Lenawee County Resource Guide



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If you do not see a resource listed or would like to make corrections, please do not hesitate to contact Paula at the Lenawee Community Foundation. We are here to help.

For an electronic version of this resource guide, please visit our website at http://www.lenaweecf.com/resource-guide/

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Abuse and Sexual Assault Programs

Adult Protective Services 1-855-444-3911 Catholic Charities of Lenawee 517-263-2191 Catherine Cobb Domestic Violence Shelter 517-265-6776 or 1-800-874-5936 Department of Human Services 517-264-6300 Reporting abuse of Child/Adult 855-444-3911 or 1-800-874-5936 Region 2 Area Agency on Aging Ombudsman 517-990-0510 (102 N. Main St. Brooklyn, MI 49230)

Animals

Lenawee Humane Society 517-263-3463 (705 W. Beecher St. Adrian, MI 49221) Cascades Humane Society 517-787-7387 (1515 Carmen Drive Jackson, MI 49202) Treasurer's Office Dog Licenses 517-264-4554 Lenawee County Pet Project 517-264-0782 (Housing Help of Lenawee 307 E Church St. Adrian, MI) Michigan State University Veterinary Medical Center 517-353-5420 (736 Wilson Road, E. Lansing, MI) Red Rover Relief <u>www.redrover.org/redrover-relief-grants 916-429-2457</u> Leader Dogs for the Blind 248-651-9011

Child Services

Child Care

Child Care Network 517-264-5324 Department of Human Services 517-264-6300 (1040 S. Winter St. Adrian, MI St. #3013) Lenawee Great Start 517-266-4821 or <u>www.lenaweegreatstart.org</u>

Child Support

Office of Child Support 866-540-0008 or 866-661-0005 (1040 S. Winter St. Adrian, MI St #3013) Child Support Hotline 1-877-543-2660 or 866-540-0008 Lenawee County Friend of the Court 517-264-4706 or 877-543-2660 (425 N. Main St. Adrian, MI)

Parenting Assistance

Child Protective Services 855-444-3911 (1040 S. Winter St. Adrian, MI 49221 Ste. #3013) Online Resources:

Relax-Alternatives to Anger-for parents or general public-classes/resources

www.msue.anr.msu.edu/program/info/alternatives_to_anger

Nurturing Families Series-list of resources and classes

www.msue.anr.msu.edu/program/events/nurturing_families

Tranquil Parenting <u>www.tranquilstudio.org</u> 517-431-3000; Prevention of cruelty to children and provides parenting classes in abuse, divorce, and cruelty case

Guardianship Issues

Probate Court 517- 264-4661 (425 Main St. Adrian, MI 49221 St. #101)

Resources for Families with Young Children

Adrian Head Start 517-263-2468 or 517-263-1122 (340 E. Church St. Adrian, MI 49221) Lenawee Great Start Collaborative 517-266-4821

Clothing and Household Items

Associated Charities 517-265-7255 (no cost to client) Clinton Community Clothing Closet 517-456-6053 (available mid-August – early November) Goodwill 517-263-2135 or 517-759-3660 (low cost) Habitat ReStore 517-266-0746 (low cost) Salvation Army Family Store 517-263-3650 (low cost or no cost based on client needs)

Counseling

Catholic Charities of Lenawee 517-263-2191 Catherine Cobb Safe House 517-265-5352 Hospice of Lenawee 517-263-2323 Herrick Behavioral Services 517-423-3887 or 1-800-867-1179 Lenawee Community Mental Health 517-263-8905 Recovery Lifestyles 517-265-9595 Restoration Counseling 517-920-0228

Disaster/Emergency Services

In case of emergency, dial 9-1-1 American Red Cross 517-263-1171 Associated Charities 517-265-7255 Catherine Cobb Domestic Violence Shelter 517-265-6776 Lenawee County Community Crisis Team dispatched from Community Mental Health 517-263-8905 or 1-800-664-5005 Lenawee County Emergency Management 517-264-4759 Salvation Army 517-265-2038 Victim Service Unit, Lenawee County Sheriff's Department 517-263-0524

Domestic Violence

Catherine Cobb 24/7 Hotline 1-800-874-5936 Catherine Cobb Administration 517-265-5352 Catherine Cobb Domestic Violence Shelter 517-265-6776 Child/Adult Protective Services 855-444-3911 Elder Abuse Hotline 800-882-6006 or 800-242-2873 National Domestic Violence Hotline 1-800-799-7233 or 1-800-787-3244 National Teen Dating Abuse Helpline 866-331-9474 Region 2 Area Agency on Aging 800-335-7881 or 517-990-0510 Teen Crisis Call Center 800-273-8255

Education

Adult Education

Adrian Community Education Center 517-263-1332 Hope Community Center 517-265-2410 Lenawee College Access Network 517-423-1729 Lenawee Intermediate School District 517-265-1650 LISD Adult Transition Support Services 517-265-1688 LISD TECH Center 517-263-2108 Lenawee Lifelong Learning 517-403-4319 Michigan Industry Approach Office 517-353-6461 U.S. Department of Labor Apprenticeship Office 517-377-1747

Early Childhood Education

Adrian Community Preschool 517-263-8676 Child Care Network 517-264-5324 Lenawee Imagination Library 517-423-1729 Lenawee Intermediate School District 517-265-1650 LISD Young Children Services 517-263-8931 YMCA of Lenawee County 517-263-2151

Higher Education

Adrian College 517-265-5161 Baker College 855-487-7888 Federal Student Aid <u>www.studentaid.gov</u> Jackson College (Main Campus) 517-787-0800 Jackson College (JC@LISD Tech) 517-265-5515 Lenawee College Access Network 517-423-1729 Lenawee County Education Foundation 517-265-1626 Michigan State University 517-355-1855 Siena Heights University 1-800-521-0009 University of Michigan 734-767-1817 Washtenaw Community College 734-973-3300

K-12 Education

Addison Community Schools 517-547-6123 Adrian Public Schools 517-263-2115 Blissfield Community Schools 517-486-2205 Britton Deerfield Schools 517-451-4581 (Britton), 517-447-3015 (Deerfield) Clinton Community Schools 517-456-6501 Columbia School District 517-592-6641 Hudson Area Schools 517-448-8912 JC/LISD Academy 517-263-9433 Lenawee Intermediate School District 517-265-1650 LISD PREP Academy 517-266-1917 LISD TECH Center 517-263-2108 Madison School District 517-263-0741 Maurice Spear Campus 517-263-5021 Morenci Area Schools 517-458-7502 Onsted Community Schools 517-467-2174 Sand Creek Community Schools 517-436-3108 Southern Michigan Center for Science and Industry 517-448-1413 Tecumseh Public Schools 517-423-2167 Waldron Area Schools 517-286-6251 Whiteford Agricultural Schools 734-856-1443

Special Education

Hope Community Center 517-265-2410

Lenawee Intermediate School District 517-265-1650 LISD Adult Transition Support Services 517-265-1688 LISD Deaf and Hard of Hearing Program 517-265-1688 LISD Laura Haviland Program 517-263-5021 LISD Milton C. Porter Education Center 888-444-8144 or 517-263-8931 LISD TECH Center 517-263-2108 LISD Work Support Services 517-265-1688 Trenton Hills Learning Center 517-265-1684

Employment

Michigan Works! Southeast 1(800)285-9675 / 517-266-5627 Goodwill Industries 517-263-2135 Michigan Rehabilitation Services 517-263-0607 Department of Human Services <u>http://www.michigan.gov/helpinghand</u> Foster Grandparent Program 517-264-5280 Veterans' Employment & Training 517-266-5627 Region 2 Area Agency on Aging 800-335-7881 Linked Lenawee (free career training services) 517-265-1688

Food Assistance

Department of Human Services: Supplemental Nutrition Assistance Program (SNAP) 517-264-6300 http://www.michigan.gov/helpinghand

ADDISON

St. Mary on the Lake Catholic Church

450 Manitou Beach Rd., Contact: 517-547-7496 Serving Addison area and surrounding communities, Friday from 10 am - noon

ADRIAN

Adrian First Church of the Nazarene

50 Industrial Court, 517-263-1579 Tuesday 10:00am – 2:00pm

City of Refuge Ministries International

301 S Tecumseh St, Adrian, MI 49221, 517-918-8289 Open 2nd & 4th Saturday afternoons and will include evening hours in the future. An app is available for the pantry. Visit <u>https://cityofrefugeministriesintl.com/communityfood</u> for more information.

United Methodist Church

1245 W. Maple St., Contact: Dept. on Aging 517-265-5689 For adults 60+ meeting income guidelines. Call for dates of distribution.

The Daily Bread

302 S. Tecumseh St., 517-266-0937 Serves meals on Tuesday, Wednesday, Thursday, Friday, and Saturday, from 11:30 am - 2:00 pm; Food pantry open Tuesday, and Friday 12:00-2:00 pm (Bring ID, must have ID for everyone in household)

Neighbors of Hope--Fishes & Loaves Food Pantry

423 W Maumee St., 517-759-4421, Hours vary, please call first, bring valid photos ID's (over 18) or birth certificate (under 18); Proof of residency for all applicants over the age of 18; Documentation of all income and assistance the family receives,

Saint Vincent de Paul Society, (St. Joseph Church) Food Pantry

415 Ormsby St., 517-605-4819 (office); 517-759-9296 (pantry only) *Monday, Wednesday and Friday from 1 - 2:30 pm*

The Salvation Army

217 W. Church St., Contact: Candy Aranda 517-265-2038 Serves hot meals on Monday and Wednesday 4:00 - 5:00 pm Food pantry open Monday and Thursday (by appointment only) from 8:30-11:30am Tuesday is the Fresh Food Initiative from 8:30 - 11:30 am

WIC (Women Infants and Children Program) at Community Action Agency

400 W. South St., 517-263-7861 Nutritional and educational program for pregnant or post-partum women, infants and children under age 5 (must meet income guidelines)

Saint Mary's Catholic Church Food Pantry

317 Erie St., 517-266-0378 or 517-263-4681 Monday, Tuesday, Thursday 1 - 3 pm

BLISSFIELD

First Presbyterian & Lutheran Church Meals 2nd & 4th Tuesday, Contact Judy MacBeth 517-486-4738 **Blissfield Ministerial Association— ELCA Food Pantry**

Hosted at St Paul's Evangelical Lutheran Church

306 East Jefferson Street---517-486-1457

(for Blissfield, Deerfield, Palmyra, & Riga residents)

Thursdays only by appointment. Eligibility: You must be registered with DHS and receiving SNAP benefits. You may visit the food pantry once a month, up to 8 times per calendar year. Registered SNAP recipient must be present with punch card issued. Please call for further information.

BROOKLYN

Brooklyn Food Pantry

171 Wamplers Lake Rd. - Brooklyn Products Bldg. 517-612-8771 Tuesday and Thursday 10 am - 2 pm Photo ID and current piece of mail with matching address required (for Columbia, Napoleon, or Onsted school districts residents only)

CLINTON

Clinton Community Food Bank at Clinton United Methodist Church

(Clinton school district residents only) 10990 Tecumseh-Clinton Road, 517-456-4972 Phyllis Perry Second Thursday each month 8:30 am - Noon or in case of emergency

DEERFIELD

Light of Christ Catholic Church

222 Carey Street, Leave message at 517-447-3500 ext.13 Leanne Goodin $2^{nd} \& 4^{th}$ Wednesdays of the month 1 - 3 pm Residents of Deerfield, Britton, Petersburg and all our parishioners, once per month

HUDSON

Sacred Heart Catholic Church Food Pantry sponsored by Hudson Ministry Association (must be a resident of Hudson school district)

207 S. Market St., Fr. Krupp 517-448-3811, call Tammy to volunteer 517-448-3811 *Tuesday and Thursday from 11 am - 1 pm*

MANITOU BEACH

Manitou Road Baptist Church Food Pantry 175 Manitou Rd., 517-547-5516 Rev. Mark Kruchkow or Dale Willson

Second Thursday monthly

MORENCI

Morenci Food Pantry Church of the Nazarene 751 N. Summit St., 517-458-7195 Serves only 49256 residents, must show ID. By appt. only M, W, F 9am-1pm

Helping Hands Food Pantry *Serving the Morenci Area* Fayette, Ohio, 419-335-6150 Joan; 419-237-2301 Edith; or 419-237-2926 *Thursday from 1 - 6 pm at the former Gaslight Inn restaurant*

TECUMSEH

God's Bread Basket Dinner's On Us Church of Christ 312 W. Chicago Blvd., Volunteer Coordinator Lolly 517-424-6020 or 567-703-0551 Serves meals on Tuesday, Wednesday, Thursday & Friday from 6 - 7 pm Additional meal events on Mondays, call for information

New Song Community Church 5211 South Occidental Hwy, 517-423-3676 call for appointment

Tecumseh First Church of the Nazarene

1001 N Union St., 517-423-4960

Tecumseh Service Club Contact your local church or call TSC President Colleen Sunderland 517-423-7441

TIPTON

Tipton Community Church

9240 Tipton Highway, 517-423-2460 Community meals offered every 2nd and 4th Saturdays of the month from 4:30-6:30pm Food pantry is available during community meals and available on a need basis to call Erick Hickman for more information

Housing & Utility Resources

Home Ownership Repair

Habitat for Humanity of Lenawee 517-265-6157 USDA Rural Development 517-676-1808 or 517-324-5190 Bed Bug Detection Traps (Housing Help of Lenawee) 517-264-0782 Lenawee County Department of Veterans Affairs 517-264-5335 Ogden Bible Church 517-265-6621

Home Help

Department on Aging 517-264-5280 Seniors 60 and older can get help with small chores and light housekeeping

Homeownership Help

Homeownership Education Classes, Online courses, webinars, in-person classes, resources <u>www.eHomeAmerica.org/msue</u>

Homeless Education

Homeless Education Program (Adrian Public Schools) 517-266-4529

Money Management

Classes/Online Courses <u>www.eHomeMoney.org</u> Youth financial literacy <u>https://www.tlccu.org/personal/youth-financial-literacy-college-to-career</u>

Rent/Mortgage Assistance

Housing Help of Lenawee 517-264-0782 HUD/Section 8 McKinney, LLC 517-524-8783 *Applications at Department of Human Services* <u>http://www.michigan.gov/helpinghand</u> Ogden Bible Church 517-265-6621 Lenawee County Department of Veterans Affairs 517-264-5335

Temporary Shelter

Catherine Cobb Domestic Violence Shelter (women & children) 517-265-6776 Housing Help of Lenawee (families) 517-264-0782 Neighbors of Hope (men) 517-265-4019 NOH Women and Children's Center 517-301-4939 American Red Cross 517-263-1171 Salvation Army 517-265-2038, call for more information Share the Warmth 517-203-9857

Utility Assistance

Clinton Ministerial Fund 517-456-4363 Pastor Diane White <u>uccofclinton@gmail.com</u> 734-660-1886 Community Action Agency 517-263-7861 ext. 224 Dept. of Human Services 517-264-6300 (clients only) Salvation Army 517-265-2038 Candy Aranda Assurance Wireless Michigan 888-898-4888 American Legion (Veterans only) Gary Tanner 313-550-4289 Ogden Bible Church 517-265-6621 Safe Link Wireless Program provides a free cell phone and airtime each month for eligible customers <u>www.safelink.com</u>

Rent/ Mortgage/ Foreclosure Resources

Housing Help of Lenawee 517-264-0782 Community Action Agency 517-263-7861 ext. 233 Foreclosure resources <u>www.michigan.gov/mshda</u> Legal Services of South Central Michigan 888-251-1598; M - F 9 am - 5 pm (closed 12 - 1 pm) Fair Housing Center 877-979-FAIR or 877-979-3247 Foreclosure Resources <u>www.hud.gov</u> or call 800-569-4287 <u>www.stepforwardmichigan.org</u> or call 866-946-7432 Ogden Bible Church 517-265-6621 "Starting Over After Foreclosure Toolkit" <u>http://msue.anr.msu.edu/program/mimoneyhealth/startingover</u> <u>http://msue.anr.msu.edu/program/info/mimoneyhealth</u> (includes resources on money management)

Legal Assistance

Legal Services of South Central Michigan 888-251-1598 Providing local assistance at Community Action Agency on the first and third Tuesday of the month from 9 am to 12 pm 888-251-1598 Legal Hotline for Seniors 888-703-8190 Ombudsman 866-485-9393

Medical & Dental Services

Dental

Lenawee Dental Clinic at Family Medical Center - 517-263-1800 Hours: Mon-Thurs: 8:00am-6:00pm; Fri: 8:00am-5:00pm Website: <u>www.familymedicalmi.org</u>
University of Michigan Dental Clinic 734-763-6933 or 888-707-2500

Dental Association of Michigan 800-589-2632 8 am - 5 pm

Dental Care 800-850-5913

Donated Dental Services 1-800-850-5913

Jackson College Dental Clinic 517-990-1311 or 517-990-1463

Medical

Family Medical Center of Michigan Inc., Lenawee County 1200 N. Main St., Adrian 517-263-1800 Hours: Mon-Thurs: 8:00am-6:00pm; Fri: 8:00am-5:00pm Website: <u>www.familymedicalmi.org</u>

Diabetic Education Office 517-424-3388

Lenawee County Health Department – 517-264-5228 (Children's Special Health Care Services /children with disabilities or chronic health conditions insurance program, and children who need to see a

specialist; may cover adults with cystic fibrosis, hemophilia, and some other clotting disorders) Specialty Eye Institute 517-265-6131

Physician Referral 517-265-0490

HARC - HIV/AIDS Resource Center Medical Case management/ Referrals/Prevention/Testing. *For more information call 734-572-9355 or visit* <u>www.hivaidsresource.org</u> Veterans' Health Care 1-877-222-8387

Optical

Programs for the insured or underinsured, please call for more information Specialty Eye Institute 517-265-6131 or visit <u>www.tlceyecare.com</u>

Application for Medical or Dental Assistance

Department of Human Services http://www.michigan.gov/helpinghand

MMAP Medicare/Medicaid Asst. (Lenawee Department on Aging) 517-264-5280

MMAP Medicare/Medicaid Asst. (Region 2 Area Agency on Aging) 1-800-355-7881 or 1-800-803-7174 Lenawee County Department of Veterans Affairs 517-264-5335

Medical Prescriptions

AstraZeneca 800-424-3727 Bristol Meyers Squibb 800-736-0003 World Medical Relief Inc. 313-866-5333

<u>Maintenance Medicine</u> assists with medication for maintenance <u>www.needymeds.org</u> Drug Cards that provide a 25-40% savings for people without prescriptions can be found at www.rxsavingsplus.com, www.yourrxcard.com, and www.rxfreecard.com

Generic Drugs, you can find discounts with generic drugs at <u>www.rxoutreach.com</u> or 800-769-3880 or <u>www.xubex.xom</u> or 866-699-8239

Locally <u>Meijer</u> has many free antibiotics and <u>Wal-Mart</u> has many \$4 scripts. To find pharmacies with the lowest prices on your medications go to <u>www.destinationrx.com</u>

Department On Aging 517-264-5280 provides assistance navigating prescription benefits for ages 60 and older, age 65 Medicare part D

Telamon 517-263-6825 (for migrant workers)

<u>Partnership for Prescription Assistance</u> <u>www.pparx.org</u> or 888-477-2669 RX Assist at <u>www.rxassist.org</u> , <u>www.rxhope.com</u> and <u>www.togetherrxaccess.com</u>

Substance Abuse

In case of emergency, dial 9-1-1 Alcoholics Anonymous 517-265-3590 http://www.area32d2.org/lenawee-county-meetings Catholic Charities 517-263-2191 Celebrate Recovery 517-442-2229 <u>www.celebraterecovery.com</u> Pathways Engagement Center 517-920-4416 (open 8 pm through overnight) ProMedica Herrick Outpatient Behavioral Health 517-423-3887 (M-F 8am-5pm) Lenawee Community Mental Health 517-263-8905 Lenawee County Adult Drug Court (district court) 517-264-4572; 517-264-4697 Lenawee County Sobriety Court (district court) 517-264-4661 Narcotics Anonymous 800-230-4085 or <u>www.michigan-na.com</u>

People with Disabilities

ARC of Michigan 800-292-7851 Department on Aging 517-264-5280 (wheelchair ramps for all ages) disAbility Connections 517-782-6054 <u>www.disabilityconnect.org</u> Goodwill Industries 517-263-2135 HOPE Community Center 517-265-2410 Jasmynn's Voice <u>www.jasmynnsvoice.org</u> (gives individuals with Autism a voice) Leader Dogs for the Blind 248-651-9011 Lenawee Intermediate School District 517-265-2119 LISD Adult Transition Support Services 517-265-1688 LISD Deaf & Hard of Hearing Program 517-265-1688 LISD Milton C. Porter Education Center 517-263-8931 Michigan Rehabilitation Services 517-263-0607 Paws with a Cause 616-877-7297 <u>www.pawswithacause.org</u>

Pregnancy and Infant Services

Community Action Agency - Breastfeeding Support 517-263-7861 Mother-to-Mother Support-Breastfeeding Peer Counselor
Care Pregnancy Center 517-263-5701
Lenawee County Health Department 517-264-5226
New Baby Ministries 517-592-2244 (help with baby items; 3rd Saturday of each month; *10 am - 2 pm at All Saints Episcopal Church, 151 N Main St. Brooklyn)*Tiny Purpose of Blissfield 517-486-2140 (support for loss of a baby)
ProMedica Bixby Hospital 517- 265-0900
WIC (Women Infants and Children) at Community Action Agency 517-263-7861
Desde el Primer Momento 734-725-8708 (supports Hispanic/ Latina pregnant moms)

Senior Services

Department on Aging (60+) 517-264-5280 Region 2 Area Agency on Aging 800-335-7881 A.A.R.P. 866-227-7448

Senior Centers (<u>www.lenaweeseniors.org</u>) Addison Senior Center 517-547-5777 Adrian Senior Center 517-263-3585 Blissfield Senior Center 517-486-2397 Britton Golden Senior Center 517-451-4581 dial 147 when msg starts Clinton Senior Center 517-456-4517 or 517-673-1628 Hudson Senior Center 517-448-4605 Morenci Senior Center 517-458-2236 Onsted Senior Center 517-467-6917 Tecumseh Senior Center 517-423-5939

Other Services

Daybreak Adult Day Services 517-266-2588 open 8 am - 4:30 pm M-F Department on Aging 517-264-5280 Diabetic Education Office 424-3388 Elder Abuse Hotline 800-874-5936 Elder Care Locator 1-800-677-1116 Elder Law of Michigan/MiCafe 877-664-2233 Foster Grandparents 517-264-5280 Home-Delivered Meals 517-264-5280 Lenawee Medical Care Facility 517-263-6794 Personal Care Services 517-264-5280 Protective Services 855-444-3911 Region 2 on Aging 800-335-7881 Social Security Administration <u>www.socialsecurity.gov</u> 800-772-1213 or 877-512-5943 located in the Human Services bldg. 1040 S. Winter, Adrian, MI 49221

Transportation

Department of Human Services 517-264-6300 (clients only) Dial a Ride 517-265-6611 Lenawee Transportation 517-265-4444 Department on Aging 517-264-5280 (seniors 60 and older) Right at Home 517-768-0900 (local) or 877-697-7537 (national) Lenawee County Department of Veterans Affairs (Veterans Only) 517-264-5335 Handicap Permits 888-767-6424 (Sec. State) MDOT Roadwork Hotline 800-641-6368 MDOT General Inquiries 517-373-2090 Michigan State Police Road Conditions Hotline 800-381-8477

Veteran Services

Disabled American Veterans 517-265-3993 Lenawee County Department of Veterans Affairs 517-264-5335 Veterans' Benefits Administration 800-827-1000 Veterans' Crisis Line 1-800-273-8255 Veterans' Health Care 1-877-222-8387 Veterans' Job Services 517-266-5600 Housing Help of Lenawee 517-264-0782 Michigan Department of Military and Veterans Affairs 517-481-8000 American Legion Dept. of Michigan Reconnect Committee Gary Tanner 313-550-4289 or visit www.michiganlegion.org/reconnect

County Resources

Lenawee County General Information 517-263-8831 www.lenawee.mi.us

Lenawee Community Foundation 517-423-1729

Chambers of Commerce

Adrian Area Chamber of Commerce 517-265-2320 Brooklyn-Irish Hills Chamber of Commerce 517-592-8907 Hudson Chamber of Commerce 517-448-8125 Morenci Area Chamber of Commerce 517-458-2419 Onsted Area Chamber of Commerce 517-467-4321 Tecumseh Chamber of Commerce 517-423-3740

County Offices

County Administrator 517-264-4508 County Clerk 517-264-4599 Emergency Management Office 517-264-4759 Health Department 517-264-5226 or 517-264-5202 Lenawee Economic Development Corp. 517-265-5141 Prosecuting Attorney 517-264-4640 Road Commission 517-265-6971 Secretary of State 888-767-6424 located at 1040 S Winter St., Adrian, MI Sheriff's Office business line 517-263-0524 Treasurer's Office 517-264-4554 Veterans Affairs 517-264-5335

Libraries

Addison Public Library 517-547-3617 Adrian District Library 517-265-2265 Britton Village Library 517-451-2860 Schultz-Holmes Memorial Library (Blissfield) 517-486-2858 Clayton Library 517-445-2619 Clinton Township Library 517-456-4141 Roberts Ingold Memorial Library (Deerfield) 517-447-3400 Hudson City Library 517-448-3801 Lenawee District Library 517-263-1011 Library of Michigan 517-373-1300 Stair Public Library (Morenci) 517-458-6510 Onsted Branch Library 517-467-2623 Read it and Reap Library (Sand Creek) 217-436-3747 Tecumseh District Library 517-423-2238

State & National Resources

AIDS Hotline 800-CDC-INFO or 800-232-4636 A.L.S. of Michigan 800-992-5764 Alzheimer's Association of South Central Michigan 800-272-3900 American Cancer Society 800-227-2345 or www.cancer.org for general information or request information on a local support specialist. American Diabetes Association 800-342-2383 American Foundation for the Blind 800-232-5463 American Heart Association 800-242-8721 American Lung Association 248-559-5100 American Parkinson's Association 800-223-2732 American Red Cross 313-833-4440 (Detroit office); 1-800-744-6066 (emergency assistance)

Arthritis Foundation Michigan 248-649-2891 or 855-529-2728 Autism Society of Michigan 800-223-6722 Better Business Bureau (BBB) 800-743-4222 Better Hearing Institute 1-800-327-9355 Bureau of Services for Blind Persons 800-292-4200 Cancer Information Center 800-422-6237 Children's Leukemia Foundation of Michigan 800-825-2536 Consumer Protection 877-765-8388 (Michigan) **Cystic Fibrosis** 800-344-4823 Domestic Violence 800-799-7233 or TTY 800-787-3224, 517-265-6776 Easter Seals 800-292-2729 **Epilepsy Foundation of Michigan 800-377-6226** Hearing & Vision Assistance: Better Hearing www.Betterhearing.org Eve Care America 800-677-1116 Lions Club 630-571-5466 www.lionsclubs.org Help America Hear 866-432-7500 or www.EarQ.com; Hear Now 800-648-4327 or www.starkeyhearingfoundation.org Audient Program 877-283-4368 or www.AudientAlliance.org Hemophilia Foundation of Michigan 800-482-3041 Huntington's Disease Hotline 800-909-0073 I CAN QUIT LINE 800-537-5666 or 800-480-7848 (tobacco) Identity Theft Hotline 877-438-4338 It Gets Better 866-488-7386 (866-4-U-TREVOR) Kidnev Foundation 800-482-1455 Medicare/Medicaid Fraud Office of the Inspector General 800-447-8477 Medicaid General Information 800-642-3195 Medicare General Information 800-633-4227 Michigan Association for Deaf, Hearing and Speech 800-968-7327 Michigan Department of Agriculture and Rural Development 800-292-3939 Michigan Department of Community Health 517-373-3740 Michigan Department of Human Services 517-373-2035 Michigan Department of State Police 517-332-2521 Michigan Department of Treasury 517-373-3200 Michigan Gambling Problem Hotline 800-270-7117 Michigan Income Tax information 517-636-4486 Michigan Peer Review Org. 800-365-5899 Michigan Public Service Commission 800-292-9555 Michigan State Parks Reservation Line 800-447-2757 National Domestic Violence Hotline 1-800-799-7233 or 1-800-787-3224 National Human Trafficking Hotline 888-3737-888 National Kidney Foundation of Michigan 800-482-1455 National Multiple Sclerosis Society of Michigan 800-243-5767 **Osteoporosis Foundation** 800-223-9994 Parkinson's Foundation of Michigan 800-852-9781 Pension Rights Project 800-347-5297 **Poison Control / Medication Overdose** 800-222-1222 Pollution Alert / DEQ Emergency Service 800-292-4706 Rare Disorders Association 800-999-6673 Social Security/SSI 800-772-1213

Spina Bifida Association 800-621-3141 Stroke Association 800-553-6321 Suicide Prevention 800-273-8255 (800-273-TALK) / www.suicidepreventionlifeline.org State of Michigan Consumer Aid www.SeniorBrigade.com United Cerebral Palsy Association of Michigan 800-828-2714 U.S. Internal Revenue Service: *Refunds 800-829-4477 - General Questions 800-829-1040 - Forms 800-829-3676*

Veterans Crisis Line 1-800-273-8255

Helping Hand, is a streamlined state site that will help the unemployed and others enduring economic hardship to easily find programs and services that may assist them. People will see five color tabs labeled jobs and training, unemployment benefits, health care, family support, and housing. By clicking on those five tabs, people will find links to programs and services for their particular areas of need. Through Helping Hand, people for the first time will be able to apply for food assistance online, without first visiting their local Department of Human Services. Visit <u>http://www.michigan.gov/helpinghand</u>

To get answers about U.S. Government benefits call 800-333-4636 or visit www.Answers.usa.gov

Lenawee County Support Groups

Lenawee Community Mental Health Authority 1040 S Winter St., Suite 1022 517-263-8905 or 800-664-5005 Alcoholics Anonymous 517-265-3590 or www.area32d2.org Autism Support Group 517-263-8905 Mary Poore, Porter Center - Room 190A, Third Wednesday of month 9:30 am -11 am Alzheimer's Support Group 517-266-2588 call for dates and times Mens Support Group 1st Friday of the month 2 pm - 3:30 pm Daybreak Tammy (respite care available) Celebrate Recovery 517-442-2229 or 734-218-5809 www.celebraterecovery.com Depression Support Group 517-265-9588; Every Thursday 3-4 pm at Interconnections **Diabetes Support Group** 517-424-3388 Eva Salsbury, third Tuesday of the month, 10:30 am - 11:30 am at the Human Services Building, 1040 S. Winter St., Adrian or in the evening from 6:30-7:30 pm at Herrick Hospital in Tecumseh. Divorce Care 517-486-2187 Element Church, Blissfield; Weekly seminar & support group for separated or divorced people, registration requested. HALO Lenawee 517-270-0403; Every third Wednesday of the month, 7 pm at the Adrian High School Library; support group for families with loved ones with addiction problems Healing Sexual Assaults & Self-Esteem Groups 517-263-2191 Hospice of Lenawee 517-263-2323 www.hospiceoflenawee.org Growing Through Grief 1st and 3rd Thursday of the month, 7 pm Walking with Grief (registration required) please call for more information Trillium 2nd Thursday of each month 6 pm (for women) Let's Talk It Over 1st Wednesday of the month 1-on-1 Support, please call for more information HIV and Recovery Support Groups 734-572-9355 for meeting times and locations Parents of adults with visual impairments 517-423-9622 M. Williams Lyme Disease Support Group 517-265-5712 Christina Emery First Church of the Nazarene second Monday of every month Man to Man Cancer Support Group 800-ACS-2345 or 248-663-3400 **Prostate Cancer Support Group** 517-403-9208 Multiple Sclerosis Self Help Group 517-263-3017 Denise or 734-475-6332 Valerie, Second Thursday of the month, 6-7:30 pm, St. John's Lutheran Church

Narcotics Anonymous 800-230-4085 or <u>www.michigan-na.com</u>

Overeaters Anonymous 517-260-0595 Mary, or 517-918-1672 Mondays 6pm – 7pm Tecumseh United Methodist Church, Thursdays 7pm – 8pm locations in Adrian, Saturdays 9am – 10am at Siena Heights **Post Abortion Support Group** 517-263-5701 Care Pregnancy Center

Parkinson's Support Group Diana Oats 517-265-6007 1st Thursday each month excluding July & August, please call for more information

Self Esteem and Domestic Violence Awareness 517-264-5733

Wednesdays and Thursdays 6-7 pm at the Catherine Cobb Domestic Violence Shelter **Stroke Support Group** 517-424-3239 (Herrick)

Substance Abuse Group 517-263-2191 Catholic Charities of Lenawee call for information on times/days Suicide Support Group Lenawee Community Mental Health Authority 517-263-8905 or www.afsp.org (For information on a group in your area please call 888-333-2377)

Youth Resources

Abuse and Neglect

Catherine Cobb Crisis Line 800-874-5936 Child Advocacy Center 517- 662-3442 Child Abuse Reporting & Protective Services 855-444-3911 National Domestic Violence Hotline 1-800-799-7233 or 1-800-787-3224

Bullying

www.focusas.com Bullying Hotline 443-358-4691 www.stopbullying.gov School Safety Program – OK2Say – 855-565-2729

Counseling

Catholic Charities of Lenawee 517-263-2191 Catherine Cobb Safe House 517-265-5352 Hospice of Lenawee 517-263-2323 Community Mental Health 517-263-8905 LGBT National Youth Talkline 1-800-246-PRIDE or 1-800-246-7743

Eating Disorders

National Association of Anorexia Nervosa & Associated Disorders 847-831-3438 Eating Disorder Helpline 800-931-2237 <u>www.nationaleatingdisorders.org</u> Thursday's Child Eating Disorder Hotline 1-866-628-7494 Text CONNECT or NEDA to 741741

Emergency (Dial 9-1-1 in case of emergency)

Lenawee County Sheriff's business line 517-263-0524 Crime Tip Line 266-6161 or 877-276-8477

Health Care Information

Lenawee Health Department 517-264-5226 Poison Control 800-222-1222 Family Medical Center 517-263-1800

Homelessness

Shelter Hotline 800-A-SHELTER Salvation Army 517-265-2038 Catherine Cobb Domestic Violence Shelter 517-265-6776 (women & children) Homeless Education 517-266-4837 Chris Howard or <u>chris.howard@lisd.us</u> Adrian Public Schools 517-266-4529, or contact your local school counselor Housing Help of Lenawee 517-264-0782 Neighbors of Hope 517-265-4019 American Legion (veterans only) Gary Tanner 313-550-4289

Human Trafficking

Michigan DHS Hotline 855-444-3911 National Human Trafficking Hotline 888-3737-888 U.S. Department of Homeland Security Tip Line 886-343-2423

Runaway Services

Runaway Hotline 800-RUNAWAY Do'chas II Counseling 517-759-2880 (teens in crisis)

Scholarships/College Access

Lenawee College Access Network 517-423-1729 or <u>www.lenaweecan.org</u> Lenawee County Education Foundation 517-265-1626 or <u>www.lenaweecef.org</u> Michigan Department of Education 517-373-3324 Michigan Student Financial Aid: MI-LOAN 888-643-7521 Student Scholarships and Grants (SSG-Tuition Incentive Program) 888-447-2687 <u>www.financialaidfinder.com</u> <u>www.micollegeaccess.org</u>

School Violence

School Violence Hotline 800-815-TIPS (8477) available 24/7 School Safety Program – OK2Say – 855-565-2729 or text 652729

Sexual Assault, Domestic Violence, or Rape

Catherine Cobb Domestic Violence Programs 517-265-6776 Rape, Abuse, and Incest National Network <u>www.rainn.org</u> 800-656-HOPE Domestic Violence Hotline 800-799-7233 (TTY) 800-787-3224 National Teen Dating Abuse Hotline 866-331-9474

Sexual Health

AIDS & STD Hotline 800-232-4636 Lenawee Health Department 517-264-5226 (screening, birth control, family planning) LGBT National Youth Hotline 1-800-246-PRIDE or 1-800-246-7743

Substance Abuse

Catholic Charities of Lenawee County 517-263-2191 Alateen Hotline 888-425-2666 <u>www.al-anon.alateen.org</u> Alcohol Abuse Hotline 800-622-2255 McCullough, Vargas & Associates, Inc. 517-264-2244 <u>www.mvabhs.com</u> HALO Lenawee 517-270-0403

Suicide

Yellow Ribbon Suicide Hotline 800-273-TALK (24 hour service) Catholic Charities of Lenawee County 517-263-2191 Community Mental Health 517-263-8905

Transportation

Lenawee Transportation 517-265-4444 Dial-A-Ride 517-265-6611

Youth Crisis

Catherine Cobb Domestic Violence Programs 517-265-6776 Do'chas II Counseling 517-759-2880 (teens in crisis) Domestic Violence Hotline 800-799-7233 IT GETS BETTER (L.G.B.T.) 866-4-U-TREVOR (866-488-7386) Listening Ear Crisis Line 517-337-1717 National Human Trafficking Hotline 888-3737-888 National Youth Crisis Hotline 800-442-4673 Rape, Abuse, and Incest National Network www.rainn.org 800-656-HOPE Runaway Hotline 800-RUNAWAY (800-786-2929) Suicide Hotline 800-273-TALK (8255) Thursday's Child Youth Advocacy Hotline 800-872-5437

Youth Programs

4H Youth Programs 517-264-5300 Boys & Girls Club 517-266-9775 (Adrian) or 517-448-8912 (Hudson) Boy Scouts 734-971-7100 Community Learning Connections of the Tecumseh Area 517-423-7574 Girl Scouts 517-784-8543 <u>http://www.gshom.org/</u> Lenawee YOUTH Council 517-423-1729 Lenawee YOUTH Leadership 517-423-1729 The Centre 517-263-6232 YMCA of Lenawee 517-263-2151