



SIMPSON ELEMENTARY

2023-2024 BREAKFAST AND LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Choice of One: Chicken Biscuit Pillsbury Mini Bagels w/Cream Cheese Choice of WG Cereals **100% Fruit Juice, Fresh Fruit or Canned Fruit each day **Milk choice each day	Choice of One: French Toast Sticks Yogurt Parfait w/Fruit & Granola Choice of WG Cereals Fruit each day	Choice of One: Sausage, Biscuit & Gravy Yogurt & Otis Spunkmeyer Muffin Choice of WG Cereals (Nov. - March) Hot Oatmeal w/Toppings or Yogurt & Muffin or WG Cereals	Choice of One: WG Cinnamon Roll Yogurt Parfait w/Fruit & Granola Choice of WG Cereals	Choice of One: Tony's Breakfast Pizza Yogurt & Cereal Bar Choice of WG Cereals
WEEK 2	Choice of One: Sausage Biscuit Yogurt & Keebler Grahams Choice of WG Cereals **100% Fruit Juice, Fresh Fruit or Canned Fruit each day **Milk choice each day	Choice of One: Pancakes w/Sausage Yogurt Parfait w/Fruit & Granola Choice of WG Cereals Fruit each day	Choice of One: Sausage, Biscuit & Gravy Yogurt & Otis Spunkmeyer Muffin Choice of WG Cereals	Choice of One: Kellogg's Poptarts Yogurt Parfait w/Fruit & Granola Choice of WG Cereals	Choice of One: Sausage & Egg Biscuit Yogurt & Cereal Bar Choice of WG Cereals
WEEK 3	Choice of One: Chicken Biscuit Breakfast Bread Choice of WG Cereals **100% Fruit Juice, Fresh Fruit or Canned Fruit each day **Milk choice each day	Choice of One: Waffles Yogurt Parfait w/Fruit & Granola Choice of WG Cereals Fruit each day	Choice of One: Sausage, Biscuit & Gravy Yogurt & Otis Spunkmeyer Muffin Choice of WG Cereals	Choice of One: Donuts Yogurt Parfait w/Fruit & Granola Choice of WG Cereals	Choice of One: Ham & Cheese Biscuit Yogurt & Cereal Bar Choice of WG Cereals

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August 2023	September 2023	October 2023	November 2023	December 2023
Week 1: 8/16 - 8/18	Week 1: 9/4 - 9/8	Week 2: 10/9 - 10/13	Week 3: 11/6 - 11/10	Week 1: 12/4 - 12/8
Week 2: 8/21 - 8/25	Week 2: 9/11 - 9/15	Week 3: 10/16 - 10/20	Week 1: 11/13 - 11/17	Week 2: 12/11 - 12/15
Week 3: 8/28 - 9/1	Week 3: 9/18 - 9/22	Week 1: 10/23 - 10/27	Week 2: 11/20 - 11/24	
	Week 1: 9/25 - 9/29	Week 2: 10/30 - 11/3	Week 3: 11/27 - 12/1	
January 2024	February 2024	March 2024	April 2024	May 2024
Week 1: 1/1 - 1/5	Week 2: 1/29 - 2/2	Week 1: 3/4 - 3/8	Week 2: 4/8 - 4/1	Week 3: 5/6 - 5/10
Week 2: 1/8 - 1/12	Week 3: 2/5 - 2/9	Week 2: 3/11 - 3/15	Week 3: 4/15 - 4/19	Week 1: 5/13 - 5/17
Week 3: 1/15 - 1/19	Week 1: 2/12 - 2/16	Week 3: 3/18 - 3/22	Week 1: 4/22 - 4/26	Week 2: 5/20 - 5/24
Week 1: 1/22 - 1/26	Week 2: 2/19 - 2/23	Week 1: 3/25 - 3/29	Week 2: 4/29 - 5/3	
	Week 3: 2/26 - 3/1			

**Use our on-line system at www.mySchoolBucks.com to view your child's account and even pay for their meals*

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Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or
(3) email: program.intake@usda.gov

This institution is an equal opportunity provider.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Choice of One: Cheeseburger Jennie-O Turkey & Cheese Wrap PB&J Uncrustable Boxed Meal Sides: Baked French Fries Lettuce/Tomato/Pickle Sliced Peaches Fresh Fruit or 100% Fruit Juice ***Milk Choice each day 1% White or Fat Free Chocolate and Strawberry	Choice of One: Salisbury Steak w/Gravy & Biscuit Jennie-O Turkey Sandwich PB&J Uncrustable Boxed Meal Sides: Scalloped Potatoes or Rice Pilaf Lima Beans Romaine Garden Salad Mandarin Oranges Fresh Fruit or 100% Fruit Juice Dessert	Choice of One: Pizza Choice Jennie-O Turkey Ham & Cheese Sub PB&J Uncrustable Boxed Meal Sides: Romaine Garden Salad, Corn Pineapple Tidbits Fresh Fruit or 100% Fruit Juice	Choice of One: Beef Taco's (Soft or Hard Shell) Ham & Cheese Sandwich PB&J Uncrustable Boxed Meal Sides: Lettuce/Tomato/Cheese Spanish Rice, Refried Beans Strawberries, Fresh Fruit or 100% Juice (Nov. - March) Cheesy Chicken Casserole w/Garlic Bread Ham & Cheese Sandwich PB&J Uncrustable Boxed Meal Salad, Corn, Fruit Choices or 100% Juice	Choice of One: Chicken Tenders w/Texas Toast Turkey Sandwich PB&J Uncrustable Boxed Meal Sides: Mashed Potatoes Seasoned Peas Applesauce Fresh Fruit or 100% Fruit Juice
WEEK 2	Choice of One: Sloppy Joe Hot Dog PB&J Uncrustable Boxed Meal Sides: Baked French Fries Glazed Carrots Strawberries Fresh Fruit or 100% Fruit Juice ***Milk Choice each day 1% White or Fat Free Chocolate and Strawberry	Choice of One: Fish Nuggets BBQ Sandwich PB&J Uncrustable Boxed Meal Sides: White Beans or Baked Beans Macaroni & Cheese Mandarin Oranges Fresh Fruit or 100% Fruit Juice Dessert	Choice of One: Pizza Choice Pepperoni Calzone PB&J Uncrustable Boxed Meal Sides: Romaine Garden Salad Assorted Fresh Veggies w/Dip Blueberries Fresh Fruit or 100% Fruit Juice	Choice of One: Spaghetti w/Breadstick Chicken Patty Sandwich PB&J Uncrustable Boxed Meal Sides: Romaine Garden Salad Green Beans Pineapple Tidbits Fresh Fruit or 100% Fruit Juice (Nov. - March) Chili w/Crackers and Choice of Sandwich or PB&J Uncrustable Boxed Meal *Sides Listed Above	Choice of One: Popcorn Chicken w/Texas Toast Hot Ham & Cheese Sandwich PB&J Uncrustable Boxed Meal Sides: Mashed Potatoes Steamed Broccoli w/Cheese Mixed Berry Fruit Cup Fresh Fruit or 100% Fruit Juice
WEEK 3	Choice of One: Corn dog Jennie-O Turkey Sandwich PB&J Uncrustable Boxed Meal Sides: Baked French Fries Baked Beans Sliced Peaches Fresh Fruit or 100% Fruit Juice ***Milk Choice each day 1% White or Fat Free Chocolate and Strawberry	Choice of One: <u>Breakfast for Lunch</u> Sausage, Egg & Cheese Biscuit Pancakes w/Sausage Links PB&J Uncrustable Boxed Meal Sides: Breakfast Potatoes Strawberry Cup Baked Cinnamon Apples Fresh Fruit or 100% Fruit Juice	Choice of One: Bosco Cheese Breadsticks or Cheesy Bread Ravioli w/Meat Sauce PB&J Uncrustable Boxed Meal Sides: Romaine Garden Salad Assorted Fresh Veggies w/Dip Marinara Dipping Sauce Applesauce Fresh Fruit or 100% Fruit Juice	Choice of One: Beefy Nacho's Supreme Chicken Quesadilla PB&J Uncrustable Boxed Meal Sides: Lettuce/Tomato Toppings Refried Beans, Salsa Corn Peach Cup Fresh Fruit or 100% Fruit Juice	Choice of One: <u>Sack Lunch</u> Choice of One: PB&J Uncrustable Turkey & Cheese Sub Included in Bag: Baked Potato Chips, Fresh Fruit, Assorted Fresh Veggies w/Dip, Dessert

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