



APRIL

A'viands

an elior company

LAC DU FLAMBEAU REMOTE LEARNING BREAKFAST AND LUNCH MENUS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

April

5 Low Sugar Frosted Flakes
Orange Juice
Apple Bar
Craisins

Bean & Cheese Burrito
Salsa Cup
Corn
Mixed Fruit

12 Low Sugar Rice Krispies
Graham Crackers
Applesauce Cup
Grape Juice

4 – Cheese Panini
Sun Splash Juice
Green Beans
Applesauce

19 Low Sugar Frosted Flakes
Apple Bar
Craisins
Orange Juice

Chicken Nuggets
Potato Wedges, Cornbread
Diced Carrots, Pineapple tidbits

26 Low Sugar Rice Krispies
Graham Crackers
Applesauce cup
Grape Juice

Pizza Dippers
Marinara Dipping Sauce
Green Beans
Applesauce

6 Turkey Ham & Cheese on
English Muffin
Pineapple Cup
Grape Juice

Meatloaf w Tomato Sauce
Breadstick
Broccoli
Mixed Fruit Cup

13 Blueberry Muffin
Cheese Stick
Blended Fruit Juice
Mixed Fruit Cup

Crispy Chicken Patty on Bun
Broccoli
Diced Peas
Chipotle Ranch Sauce

20 Turkey Ham & Cheese
English Muffin
Pineapple Cup
Grape Juice

Meatloaf w tomato sauce
Breadstick, Broccoli,
Mixed Fruit Cup

27 Blueberry Muffin
Blended Fruit Juice
Mixed Fruit Cup
Cheese Stick

Penne Pasta with Meat Sauce
Breadstick
Mixed Vegetables
Diced Peaches

7 Low Sugar Froot Loops
Graham Crackers
Pear Cup
Orange Juice

Barbeque Chicken
Tater tots
Mixed Fruit Cup

14 Low Sugar Cinnamon
Toast Bar
Pear Cup
Orange Juice

Chicken Tater Nachos w
BBQ
Mixed Vegetables
Mixed Fruit Cup

21 Low Sugar Froot Loops
Graham Crackers
Pear Cup, Apple-Cran
Juice

Cheesy Buffalo Chicken
Rotini, Mixed
Vegetables, Orange Juice

28 Soft Cinnamon Toast Bar
Orange Juice
Pear Cup

Cheesy Chipotle Chicken
with Spanish Rice
Broccoli
Cornbread
Mixed Fruit Cup

1 Pancakes w Syrup
Apple-Cranberry Juice
Peach Cup

Pancakes, Syrup &
Sausage
Golden Potato Rounds
Orange Juice

8 Pillsbury Grape Crescent
Peach Cup
Blended Fruit Juice

Chicken Tenders with
Honey Dipping Sauce
Baked Beans
Sun Splash Juice
Apple Sauce

15 Pancakes w Syrup
Apple-Cranberry Juice
Peach Cup

Corn Dog on a Stick
Mixed Vegetables
Pineapple Cup
Ketchup & Mustard

22 Pillsbury Grape Crescent
Peach Cup
Blended Fruit Juice

Chicken Tenders
Baked Beans
Sun Splash Juice,
Applesauce & Honey

29 Pancakes w Syrup
Apple-Cranberry Juice
Peach Cup

Pancakes, Syrup &
Sausage
Golden Potato Rounds
Orange Juice

2 Low Sugar Cinnamon
Flake Breakfast Square
Blended Fruit Juice
Pineapple Cup

Chicken Nuggets
Fiesta Beans
Sun Splash Juice
Diced Peas

9 Banana Muffin
Cheese Stick
Mixed Fruit Cup
Grape Juice

Popcorn Chicken
Flour tortilla
French Fries
Peach Cup

16 Low Sugar Cinnamon
Flake Breakfast Square
Pineapple Cup
Blended Fruit Juice

Beef BBQ Riblet
Fiesta Beans
Sun Splash Juice
Diced Peaches

23 Banana Muffin
Cheese Stick
Mixed Fruit Cup, Grape Juice

Nashville Popcorn Chicken
Flour Tortillas
French Fries
Peach Cup

30 Low Sugar Cinnamon
Flake Breakfast Square
Blended Fruit Juice
Pineapple Cup

Chicken Nuggets
Fiesta Beans
Sun Splash Juice
Diced Peas

» **5 Breakfast**
» **5 Lunch**
» **USDA**
Compliant
» **Packed with**
name brand, kid
friendly items
Heating
Instructions
Included

**- Every
Child
Deserves A
Great Meal**

*** Denotes
may be spicy
to younger
palate**

**The ROOT to
great learning
starts with
fueling your
body**

**Pick up
Tuesdays
when school
is in session
9:30AM-
11:00AM**

Menu Key: **FP** = Fresh Pick • **WG** = Whole Grain