

Diabetes Care Plan

Student Name: _____ **Grade/Team:** _____

Target Range: _____ **Brand of Insulin:** _____
Student uses: _____ Insulin Pen _____ Insulin Pump

Does student have a CGM? _____ **Brand** _____

Blood sugar checks will be done at the following times: (check all that apply)

- _____ Before PE
- _____ After PE
- _____ Before lunch
- _____ 2 hours after lunch
- _____ As needed

Please list other times: _____

Insulin Ratios:

Breakfast: _____
Lunch: _____
Snack: _____

Correction Formula: _____

Hypoglycemia Treatment

If < _____ give a 15 gram carb snack and recheck in 15-20 minutes. If blood sugar is not coming up, repeat snack and recheck in 15-20 minutes. Contact parent if blood sugar does not come up after 2nd snack.

Other instructions for low blood sugar: _____

Hyperglycemia Treatment

For blood sugar > _____, check ketones. No PE if student has ketones in urine. Contact parent if BS is _____ or higher.

Other instructions for high blood sugar: _____

Additional instructions: _____

EMERGENCY TREATMENT (If unable to take food by mouth, becomes unconscious or is seizing)

- _____ Inject Glucagon into fatty part of the arm or leg, then turn student on side
- _____ Administer Baqsimi 3mg nasal powder, then turn student on side
- * Call 911
- * Call Parent
- * If the student becomes able to eat or drink, give juice or milk

Emergency Contacts

Name _____ Phone # _____
Name _____ Phone # _____

Management In School

Student may:

- may check blood glucose level whenever he/she is sick, confused, or showing signs and symptoms of hypo/hyperglycemia.
- shall be allowed to use the restroom without restrictions.
- shall be permitted to have immediate access to water, including keeping a water bottle in his/her possession. He/she will also have permission to use the drinking fountain without restriction.
- shall be permitted to leave the classroom to see the nurse for diabetes related issues.
- should be accompanied by an adult or another student when going to the office when he/she is experiencing low symptoms.
- shall have immediate access to all items necessary for the treatment of diabetes, including, but not limited to glucose testing equipment and insulin. Student will be allowed to carry these items at all times.
- may do blood glucose testing at any location in the school, including, but not limited to the classroom, school grounds, cafeteria, on field trips or sites of extracurricular activities and on the bus.
- will be permitted to participate in all field trips and extracurricular activities without restriction. Be sure to plan snacks and blood glucose testing accordingly.
- will check blood glucose levels before standardized testing to ensure optimal glucose levels. Blood glucose level should be between _____. Student should call parent if outside of that range and they will decide if she should test or not.

PEASE LIST ANY OTHER INSTRUCTIONS OR CONSIDERATIONS HERE:
