7-day quarantine after travel.
  - If individuals arriving from international travel do not get a COVID-19 test after their arrival, they must quarantine for 10 days after their arrival in the US.
- Avoid being around anyone who is at increased risk of severe COVID-19 illness for 14 days following arrival in the US, regardless of COVID-19 test results.
- Any staff or students who have traveled internationally will not be permitted inside the school building for a minimum of 7 days, even if a negative test has occurred.

**Vaccine exemption:** At this time, there are no exemptions from testing for those who have completed a COVID-19 vaccination series.

**For those who have had COVID-19:** An individual who had a positive COVID-19 molecular or antigen test is exempt from the testing and 10-day quarantine requirement for 90 days (3 months) after their first positive test, provided they remain asymptomatic. Proof will need to be provided to your school nurse.

Any person who is quarantining should stay home, and not have in-person contact with others unless there is an emergency.

Please continue to follow best practice safety protocols: wear a mask, keep physical distance, wash your hands and monitor for symptoms and help protect our schools and neighbors.

Sincerely,

A handwritten signature in black ink that reads 'Patrick M. Manuel'.

Patrick Manuel  
Superintendent of Schools

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