

FAYETTEVILLE PERRY SCHOOL LUNCH AND BREAKFAST PROGRAM 2023-24

NUTRITIONAL GUIDELINES

We participate in the National School Lunch and Breakfast Program. Under this program all schools who participate must make free and reduced price meals available to eligible students. The menus are designed so that over a period of one week, school lunches will provide children with approximately one-third of the nutrients they need according to the recommended dietary allowances. They are planned using available government donated commodity food products from the US Department of Agriculture as well as purchased food products.

The Child Nutrition Department strives to promote the participation in the consumption of healthy school meals offered every school day. We strive to offer lunches and breakfasts that are appealing, acceptable, appetizing and healthy for young children.

We use offer-vs.-serve option at all of our lunchrooms. This provision is intended to reduce food waste by allowing children to choose three of the five meal components offered each day, starting in the school year 2012-13 one of their choices has to be a fruit or vegetable (1/2 cup minimum). We offer 3 choices of entrée items, including the menu item. Salad is offered daily. To promote milk consumption we offer a variety of 1% and skim milk in chocolate, white, and strawberry flavors.

Voices in the cafeteria should be kept to a reasonable volume. If a pupil drops or spills food he/she is responsible for cleaning it up; the cafeteria helper will help if necessary. Those students packing a lunch must not leave papers or food on the table.

We no longer serve any type of products containing peanuts and tree nuts.

If your child has allergies to any food, please let us know.

We encourage children to participate in our breakfast and lunch program.

Any student/family enrolled in last year's Free or Reduced Lunch & Breakfast Programs are still eligible for the first 30 days of school. New applications will be passed out at the beginning of the school year. Applications must be completed and turned in as soon as possible. If you qualify for free or reduced lunches, you also qualify for free or reduced breakfast. We will be doing direct Certification in the 2023-24 school year, anyone receiving SNAP or OWF will automatically be on the free program. If you are on this program you do not need to fill out an application. You will receive a letter at the beginning of school that says you have been approved through Direct Certification. Make sure you sign the fee waiver part of your application or letter.

You may also fill out Free and Reduced Applications online at LunchApplication.com or you can print an application off from the school website or you can pick up an application at any of the school offices.

Our department operates just as a business. The money collected from students, staff and federal reimbursement for the National School Lunch Program pays all costs, including salaries, food purchases, gas, electric and any repair work or new purchases of equipment.

Fayetteville-Perry Schools food service program uses a computerized lunch program called Meals Plus. This convenient system allows parents to pre-pay (by sending in cash or check and you may also pay online at www.K12PaymentCenter.com) for lunches and breakfast in any amount on any school day regardless if the child is purchasing a lunch that day. Each child has their own personal identification number (PIN). You can be confident that no one else can use the account or will know his/her status. The student's school photo is displayed with his/her account, which allows cafeteria cashiers to ensure that another student does not attempt to access the wrong account. If you have more than one student you will have a family account or you can contact me to set up individual student accounts to put money into. Any checks given at the register will be deposited to your student's account, they will not receive any money back. Please do not put fees, lunch or field trips together on one check.

You as a parent will be able to log on to your student's account using your user name and password. You will be able to check balances and purchases. If you would like to put spending limits or blocks on the student's account, please contact Cindy Phillips at 513-875-5096 or email at cindy.phillips@fpls.us. You can manage each of your student's accounts separately.

To log on: Go to the school's website, scroll down to School Dining System on the right side. Click on that and it will take you to K12 Payment Center.

You will need your user name and password to log in.

When you log on please be sure to update your e-mail address field so you can receive correspondence.

***We have a limited no charge policy. If there is a zero balance on the account or if your child does not have money they will be able to charge 2 breakfast and 2 lunches and if they still don't have money, they will be given a cheese sandwich alternative meal for.**

***If you have an insufficient check, you have 5 days to put money on the account to cover the check. After that time, the check amount will be removed from your child's account.**

***If you have money left on your account or a negative balance at the end of the school year, it will carry over to the next year.**

***Refunds will only be considered, if there is more than \$10.00 left in the account. Contact Food Service Department about refunds.**

If you have any questions please contact: Food Service Department @ #513-875-5096

Due to Federal & State regulations we will no longer be permitted to allow students to bring in food items, such as treats, for other students for classroom parties. They are permitted to bring in such items as pencils, stickers, etc.

This institution is an equal opportunity provider