

Regional School Unit 1

34 Wing Farm Parkway, Bath, ME 04530

Patrick Manuel, Superintendent
Debra Clark, Business Manager

Katie Joseph, Assist. Superintendent
Justin Keleher, Dir. Special Education



Think - Care - Act

March 1, 2021

Dear RSU 1 Families,

While we are several weeks off from another school break, we want to remind our community of some general RSU 1 COVID-19 guidelines around exposure and travel requirements as some have slightly changed.

RSU 1 Travel Guidelines

Any staff or students who travel *within the United States* to any state other than New Hampshire or Vermont (no restrictions as of 3/1/21 for these two states only), will be required to either:

1. Complete a 10-day quarantine upon return to Maine and continue to monitor for signs and symptoms for an additional 4 days, OR
2. Obtain and receive a negative COVID-19 PCR test upon return to Maine to forgo the 10-day quarantine.

Please note that:

- Travelers must quarantine while they wait for test results.
- A negative COVID-19 PCR test result will allow the traveler to leave quarantine early.
- Results are to be shared with the school nurse.

Upon *return to the United States*, staff and students must quarantine. International travelers can return to school after they:

1. Get tested 3-5 days after travel, receive a negative PCR test result and stay home and self-quarantine for 7 days after travel.
2. Do not get tested and stay home for 10 days after travel and continue to monitor for signs and symptoms for an additional 4 days.

34 Wing Farm Parkway, Bath, ME 04530

Telephone: (207) 443-6601

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<http://www.rsu1.org/>

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3. Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.

Any staff or students who have traveled internationally will not be permitted inside the school building for a minimum of 7 days, even if a negative test has occurred.

Any person who is quarantining should stay home, and not have in-person contact with others unless there is an emergency.

Please continue to follow best practice safety protocols: wear a mask, keep physical distance, wash your hands and monitor for symptoms and help protect our schools and neighbors.

Sincerely,

A handwritten signature in black ink that reads 'Patrick M. Manuel'.

Patrick Manuel
Superintendent of Schools

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