## FEBRUARY 2023

## Fairfield City Schools 9-12



**School Information:** E-Learning Day Feb. 1st Presidents' Day Feb. 20<sup>th</sup>



**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		E-Learning Day	Salisbury Steak Steamed Rice Blackeye Peas Dinner roll Fruit choices	Fresh Baked Pizza Sweet Corn Sweet Potato Fries Satsuma Oranges Fruit choice
Deluxe Hamburger Roasted Potatoes Steamed carrots Lettuce, tomato, onion, pickle Fruit choices	Turkey & Cheese Sub Lettuce, Tomato, Pickles Potato Wedges Mixed Berry Fruit cups Fresh Fruit	Spaghetti Steamed Broccoli Dinner roll Garden Salad Fruit choices	Taco Soup Cornbread Vegetable Medley Pinto beans Fruit choices	Sausage Dog w/onions &peppers Sweet Potato Fries Garden Salad Fruit choices
Hot Ham & Cheese Sandwich Steamed Carrots Potato wedges Fruit choices	Oven Roasted Chicken Blackeye Peas Rice Pilaf Strawberry Shortcake Fruit choices	Burrito Sweet potato fries Sweet corn Fruit choices	Chili w/beans Cornbread Brownie (prewrapped) Green Beans Fruit choices	Chicken Tenders Dinner roll Creamy Potatoes Steamed Broccoli Fruit choices
Presidents' Day	Creamy Chicken & Broccoli Alfredo Caramelized Carrots Breadstick Garden Salad & Fruit choices	Gumbo Steamed Rice Cracker Packets (4) Sweet corn Fruit choices	Chili Cheese dog Baked fries Garden Salad Fruit choices	Hot wings Celery, Carrots Potato wedges Fruit choices
Chicken Parmesan Creamy Potatoes English Peas Garden Salad Fruit variety	Taco Salad Tortilla Chips Sweet Corn Black beans Fruit choices			