

# PRESCHOOL TO PATRIOT PRESS

THE LINCOLN COUNTY EARLY CHILDHOOD  
NEWSLETTER

LCEC Office Phone:  
(606)-365-9371

## **REGISTRATION FOR THE 2021-2022 SCHOOL YEAR:**

We will begin scheduling registration appointments soon. If you would like to schedule an appointment, please call our office **or scan the QR Code below to complete our survey**, and someone will be in touch with you. To scan the QR Code: Open the camera app on your smart phone and point it steadily for 2-3 seconds towards the QR Code. When scanning is enabled, a notification will appear. Click on the notification and you will be directed to our registration survey.



## **“GETTING OUTSIDE WHEN YOU ARE LEARNING AT HOME”**

Spring is right around the corner and with many students still learning virtually, one simple yet vitally important thing you can do is go outside every day. While your child may need to be in front of a screen for part of the day, you can improve what they learn and remember by doing some things outside. A change of scenery, fresh air, and natural light can help both of you feel better. A few things you can do are:

**MOVE:** Children need to move their muscles. This is an important area of their learning and development. They can walk, run, jump, hop, crawl, spin, throw, and more.

**WORK:** Children can do work outdoors that supports their virtual learning. Babies can learn new words when they are outside. Toddlers and preschoolers can collect things outside, like leaves, twigs, pebbles, and pinecones. Then they can sort their items and notice what is alike and different. You can also practice counting the items with them.

**PLAY:** Infants enjoy simple games like peek-a-boo. Toddlers and preschoolers can play while their caregivers observe from a bench or seat. They may create pretend scenarios about what they see and hear every day. Imaginative play is an important part of learning.

**MAKE NOISE:** Sometimes children are told to “use their inside voices” to help them lower their volume when they are inside. Children need opportunities to use their “outdoor voices” too! They are learning about language and sounds, how to modulate and moderate their voices. Outside is often the best place for big sounds. Having a planned time when they can yell, sing at the top of their lungs, and express themselves freely will help children who need to be quieter while inside.

**EXPLORE:** Go to a new place. Walk around the block and see if your child can point out something you have never noticed. Turn over a log and see what insects or other small creatures might be there. Find something new!

# VIRTUAL LITTLE PATRIOTS

We are excited to announce that as of March 1<sup>st</sup> we have a fully Virtual Preschool to Patriot classroom. This option is designed for any children in the program throughout the county who selected to remain virtual for individual reasons. Mrs. Dana Ellis and Mrs. Amanda Underwood will be working with your family and child to provide multiple platforms for conducting individualized learning through the specific online capabilities of Google Classroom, Facebook, Facetime Live sessions, and Ready Rosie. We will be providing step by step videos on how to use each option. For more information, please contact (859) 379 5203.



## FROM THE NURSE'S STATION:

### Did You Know...?

**March 14--20, 2021  
is National Poison  
Prevention Week**

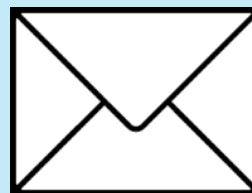
Here are some safety tips  
to help keep you and your  
family safe:

- Store all medicines out of children's reach.
- Store all household products out of children's reach.
- Always read the label before using a product that may be poisonous.

- Keep chemical products in their original bottles or containers.
- Never mix household products together. For example, mixing bleach and ammonia can result in toxic gases.
- Turn on the fan and open windows when using chemical products such as household cleaners.
- If a poisoning occurs: Remain calm. If victim has collapsed, call 911. If victim is awake and alert, call Poison Control at 1-800-222-1222.
- For more safety tips, visit the CDC website:

<https://www.cdc.gov/HomeandRecreationalSafety/Poisoning/preventiontips.htm>

## HAVE SOMETHING NEWSWORTHY TO SHARE?



If you have an idea or story you would like to feature in our newsletter, please send it via email to Kristen Zahn, Community Partnerships and Data Coordinator for Lincoln County Early Childhood:

[kristen.zahn@lincoln.kyschools.us](mailto:kristen.zahn@lincoln.kyschools.us)