

# Algonquin Parent News

September 2022

## The Algonquin Way

*The educators at Algonquin will actively commit to creating a stimulating, language-rich classroom environment that is developmentally appropriate, implements best practices, and is differentiated to meet the needs of every student. The classroom will capture the individuality of the whole child, encourage students' curiosity and creativity, and prepare them for future success.*

**Special thanks to the Amazing Parents of our Algonquin students!!! We Appreciate your partnership.**

Our 2022-2023 school year is off to a GREAT start!!! Our students are getting to know us and we are getting reacquainted with our friends from last year and welcoming new friends this year. Throughout the school day there are smiles (and sometimes tears), stories, and independence growing daily. We truly enjoy the adventures in learning that we witness daily. Safety is one of our top priorities, so parents and families please extend grace during our dismissal procedures. It is essential that we get to know you or your designated extended care providers at the end of each school day.



**Algonquin; Where the Adventures of Learning Begin!!!!**



## Our School Day

Our school day schedule is outlined below!!! Breakfast is served daily at 7:50 a.m. Lunch menus can be accessed below on our school website at [www.sd163.com](http://www.sd163.com). Children are not allowed to bring candy, gum, or soda to our schools. Our school provides healthy breakfast, snack, and lunch. Parents and Families please be reminded, when there is an early dismissal; our 12:15-pm 3:00pm student classes are cancelled. Did you know that Prairie Child Care is an extended service care program located on the grounds of Algonquin school? If early dismissals cause conflict with your work schedule; please consider reaching out to Prairie Childcare.

### Half Day

8:15-10:45 a.m.

12:15-3:00 p.m.

### Full Day

8:15a.m.-3:00 p.m.

Attendance Matters!!!! We need our students at school each day and on time. Attendance plays a significant role in student achievement. Our Preschool program sets the foundation for future success as it prepares students for Kindergarten and beyond.

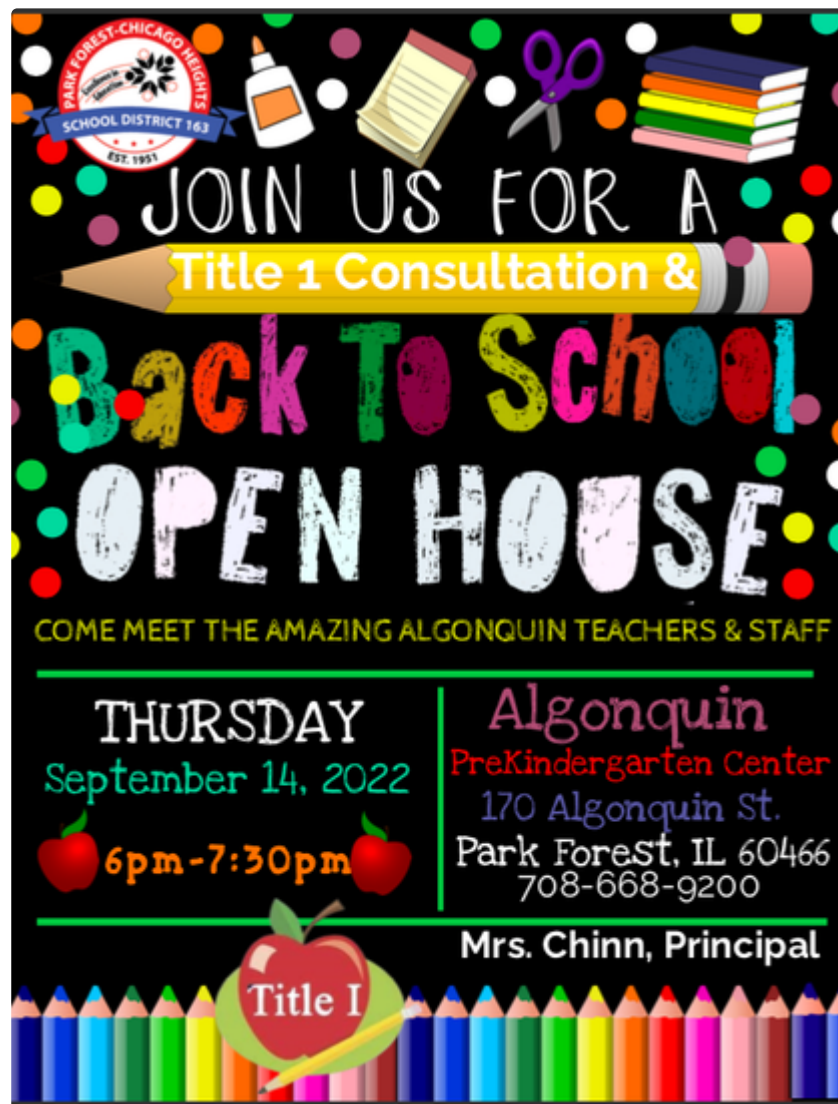
In the event of an absence, please be sure to call the attendance line at (708) 668-9250. The following information is needed when calling your child off of school for the day:

- The student's name
- Parent/guardian's name
- Date of absence
- Reason for absence

**Tennis/Gym shoes are needed on the playground; No flip flops please**



**Save the Date!!!! September 14, 2022**



We Need Your Help!!! This month we will teach our students to Spread Kindness daily!!!

Sesame Street: Try a Little Kindness (with Tori Kelly)





## Tip of the Month: BRING JOY AND PLAY INTO CHILDREN'S LIVES THROUGH BOOKS

When choosing books for preschoolers, here are a few tips to keep in mind.

- **Choose books that are engaging.** Great characters and lots of dialogue draw a preschooler right into the story.
- **Know your child or group of kids.** Attention span will vary from child to child. Start with shorter books and build your way up to lengthier stories.
- **Match books to a child's interests.** If you have a child who loves monsters, then grab a big stack of [monster books](#). Kids love to learn more about topics they are passionate about at any given moment.

For the ultimate list of preschool book titles visit:

<https://growingbookbybook.com/preschool-books/>

# DATES TO REMEMBER

- September 5, 2022 Labor Day
- September 14, 2022 Parent Informational 6:00pm Open House @ 6:30 pm
- September 15, 2022 10:45am Early Dismissal
- September 15, 2022 PM classes cancelled
- September 23, 2022 Family Playgroups
- October 4, 2022 10:45am Early Dismissal
- October 4, 2022 PM classes cancelled
- October 6, 2022 Early Childhood Network 6:30pm
- October 10, 2022 Columbus Day/No School
- October 27, 2022 Teacher Institute Day/No School
- October 28, 2022 Family Playgroups



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b>	<b>2</b>
			<ul style="list-style-type: none"> <li>Bosco Sticks (150 Cal, 17g Carbs) 🍌</li> <li>Marinara</li> <li>Carrots (27 Cal, 6g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Pizza With Cheese Topping (296 Cal, 33g Carbs) 🍕🍌</li> <li>Carrots (27 Cal, 6g Carbs)</li> <li>Hummus (183 Cal, 22g Carbs)</li> <li>Seasonal Fruit</li> </ul>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	<ul style="list-style-type: none"> <li>Chicken Taco (264 Cal, 20g Carbs)</li> <li><b>Tortilla Shell</b> (110 Cal, 19g Carbs) 🍌</li> <li>Chopped Romaine (10 Cal, 2g Carbs)</li> <li>Shredded Cheddar Cheese (110 Cal, 1g Carbs)</li> <li>Black Beans (109 Cal, 20g Carbs)</li> <li>Corn (67 Cal, 16g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Boneless Chicken Wings (160 Cal, 15g Carbs) 🍗🍌</li> <li>Fresh Celery Sticks (0 Cal, 1g Carbs)</li> <li>Broccoli (26 Cal, 5g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Mini Corn Dogs (267 Cal, 31g Carbs) 🌽🍌🍌</li> <li>Baked Beans (140 Cal, 29g Carbs)</li> <li>Fresh Cucumbers (10 Cal, 2g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Buttermilk Waffles (170 Cal, 22g Carbs) 🍌🍌</li> <li>Chicken Tenders (260 Cal, 16g Carbs) 🍗🍌</li> <li>Tater Tots (150 Cal, 19g Carbs) 🍌</li> <li>Broccoli (26 Cal, 5g Carbs)</li> <li>Seasonal Fruit</li> </ul>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<ul style="list-style-type: none"> <li>Sloppy Joe on a Roll (345 Cal, 36g Carbs) 🍌</li> <li>Oven Fries (120 Cal, 21g Carbs)</li> <li>Carrots (27 Cal, 6g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Taco (264 Cal, 20g Carbs)</li> <li><b>Tortilla Shell</b> (110 Cal, 19g Carbs) 🍌</li> <li>Chopped Romaine (10 Cal, 2g Carbs)</li> <li>Refried Beans (110 Cal, 20g Carbs)</li> <li>Corn (67 Cal, 16g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Beef Burger (170 Cal, 0g Carbs) 🍌</li> <li>WG Burger Bun (100 Cal, 19g Carbs) 🍌</li> <li>Barbecue Sauce (48 Cal, 12g Carbs)</li> <li>Fresh Celery Sticks (0 Cal, 1g Carbs)</li> <li>Cherry Tomatoes (30 Cal, 7g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Bosco Sticks (150 Cal, 17g Carbs) 🍌</li> <li>Marinara</li> <li>Broccoli (26 Cal, 5g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Philly (478 Cal, 46g Carbs) 🍌</li> <li>WG Sub Bun (160 Cal, 29g Carbs) 🍌</li> <li>Fresh Cucumbers (10 Cal, 2g Carbs)</li> <li>Baby Carrots (20 Cal, 5g Carbs)</li> <li>Seasonal Fruit</li> </ul>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<ul style="list-style-type: none"> <li>Chicken Tenders (260 Cal, 16g Carbs) 🍗🍌</li> <li>Baby Carrots (20 Cal, 5g Carbs)</li> <li>Fresh Celery Sticks (0 Cal, 1g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Beef Taco (299 Cal, 20g Carbs)</li> <li><b>Tortilla Shell</b> (110 Cal, 19g Carbs) 🍌</li> <li>Chopped Romaine (10 Cal, 2g Carbs)</li> <li>Black Beans (109 Cal, 20g Carbs)</li> <li>Corn (67 Cal, 16g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Patty (166 Cal, 14g Carbs) 🍌</li> <li>WG Burger Bun (100 Cal, 19g Carbs) 🍌</li> <li>Potato Wedges (84 Cal, 19g Carbs)</li> <li>Broccoli (26 Cal, 5g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Beef Hot Dog (120 Cal, 21g Carbs) 🍌</li> <li>Baked Beans (140 Cal, 29g Carbs)</li> <li>Fresh Cucumbers (10 Cal, 2g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Pizza With Cheese Topping (296 Cal, 33g Carbs) 🍕🍌</li> <li>Cherry Tomatoes (30 Cal, 7g Carbs)</li> <li>Broccoli (26 Cal, 5g Carbs)</li> <li>Seasonal Fruit</li> </ul>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<ul style="list-style-type: none"> <li>Corn Dog</li> <li>Peas (115 Cal, 20g Carbs)</li> <li>Carrots (27 Cal, 6g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Walking Taco</li> <li>Turkey Taco Meat (110 Cal, 2g Carbs) 🍌</li> <li>WG Doritos (130 Cal, 20g Carbs)</li> <li>Refried Beans (110 Cal, 20g Carbs)</li> <li>Corn (67 Cal, 16g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Popcorn Chicken (220 Cal, 12g Carbs) 🍌</li> <li>Oven Fries (120 Cal, 21g Carbs)</li> <li>Fresh Cucumbers (10 Cal, 2g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Quesadilla (39g Carbs) 🍌</li> <li>Salsa (40 Cal, 8g Carbs)</li> <li>Broccoli (26 Cal, 5g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Beef Slider (38 Cal, 4g Carbs) 🍌</li> <li>Fresh Celery Sticks (0 Cal, 1g Carbs)</li> <li>Baby Carrots (20 Cal, 5g Carbs)</li> <li>Seasonal Fruit</li> </ul>

Foods marked by a 🍌 on this menu have incomplete special diet info.



## Algonquin Pre-Kindergarten Center

📍 170 Algonquin Street, Park For...

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📞 (708) 668-9200

🌐 sd163.com

## Breakfast & Lunch Menus



September Breakfast Menu.pdf

📄 Download

111.2 KB



September Lunch Menu.pdf

[Download](#)

127.2 KB

