

# APRIL 2022

## Fairfield City Schools

### BREAKFAST



**School Information:** Menus are subject to change based on availability



**Nutrition Tip:** Make fruit more appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



### MONDAY



### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



1

Breakfast Pizza  
Fruit  
Fruit juice  
Milk

4

Pancake w/sausage  
Fruit  
Fruit juice  
Milk

5

Chocolate chip Muffin  
Fruit  
Fruit juice  
Milk

6

Ham & Cheese Biscuit  
Fruit  
Fruit juice  
Milk

7

Cereal  
Fruit  
Fruit juice  
Milk

8

Cheese Toast  
Fruit  
Fruit juice  
Milk

11

Mini Maple Pancakes  
Fruit  
Fruit juice  
Milk

12

Doughnuts  
Fruit  
Fruit juice  
Milk

13

Sausage Biscuit  
Fruit  
Fruit juice  
Milk

14

School Out

15

Sausage  
Grits/ Cereal bar (pre-K)  
Fruit  
Fruit juice  
Milk

18

French Toast  
Fruit  
Fruit juice  
Milk

19

Cereal  
Fruit  
Fruit juice  
Milk

20

Chicken Biscuit  
Fruit  
Fruit juice  
Milk

21

Breakfast Pizza  
Fruit  
Fruit juice  
Milk

22

Cheese Toast  
Fruit  
Fruit juice  
Milk

25

Mini Maple Pancakes  
Fruit  
Fruit juice  
Milk

26

Chocolate chip Muffin  
Fruit  
Fruit juice  
Milk

27

Bacon Biscuit  
Fruit  
Fruit juice  
Milk

28

Cereal  
Fruit  
Fruit juice  
Milk

29