

Volume X Issue IIIX

Warsaw Community High School

February 24, 2021



Thank You Letter

Dear WCHS CUSTODIANS,

Thank you! While these two simple words can't begin to show our appreciation for what you do, we say it all the same. Thank you for ensuring our safety each time you spray and disinfectant on the lunch tables! Thank you for allowing us to be involved in sports and clubs each time you assemble bleachers and chairs! Thank you for making each of our lives just a little bit easier!

With thanks, WCHS students

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The Roar 2020-2021

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Mission statement: The Roar's mission is to consistently provide Warsaw Community High School and the surrounding community with compelling content that is passionately crafted through hard work in a professional environment focused on its audience.

One Acts!



Poster By. Ian Paloza

What has been your approach to the directing process?

"Personally, my approach has been one that adapts with my cast, it changes as I see fit and I choose to make a lot of things up on the fly because I'm someone who likes to always live day by day. I see my directing style as very chill, like those teachers that give you their expectations and are pretty lenient that still has the ability to stand up to their students and earn the mutual respect needed to function in a situation like that." – Isa Silva

"Our approach to directing was to first read through the script, we blocked and dove into the nitty gritty stuff." - Alyssa Peña

Why should people be in One Acts?

"People should be in One Acts because it's just a great introduction to theater whether you are completely oblivious to it or if you're like me, who was waiting out for the day that you'd get to join the department here. It's a good way to become more comfortable in front of people and generally a great way to make friends if you're open to it!" – Isa Silva

"People should be in One Acts because I think it's a great opportunity to get started in Theatre." - Alyssa Peña

Was it hard to choose a show?

"I would say yes, I spent many SRTs rifling through Mac's cabinet of little one act booklets to find the perfect one. I can tell you now that I probably read about a page of each one of the booklets in the cabinet. It wasn't until that final day that I happened upon a tiny little sliver of neon green with the same title as a song from my favorite band written on it. I scanned through and really imagined what I could do with such a dynamic family and my heart was set on it." – Isa Silva

"It wasn't that hard to choose a show and I'm really happy with our choice." - Alyssa Peña

Was it hard picking a cast?

"Absolutely. Almost impossible with the little amount of people we had audition. In fact my now co-director was a director for a completely different show and we were short so many guys that some choices needed to be made. On the inside of my printed script I actually made about 10 prospective cast lists from the auditions, and I knew that I never got it completely perfect until I actually met my cast. I adore the cast I have, in fact I'm actually super excited to go to rehearsal each night and just get to experience the show that I never could have fully imagined. Being a director is so incredibly rewarding with the right cast, and I'm glad I found that in my group." – Isa Silva

"Fortunately it was not that difficult choosing a cast. Emma and I were able to choose an amazing cast." – Alyssa Peña

Riley Snack Wagon By: PIper Ellis Summer Olympics By: Sydney Leighty

With all the Covid restrictions this year, Warsaw has had to adapt. From sports events to class schedules, there has been a lot of 2020 change. Another change this year is surrounding the annual Summer Riley fundraiser. Instead of the usual ways we fundraise, the **Olympics** student council is planning new events to raise a minimum of \$7,000. The main fundraiser this year is a snack The plans for wagon that will operate like the express cafe but on the 2020 summer the go. The wagon will come by during 2nd or 6th olympics came to an period on Tuesday or Thursday block schedules. abrupt, screeching halt The Riley committee for student council plans when COVID-19 rocked to make this a continuous event and has sent the world. With the worry of out a Google Form regarding snacks on the how to bring that many athletes cart. Filling out that survey will together without creating a huge ensure that the snacks you want will health disaster, the Olympics were be available to you. Mia Scutchfield, postponed for summer 2021. the leader of the Riley committee Summers in Tokyo, Japan, bring thousays "We're hoping to do more sands of tourists as is, but the summer Riley month events too in the Olympics are sure to flood the mainland of Jamonth of March, so look pan with tourists from all over the world. Tokyo for that in the future was given more time than most Olympic host cities Make sure to listen to to prepare, but the pandemic meant that preparations the announcments had to be slowed, halted, and redone in order to account so you know how for the coronavirus. much money to Tokyo summers are usually warm and rainy, and the bayside bring to city will harbor the best athletes in the world. Archery, swimsupport ming, rowing, gymnastics, volleyball, and much more will be on the display. However, this year's Olympics will be entirely dependent on cause. COVID-19 and the vaccine rollout. Unfortunately, with/out corona numbers under control, many are depending on the vaccine to return everything to normality. Will the Olympics go through? The world anxiously awaits to see how everything plays out. If there's one thing the world has learned, it is how to adapt to new things throughout this pandemic.

SNOWMAN EMOJE RATINGS.



Apple 10/10 Would be his friend Nice detail Cute smile



Microsoft 9/10
Big outline
Good vibes
Looks nonthreatening



Google 6/10
Vibes are off
Nice mittens
Proportions are off



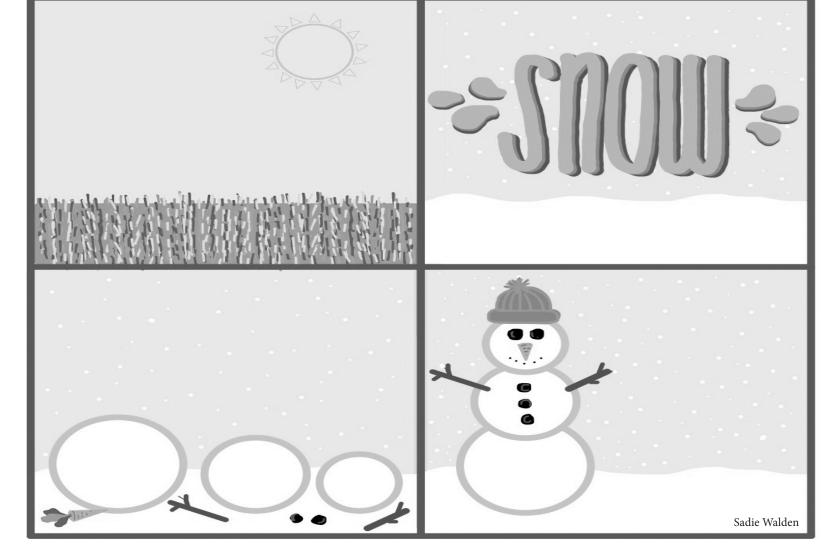
WhatsApp 3/10
He looks scared
Not proportional
Good snowflakes



Samsung 8/10
Cute scarf
Would give good hugs
Good shadowing



LG 0/10 He is cursed Not happy No accessories



By: Piper Ellis

For some people, Valentine's Day and the surrounding months are not their favorite season. This year we should all focus on caring for ourselves just a little bit more, whether you are in a relationship or not. Think about doing something that makes you happy! Eat some candy, watch your favorite movie, FaceTime a friend, or anything that makes you feel good.

It's always good to work toward loving yourself, but you don't have to love yourself to be loved. It's ok to have bad days and just because you are having a rough time that doesn't mean your friends, family, or favorite teacher care for you any less. Loving yourself is a process and everyone faces insecurities or periods of bad mental health. Take care of your mind and body to the best of your ability and keep good friends around you to walk you through the tough times.

Something to try is learning what your love language is so that you can tell the people around you what will help you best. Knowing your own personal love language also helps target the way that you most likely tear yourself down. For example, if your love language is words of affirmation, you may find that you are talking down to yourself or thinking negative thoughts. As love languages vary so do the ways we punish ourselves. Knowing how to pinpoint this is a useful skill. When you start to treat yourself badly, try to imagine someone you look up to. Think about what they would say to you if you told them how you were feeling. This tactic is a good method of calming yourself down and remembering that you are doing a good job. Some people may feel that loving yourself or being proud of and your own accomplishments is a bad thing. This is a reminder that it is not! Just because someone is happy with a good grade they got on a test or love the way they look in their new outfit, it does not mean that they are self centered or egotistical. And just because you got a bad grade or don't love the way that you look, that does not mean you are any less valid or worthy of receiving praise. No matter what, be sure to give yourself some credit. In the long run, you are the one responsible for all of your accomplishments and good works so you deserve to be proud.

One way to work towards loving yourself is by not worrying about other people's opinions. Living as your true self and letting people's opinions roll off your shoulders makes things a lot easier. What isn't easy is getting to this point. It takes years and lots of wisdom to get to this point, but until then, try little things that make you feel like your truest self. Other things to try include not comparing yourself to others, letting yourself make mistakes, letting go of toxic people, and remember that your value doesn't lie in one specific thing.

Just remember that no one has it all figured out and that self love is a process.

Make yourself a priority once in a while. It's not selfish. It's necessary.

Staying Positive During A New Year

This time of year can be really hard for people, and life can be really stressful. Here are some simple coping mechanisms that can help you manage and relieve some stress:



Put on some headphones and listen to your favorite song. https://www.pikrepo.com/search?q=headphones



Try doing a breathing exercise. https://www.pikist.com/free-photo-ilqcw



Grab one of your favorite snacks.



https://www.dpchallenge.com/image.php?IMAGE_ https://openclipart.org/detail/163069/athlete-stretching

Some other coping mechanisms include taking time for yourself to process your emotions, try doing one of your favorite activities, talk to your friends, try staying positive and find the bright things in life.

Please remember if you are struggling with your mental health there are many resources and people in the high school here to help you including counselors, teachers, Sources of Strength, and more of the WCHS and WACC staff.

WHOMEN 2021

ALICIA GARZA, 40



A co-creator of the Black Lives Matter movement and the principle at the Black Futures Lab. She is also an author and podcaster.

SOMAYA FARUQI, 17



A robotics team leader who is developing a low-cost ventilator to treat coronavirus patients.

JEMIMAH KARIUKI, NA



A developer of a free ambulance service (Wheels for Life) in Kenya for pregnant women who could not get to the hospital dring the pandemic.

ILWAD ELMAN, 31



A co-founder of Somalia's first rape crisis center, she is a peace activist leader focusing on ending conflict in Somalia.

GRETA THUNBERG, 18



A climate activist nomiated twice for a Nobel Prize, she is constantly advocating for change.

JODY WILLIAMS, 70



A Nobel Peace Prize winner and peace activist, Williams continues to show the importance of being an active participant in changing the world.

AGNES CHOW, 24



Referred to as Mulan, she is a pro-democracy activist in Hong Kong, willing to face arrest to fight for her cause.

https://commons.wikimedia.org/wiki/File:Kamala_Harris_Official_Attorney_General_Photo.jpg

KAMALA HARRIS, 56



No matter your political opinion, Harris is an inspiration for us all. She climber through the ranks in court and is now the first African-American woman vice president.

BILIKIS BANO, 82



https://starsunfolded.com/bilkis-bano/

A protest leader who peacefully protests against controversial citizenship laws.

MICHELLE OBAMA, 57



More than just the 44th president's wife, she is a lawyer, author, and an advocate for equal education for women.







Testing can be rough in any situation. Whether it's for their license, for a job, or school, it can take a toll on someone's health if they aren't probably taking care of themselves. There are some things you can do during, before, or after that can help lessen stress overall.

Drink water - Staying hydrated makes both your mind and body run better. If you feel good physically, any kind of testing is easier.

Exercise - Getting exercise has been proven to help ease stress and it's like a two for one deal. You release stress while also taking care of your body.

Face masks - Doing a fun face mask is self care. Having fun and relaxing during stressful times is essential.

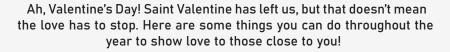
Time with loved ones or family - Time away from studying doesn't sound like a expert tip, but taking just a bit of that time to spend time with a friend or family member can help lighten the load of stress on your shoulders.

These are just some ways that stress can be forgotten for a moment. Overall, some stress is good, but don't overwork yourself.

-jordyn truex







Picnics!

Picnics are an amazing way to share some quality time with those you love. With no distractions but the nature before you, picnics make for a great way to better know the one you love. Bring along some paints to get creative and sooth the mind. Don't forget a picnic basket! Pack their favorite snacks! After all, food IS the gateway to the heart.

Letters!

As technology has advanced, letters have become overlooked! Grab your pen and paper and pour out your heart. Taking the time to craft and deliver a letter rather than shooting a text makes it that more special. You may even decorate your letter with stickers, drawings, or dried up flowers. Customized envelopes or a fancy wax seal add a personal, fancy flair.

A helping Hand!

Showing appreciation doesn't have to cost anything. Being there for your loved one during a crisis or just in general is just as good as an expensive gift.

Sometimes all you need to show love is being a listening ear.

There are many things you can do to display your love and these were just a few! So get out there!



-ALYSSA PEÑA



Love Around The World

Valentine's day is a day of love, and showing the person you cherish that you appreciate them and love them. February 14 is a day of Living and Laughing and most important of all Love. All of us remember when we were in Elementary school on Valentine's day trading gifts and getting candy or maybe speaking to your crush for the first time. Valentine's day is celebrated around the world, there are many different countries who celebrate with their own diverse traditions.

In France the day of Valentine's Day is a very big event as Paris, France, is known as the City of Love. It is believed that the first ever Valentine's day card was sent from the duke of New Orleans to his wife while he was in prison in 1415. The French village called "Valentine" turns into the epicentre of romance between 12th and 14th of February. One can see the beautiful yards, trees, and homes decorated with love cards, roses, and proposals for marriage. It probably is the most beautiful Valentine's Day tradition in the world. Although in the U.S in Elementary school we gave candy and cards to people in our class, in France children do not do that. In France, Valentine's day is only meant for people in love.

Valentine's Day is celebrated all over the world with many different cultures putting their own spin on the special day of love, sometimes though it may not be on the day of February 14. Valentine's Day is getting more popular in China, but the Qixi Festival is often called "Chinese Valentine's Day." Celebrated on the seventh day of the seventh lunar month in the Chinese calendar which usually falls in August women traditionally prayed to find good husbands or gain great sewing skills. Now, though, it's more similar to Western Valentine's Day.

According to the Foreign Ministry of Affairs in Denmark, Valentines day has been celebrated since the early 1990's. The country has embraced February 14th with a Danish twist. Rather than roses, friends and sweethearts exchange pressed white flowers called snowdrops. Another popular Danish Valentine's Day tradition is the exchange of "lover's cards." While lover's cards were originally transparent cards which showed a picture of the card giver presenting a gift to his sweetheart, the term is now synonymous with any card exchanged on Valentine's Day. All of these traditions on Valentine's day is an expression of how people show their love and appreciation for their significant other on a very special day where gifts are exchanged and love flourishes to no end.

By: Alex Bright





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Arby's on 15

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Penguin Point



