

JANUARY 2023

Fairfield K-8

LUNCH



School Information: Type your school information here.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

MONDAY

Happy Holidays

2

TUESDAY

Happy Holidays

10

WEDNESDAY

Happy Holidays

11

THURSDAY

Happy Holidays

12

FRIDAY

Happy Holidays

6

Hot Ham & Cheese
Potato Wedges
Steamed Broccoli
Fruit variety

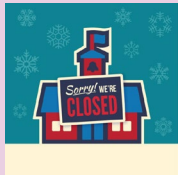
9

Sausage Dog
French Fries
Sweet Corn
Garden Salad
Fruit Variety

Oven Roasted Chicken
Rice Pilaf
Italian Green Beans
Caramelized Carrots
Fruit variety

Cheeseburger
Sweet potato fries
5-way mix vegetables
Fruit Variety
Garden Salad

Chicken Tenders
Steamed squash
Garden Salad
Fruit variety



16

Pizza
Potato wedges
Garden Salad
Fruit variety

17

Spaghetti
Steamed Broccoli
Garden Salad
Fruit variety

18

Taco Soup
Vegetable Medley
Pinto Beans
Garden Salad
Fruit variety

19

BBQ Wings
Celery, Carrots
Roasted, Seasoned Potatoes
Garden Salad
Fruit variety

20

Turkey & Cheese
Sandwich
Sweet Potato Fries
Garden Salad
Fruit variety

23

Taco Tuesday
Black Beans
Spanish Rice
Lettuce, cheese, tomato
Fruit variety

24

Creamy Chicken and
Broccoli Alfredo
Breadstick
Caramelized Carrots
Garden salad
Fruit variety

25

Corndog
Baked Beans
French fries
Garden Salad
Fruit variety

26

Chicken nuggets
Potato Wedges
Italian Green Beans
Fruit variety

27

Chicken Parmesan
Creamy Potatoes
English Peas
Garden Salad
Fruit variety

30

Egg Omelet
Pancakes
Sausage links
Carrot snack packs
Garden Salad
Fruit variety

31

