

Owen Valley High School

Student Athlete Handbook 2020-2021



SPORTSMANSHIP STATEMENT-Western Indiana Conference

Good sportsmanship is a characteristic that we desire to be exhibited by members of our athletic teams. We take a proactive stance and encourage good sportsmanship to grow and remain strong for many years to come. Good sportsmanship demands that our players be good people, take responsibility for their actions, and show consideration for all others. We expect teams to show pride in their abilities, have humility in their accomplishments, and display great confidence without arrogance. Teams are expected to exhibit the same characteristics in victory or defeat. Teams will show respect for opponents, officials, and fans.

NON-DISCRIMINATION STATEMENT

Spencer-Owen School Corporation does not discriminate on the basis of race, color, religion, gender, national origin, age, or individuals with disabilities, including limited English proficiency, in its programs or employment policies as required by the Indiana Civil Rights Act (I.C. 22-9.1), Title VI and VII (Civil Rights Act of 1964), the Equal Pay Act of 1973, Title IX (Educational Amendments), and Section 504 (Rehabilitation Act. Of 1973).

Owen Valley High School

Student Athlete Handbook 2020-2021

Owen Valley High School 622 West Highway 46 Spencer, Indiana 47460

Superintendent: Dr. Chad Briggs

Principal: Robert Boltinghouse

Vice Principal: George Jennings

Athletic Director: Brad Greene

Accounts Payable: Karen Fisher

Approved by the Spencer-Owen School Board March 2020 school board meeting and to take effect immediately.

WESTERN INDIANA CONFERENCE SCHOOLS:

Brown County, Cascade, Cloverdale, Edgewood,
Greencastle, North Putnam, Northview, Owen Valley,
South Putnam, South Vermillion, Sullivan, West Vigo

*Random pool drug testing participation **will be required** of all students who are involved in extracurricular activities and all students who drive to and/or from school. A consent form must be signed by the student and parent/guardian before participating in extra-curricular activities and before being allowed driving privileges. Individualized reasonable suspicion may warrant the administration of a drug test.

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***For Athletic Eligibility, the following forms must be complete and on file with the Athletic Director by:**
Fall sports: 08/03/2020 Winter sports: 10/19/2020 Spring Sports: 02/15/2021

PRE-PARTICIPATION PHYSICAL EVALUATION FORM MUST BE COMPLETE & SIGNED BY THE ATHLETE, PARENT/GUARDIAN, AND PHYSICIAN, NURSE PRACTITIONER, OR PHYSICIAN'S ASSISTANT

<http://www.ihsaa.org/Portals/0/ihsaa/documents/quick%20resources/IHSAA%20PPE%202017-18.pdf>

OVHS ATHLETIC HANDBOOK SIGNATURE FORM MUST BE SIGNED BY THE ATHLETE AND PARENT/GUARDIAN

EXTRACURRICULAR CONSENT FORM MUST BE SIGNED BY THE ATHLETE AND PARENT/GUARDIAN

OWEN VALLEY ATHLETICS EMERGENCY CONTACT FORM

I. ATHLETIC DEPARTMENT RESPONSIBILITIES

A. Duties of the Principal

The Principal shall have complete charge of the athletic program. This is an IHSA regulation. The Principal has the right and the duty to suspend student athletes if the behavior of an athlete is not in compliance to the student code of conduct.

B. Medical Clearance (Pre-participation Physical Evaluation, PPE; commonly called “the physical”)

1. A physical examination is required for each student athlete each school year. A physical examination received after April 1, of any year is valid from the date of the examination through the following school year.
2. All physical examinations must be recorded on the **CURRENT** Student Parent Physician Certificate provided by the Indiana High School Athletic Association. (See website for IHSA Physical Form)
3. The physician conducting the examinations must have an unlimited license to practice medicine.
4. Beginning June 1 of each year, no student is to practice or participate in any sport before they have a Student Parent Physician Form on file in the Athletic Office.
5. It is possible for a student to be eligible for one or more sports while not being eligible for others.
6. Student athletes, properly certified to participate in interscholastic athletics, who are absent from school for five consecutive days, or who are physically unable to practice for five consecutive days due to illness or injury, must present a statement from a physician who holds an unlimited license to practice medicine to the Principal certifying that they are again physically able to participate in practices and athletic contests.

C. Athletic Insurance

1. Athletic insurance is recommended for all members of athletic teams.
2. The Indiana High School Association provides insurance for all Indiana High School athletes that includes a \$25,000 deductible clause. Each athlete is covered from \$25,000 to \$100,000. Insurance to cover the first \$25,000 in expense is the responsibility of the athlete and the parents/guardians.
3. **The Owen Valley Athletic Department provides no athletic insurance for the participants other than that provided by the IHSA.**

D. Transportation

1. All athletic trips must be made by bus or school van. No private transportation will be permitted unless approved by the Principal, Athletic Director or School Board.
2. Members of the athletic teams will return to the school. The parent/guardian must complete a Travel Release Form provided by the Athletic Department office at least two days prior to the desired date of travel, or communicate in person with the head coach in the case of an emergency. (If the coach directs the athlete to return to school by transportation provided by the school, the athlete is to comply with those directions.)

E. IHSA Eligibility Rules for All High School Students

1. Participation in athletics is a privilege earned by meeting the standards set by Owen Valley High School, the Western Indiana Conference, and the IHSA.
2. In the event of questions regarding eligibility, contact the Athletic Director or the Principal before eligibility is endangered.
3. To be eligible to represent your school in Interscholastic Athletics:
 - a. You must be a regular, bona fide student in good standing in the school you represent.
 - b. You must be enrolled no later than the fifteenth day of the current semester.
 - c. An athlete must pass 70% of their full credit subjects. Semester grades take precedence:
 - 1.) 9th-12th graders must pass 5 out of 6 classes in order to compete.
 - 2.) If a student is taking a ½ credit class (ex. teacher's or library assistant) they may not have any F's. Taking a ½ credit class and having an F=Ineligible.
4. **IHSA AGE RULE:** A student who is or shall be twenty (20) years of age prior to or on the scheduled date of the IHSA state finals in a sport shall be ineligible for interschool athletic competition in that sport. A student who is nineteen (19) years of age on the scheduled date of the IHSA state finals in a sport shall be eligible as to age for interschool athletic competition in that sport.

5. **IHSAA ENROLLMENT RULE:** A student must have enrolled in Owen Valley High School for a complete year or at Owen Valley Middle School last year. You are also eligible if you are enrolling as a ninth grade student for the first time. Any other situation needs to be brought to the Athletic Director immediately. A student must not have been enrolled more than four fall semesters and four spring semesters beginning with grade 9, nor have represented a high school in a sport more than four years.

6. **AMATEURISM:** All contestants in sports recognized by the Association must be amateurs in the sport in which they wish to participate. Students shall not play under assumed names or accept remuneration, directly or indirectly, for athletic participation. Any member school students who directly or indirectly sign a professional contract lose their amateur standing and immediately become ineligible only in that sport in which they signed a contract. Member school students shall be considered as violating their amateur standing if they participate in athletic activities, tryouts, auditions, practices and games held or sponsored by professional athletic organization, clubs or their representatives. This rule applies to all sports except baseball, golf, softball and tennis out of season. Giving or receiving paid instructions is not considered a violation of this rule. A student may accept reasonable meals, lodging and transportation if such are accepted in service rather than money or in some other material form. Member school students who have violated their amateur standing according to the Rules and By-Laws of the Association may apply to the Committee for the reinstatement as an amateur in the Association 365 days after the date declared ineligible on account of the violation, provided they have been in school throughout the year. The application shall be signed by the student and school principal, and shall certify that 365 days have elapsed since the student was declared ineligible and that the student has not violated amateur rules during that calendar year.

a. **EXAMPLE 1:** May a restaurant owner, in a community, select a player of the week and give that student athlete a free hamburger? **ANSWER:** IHSAA rules would not prohibit a restaurant owner, newspaper, etc. from selecting a “player of the week.” However, a student athlete who is selected may not receive cash, food, gift certificates, merchandise, etc. as a result of this recognition.

b. **EXAMPLE 2:** Is it permissible for basketball players to participate on a church bowling team and accept cash prizes? **ANSWER:** Yes, the IHSAA has no jurisdiction over bowling since it is not one of the IHSAA recognized and regulated sports.

7. **AWARDS:** The giving and receiving of awards shall be kept within reasonable bounds, have symbolic value only, and be with the consent and under the supervision of the Principal. The giving and receiving of awards with the consent and under the supervision of the member school principals concerned shall mean that the member school Principal in each school shall have real control and supervision without pressure of any kind from outside persons or groups of persons. Only one sweater, jersey, jacket, blanket or similar article may be given in each sport to a student for participation in each high school where student is enrolled. Awards may be accepted by schools and/or students only with the approval of the Principal from such local organizations as: service clubs, patriotic organizations, civic groups and dads’ and mothers’ clubs. Commercial businesses may name player or players of the game of the week provided the student does not accept merchandise, meals, cash, etc. for such an honor.

8. **CONDUCT:** Contestants’ conduct, in and out of school, shall be such as (1) not to reflect discredit upon their school or the Association, or (2) not to create a disruptive influence on the discipline, good order, moral or educational environment in the school. **NOTE:** It is recognized that principals, by the administrative authority vested in them by their school corporation, may exclude such contestants from representing their school. **Any contestant or coach ejected from a contest for an unsportsmanlike act shall be suspended from the next interschool contest at that level of competition and all other interschool contests at any level in the interim, in addition to any other penalties assessed.** A member school cannot file a protest regarding the disqualification of a player for unsportsmanlike conduct. Neither a judgment call nor misapplication of a game rule by an official may be protested to the IHSAA.

9. **TRANSFERS:** All transfer students' parents/guardians must complete the IHSAA athletic transfer form **PRIOR** to participating in an athletic contest. This procedure does take time. A coach should send the player to the athletic director immediately if they have a transfer student. This does not apply if the student has enrolled at Owen Valley High School at the start of his/her ninth grade year. The athlete must not have transferred from one school to another for athletic purposes or as a result of undue influence or persuasion by any person or group.

10. **EXTENDED ABSENCES:** (C-3-11) If an athlete is absent for 5 or more consecutive days due to illness or injury, they must present to the Principal written verification from a licensed physician stating the athlete may practice again.

11. **IHSAA RULE ON THE APPEALS BOARD:** (Review of IHSAA Commissioner's Decision) Any affected party may appeal a decision of the Commissioner or his designee to the Review Committee for a review and hearing. The Review Committee is the initial review panel of all Association decisions and must consider all Association decisions prior to any review of the case review panel as described at Rule 17-10.

12. **MORATORIUM WEEK:** Each member school shall observe a moratorium week starting on Monday of the week which includes July 4th, either IHSAA calendar Week 52 or Week 1. During this seven day period, there shall be no contact between athletes and coaches, and no athletic activities, including conditioning, conducted.

FUTURE MORATORIUM DATES: **2020:** June 28th -July 4th **2021:** July 4th -July 10th

13. This is only a summary of the rules of the IHSAA. Contact the Principal or Athletic Director for further information and before participating in athletics outside of school.

F. Medical Cards

1. Medical cards will be completed by the certified athletic trainer, and will be given to the head coach prior to the first contest of each season.
2. No student will be allowed to practice or participate in a game until the medical card has been completed and is in the possession of the head coach.

G. S-OCS Schools Extracurricular Participation Policy: To assure the extracurricular programs of Owen Valley High School remain steadfast as compliments to the primary academic or curricular functions of education, any student wishing to participate in extracurricular activities at Owen Valley High School must be enrolled as a full time student in the S-OCS School Corporation.

H. The athletic handbook shall be made available to each athlete before his or her first practice. Access to the handbook can be accomplished through the school website or by obtaining a copy in the Athletic Office.

I. Care of School Facilities: Any damage caused by athletes must be paid for in full (or an appropriate agreement reached by parents and school) before being allowed to participate in further athletic activities. Suspension from athletic activities will be considered for some damage, depending upon circumstances; if sufficiently serious, a suspension of one year may be imposed.

J. Equipment-Issuing of Equipment:

1. No athletic equipment issued to squad members may be worn outside of practice or game situations. **EXCEPTION:** With the approval of the Athletic Director, athletes may wear game jerseys or shirts on the day of a contest. Cheerleaders may wear their uniforms under the same circumstances.
2. The athlete will be charged the amount of replacement for equipment lost or that has been damaged by abnormal use or abuse.
3. Equipment issued to the athletes remains the property of the school unless the athlete pays part or all the cost with the agreement that the equipment is then the property of the athlete.
4. The athlete is responsible for the proper maintenance and replacement of equipment. If equipment has not been returned, the person responsible will not be allowed to participate further in athletics until the equipment has been returned or payment for the lost equipment has been received.

K. Procedure for Excusing Squad Members for Athletic Contests: It is the policy of OVHS to keep to a minimum the number of times a student is dismissed from class for an athletic contest. Each time an early dismissal takes place, it will be decided by a conference of the Principal, Athletic Director, and the Coach.

- L. Overnight Squad Trips: Approval of the S-OCS School Board must be obtained for any overnight athletic trip during the school year.
- M. Sunday Practice: There shall be no contest, practice, formal or informal team meetings scheduled on Sunday during the school year. Sunday participation during the summer will only occur if it is part of a tournament.
- N. Sportsmanship
 - 1. Sportsmanship and character are to be emphasized at all times. **Unsportsmanlike conduct will not be tolerated.**
 - 2. Procedure for athletes being disqualified for unsportsmanlike conduct or technical fouls:
 - a. A conference of the Head Coach, Athletic Director, and the athlete will take place on the following school day. Each case is decided on its own merit. If the athlete does not report to the Athletic Director's office on the next school day, an automatic one game suspension will be issued. This penalty may be waived under certain circumstances.
 - b. Penalties will be decided in each case with no precedent being set by any case. A meeting with the Principal may follow.
 - c. Penalties may range from suspension to exclusion from all athletics.
 - d. The student is automatically suspended from practice and/or games until the meeting time for the problem has been established.
- O. Absence of Athlete from School
 - 1. A student athlete must attend at least **half (0.5) of the school day**. Only the Principal may make exceptions to this policy. The Principal will need two days prior to the missed day to grant approval.
 - 2. A half (0.5) day of school is defined as 8:20 a.m.-11:30 a.m. or 11:30 a.m.-3:20 p.m.
 - 3. An athlete must be at school half (0.5) day on Friday for competition on Saturday.
 - 4. An athlete shall not be eligible for practice or contest participation while suspended from school attendance. (This means out of school suspensions.)

II. AWARDS

A. Letter Awards

- 1. Qualifications for Awards
 - a. All candidates must have met the IHSAA and school rules.
 - b. Coaches must recommend all recipients to the Athletic Director.
 - c. All candidates must display to opponents, officials, and teammates good sportsmanship. An unsportsmanlike ejection from an athletic contest can keep an athlete from receiving a varsity letter.
 - d. All athletes must have returned all equipment to the satisfaction of the coach and Athletic Director.
 - e. In most instances, the athlete must complete the season. Injuries may waive this consideration for an athlete well into the season and making an outstanding contributions to the team. The injury must be related to the sport (occurred in practice or game), and the candidate is not allowed to participate further in that sport on order from a doctor. Further, the candidate must be qualifying for the award at the time of the injury.
 - f. The coaches of each sport reserve the right to recommend any senior athlete for an award who, in their estimation, has contributed three consecutive years of satisfactory service to the team.
 - g. Attitude on and off the athletic field is to be taken into consideration when an athlete is recommended for an award.
 - h. A participant must be regular in attendance at practice. He/She is to meet the practice schedule as set forth by the coach or assistant coach.
 - i. The coach of each sport will certify that each participant recommended for an award has met the minimum requirements for that particular sport.
 - j. A participant must be eligible and available at all times throughout the season for his/her chosen sport(s). **NO EXCEPTIONS!** The coach will determine excused or unexcused absences from practice or contests.
 - k. Athletes must finish the season in good academic standing, including staying eligible.

B. Conducting Awards Programs

1. **FALL:** There will be one awards program for the fall. The awards program will include Boys and Girls Cross Country, Boys Tennis, Girls Golf, Soccer, Volleyball and Football.
2. **WINTER:** There will be one awards program for the winter. The awards program will include Boys and Girls Basketball, Boys and Girls Swimming, Wrestling, Gymnastics and Cheerleading.
3. **SPRING:** There will be one awards program for the spring. The awards program will include Baseball, Boys Golf, Girls Tennis, Boys and Girls Track and Softball.

C. Nature of the Awards

1. Reserve and Ninth Grade Awards: Numerals of year of graduation and a certificate. Freshman and Reserve awards are the same except the certificate.
2. Varsity: A red and blue "OV" will be presented for each sport. One chevron will be awarded for further lettering years. The athletes may purchase replacements.
3. Special Letters: Any athlete whose name appears on the sectional roster of a sectional championship team may receive a varsity letter (coach's discretion). The athlete must be academically eligible throughout the tournament series.
4. Academic All-Conference: Any junior or senior athlete with a cumulative GPA of 3.71 or higher at the conclusion of their respective sport season will receive an award at the seasonal athletic awards program.

D. Jacket Requirements: Any athlete may purchase an award jacket after they have earned their first varsity letter. The athlete will purchase varsity award jackets.

E. Managers: Requirements are the same as the athletes.

F. Cheerleaders: Varsity, reserve and ninth grade awards are the same as the athletes. They must meet all requirements as stated in the athletic handbook.

G. Individual Sport Requirements

1. Baseball/Softball Varsity: compete in one half of games, pitchers in one third of games
2. Basketball Varsity: compete in one half of the varsity quarters
3. Cheerleaders: Coaches recommendation
4. Cross Country Varsity: finish in the top seven of OVHS runners in 2/3 of the meets.
5. Football Varsity: compete in one half of the varsity quarters
6. Golf Varsity: participate in one half of total matches
7. Soccer: participate in one half of total halves
8. Swimming: compete in 2/3 of all meets as a varsity swimmer
9. Tennis Varsity: participate in one half of total varsity matches
10. Track Varsity: Compete in two thirds of all meets
11. Wrestling Varsity: participate in one half of the varsity meets and score minimum of 16 points
Invitational tournaments count as two dual meets.
12. Volleyball Varsity: participate in one half of varsity games
13. In a team sport (defined by the IHSAA), if the athlete does not meet the above qualifications, then the coach may recommend a varsity award for a student athlete that has practiced and dressed almost exclusively with the varsity team. The student athlete must practice predominately with the varsity team and not play substantially more on the reserve team than the varsity team.

H. Special Awards

1. Any athlete who wins a state championship will have a photo displayed in the trophy case.
2. Team champions of county, conference and state will have a team photo displayed in the trophy case. These will be actual champions, not media selections. The championship MUST be an IHSAA sanctioned sport or approved by the ISSAP (Secondary Principals Association). Local media selection of athlete of the week, per week, will be displayed throughout the season in which it is selected.

I. Admission to athletic events for athletes

1. Varsity and Reserve athletes will be admitted free of charge to all home events for their team (varsity, junior varsity or freshman,) with the exception of tournaments, if the team participating is in their respective building.
2. Athletes must be eligible for participation and are to assist with the contest if needed.

J. Trophies, Plaques or Medals

1. Listed trophies are maximum trophies to be given. All trophies do not have to be given if they aren't earned.
2. There are minimum requirements for certain percentage awards.

K. Patriot Award: The athlete must be a varsity letter winner. Good character, sportsmanship, conduct and academics are to be taken into consideration. Each varsity coach of the season (fall, winter, spring) will have one vote regardless of number of sports coached. Each season (fall, winter, spring) will have one winner unless expressed otherwise.

III. MISCELLANEOUS

A. Intramural Competition: Intramural competition that requires an inside facility will be scheduled by the Athletic Director and Intramural Director.

B. Admission Prices

1. All admission prices will be established after conferring with other schools and the Western Indiana Conference.
2. Family passes, all sport season passes, senior citizen and student passes will be sold. Tickets will also be sold at each event. All events will be \$5 per person.
3. Tourney ticket prices will be set by the tourney participants or the IHSAA.

C. Ticket Distribution: It is understood that the tickets furnished by the Athletic Department are to be used by the person to whom it was distributed. Violating this ticket rule will cause the loss of the ticket plus possible suspension in the athletic department.

D. Chain of Command: Coaches will follow the line of authority as established by the S-OCS Board of Education, as follows:

1. S-OCS Board of Education
2. Superintendent of Schools
3. Principal
4. Athletic Director
5. Head Coach
6. Assistant Coach

IV. ATHLETES' RULES AND REGULATIONS

A. All rules and regulations of the IHSAA and Owen Valley High School Athletic Handbook must be met before athletic participation may take place. **An athlete is an athlete 365 days of the year.** Any violation during or between seasons will be handled in accordance with the Handbook. An assigned penalty will begin at the start of the season for all out-of-season violations.

B. Violations of training rules as listed in the handbook will be investigated immediately by the coach and Athletic Director upon receiving the report. If the charge is not substantiated, the source will be notified and no further action will be taken. If substantial evidence appears to exist, the following action will be implemented (in or out of season).

1. The athlete may be subject to suspension from all athletics for an indefinite period for the first offense. (The period of suspension for the first offense may include exclusion from all athletics if the violation warrants it.)
2. A second offense may result in a suspension by the Principal/Designee for a minimum of one calendar year.
3. A third violation will result in a suspension of athletics for the remainder of the student's athletic career.
4. Suspensions will begin the day that substantiated evidence is determined, and will be served through the appropriate time in accordance with the violation.

C. Nothing in this policy shall be construed to require the school corporation to follow the provisions of the Due Process and Pupil Discipline Statute (IC 20-8.1-5) in removing a student from participation in any athletic activity.

DRUG TESTING

Drug and alcohol abuse in any school is a threat to the safety and health of students, faculty, staff, and the community as a whole. It jeopardizes the efficiency and the quality of educational programs as well as having the potential of physical harm. The risks associated with such abuse may include the possibility of impaired judgement diminished capacity, and deterioration of the organs of the body, addiction and conditions that substantially inhibit a person from performing to his/her fullest ability. It is not intended to be solely disciplinary or punitive in nature, for the educational opportunities offered in the various buildings will continue to direct students away from drugs and alcohol and toward a healthy, safe, and drug free life. It is the right of every parent to expect that each student is receiving the best education that can be provided by Spencer-Owen Community Schools.

DRUG TESTING PROGRAMS

All courses, programs, and activities are an integral part of the school system. The value for a student's personal development must be given a high priority for the community that wants to have a total school program. The opportunity for participation in any program, including athletics, is not an absolute right. Participation is a privilege offered to students and necessitates that students meet high standards. Driving to school is also a privilege granted to students under conditions that include operating a vehicle in a safe and legal manner.

Spencer-Owen Community Schools encourages all students, who hold a valid driver's license, to drive on school grounds and to participate in activities and programs, but also believes that these opportunities are not an absolute right, but privileges offered to students who meet both the scholastic and physical conditions of eligibility.

A condition for participation in privileged activities in the Spencer-Owen Schools shall be an agreement by the student to submit to probable cause and/or random testing for the use of drugs and alcohol. Probable cause (reasonable suspicion) drug testing will apply to all students enrolled in the Spencer-Owen Schools. The random drug testing program will be applied to students, male and female, who choose to participate in non-credit, extra-curricular activities, and/or who drive to, from, or during school while a student in any of the Spencer-Owen Schools that has declared that the school will participate in the Corporation's random drug-testing program approved by the Spencer-Owen School Corporation's School Board.

Statistics on testing and results, which do not include specific student identification, shall be compiled at the end of each school year and made available to the Central Office Administration and to the School Board who may release the data at the Board's discretion.

REASONABLE SUSPICION DRUG TESTING

Administrators of the Spencer-Owen Community Schools are authorized by the Spencer-Owen School Board to require any Spencer-Owen student to submit to a chemical test of the student's breath or urine if the administration has "reasonable suspicion" that the student is using or is under the influence of alcohol, marijuana, or any other illegal substance while:

- A. on school grounds;
- B. off school grounds at a school activity, function, event, or any other school sponsored activity;
- C. when traveling to or from school by bus or other transportation.

Reasonable suspicion may arise from the following:

A. A student's behavior, in conjunction with physical appearance, actions, and/or odor, indicating the possibility that the student has used or in possession of alcohol, marijuana, or any controlled substance.

B. The student possesses drug paraphernalia, alcohol, marijuana, or any controlled substance.

C. Information communicated to an administrator by a teacher, parent, law enforcement personnel, other adult, or a student indicating a student is using, possessing, or under the influence of alcohol marijuana, or any other illegal substance. Any such report will be investigated by the school's administration and will be substantiated by other physical indicators or physical appearance, if deemed necessary.

Any substance for which a student has a prescription or written permission from a parent must be brought to the school health office and administered or taken there or it may be considered as an illegal substance unless substantiated in writing as a legal prescription issued to the student by a physician.

No student may provide to any other student, by sale or any other means, any substance that is represented to be a narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, alcoholic beverage, stimulant, inhalant, legend drug, depressant, or intoxicant of any kind.

No student may possess, use, or be under the influence of any substance which is, or the student has any reason to believe is, or which has been represented to be a narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, alcoholic beverage, stimulant, legend drug, depressant, inhalant, or intoxicant of any kind, or any kind that closely resembles, or is represented to be any of the foregoing items. As per the school's student/parent agenda, prescription and non-prescription drugs must be taken to the clinic and stored there by the nurse in the name of the student. Medicines will not be given by anyone but the school nurse or a designated employee.

Students are prohibited from possessing, ingesting, transmitting, or selling caffeine-based pills or substances containing pseudoephedrine or other over-the-counter stimulants while on school property or engaged in a school-related activity. Should student's behavior suggest inappropriate or excessive use of these substances, all provisions of the "Reasonable Suspicion" policy will apply.

The following conduct is criminal under Indiana Code and school officials are required to report such conduct on school grounds, or within 1000 feet of school grounds-in writing to law enforcement personnel.

- A. Knowingly or intentionally manufacturing or delivering cocaine, a narcotic drug, or other controlled substances including marijuana, hash oil, or hashish; or possessing with intent to manufacture or deliver, the above name substance, including marijuana, hash oil or hashish.
- B. Knowingly or intentionally delivering any substance that is represented to be a controlled substance.
- C. Knowingly or intentionally manufacturing, advertising, distributing, or possessing with intent to manufacture, advertise, or distribute a controlled substance.
- D. Knowingly or intentionally possessing a controlled substance.
- E. Knowingly or intentionally creating or delivering a counterfeit substance or possessing with the intent to deliver, a counterfeit substance.
- F. Knowingly possessing, without a valid prescription, cocaine or a narcotic drug.
- G. Knowingly possessing, without a valid prescription, a controlled substance, except marijuana or hashish.
- H. Knowingly or intentionally manufacturing, designing, keeping for sale, offering for sale, delivering, or possessing an instrument, device or other object that is intended to be used primarily

for introducing a controlled substance into the human body, testing the strength, effectiveness or purity of a controlled substance, or enhance the effect of a controlled substance.

- I. Knowingly or intentionally manufacturing or delivering, or possessing, with intent to manufacture or deliver, marijuana, hash oil, or hashish.
- J. Knowingly or intentionally possessing marijuana, hash oil, or hashish.

An administrator and/or health services personnel trained to administer drug tests may conduct a test of a student's breath or urine. The cost of one (1) school-initiated breath or urine test will be paid for by the School Corporation and will be used for disciplinary action. After reasonable suspicion has been established by the administration, a student's refusal to submit to drug testing may result in the administration's proceeding as if the test were positive. If a parent or guardian refuses to allow any drug testing to be administered to his/her child, disciplinary action may be taken as if the test were positive.

If a parent chooses to have the student retested at a health facility, the School Corporation is not responsible for any of the costs. All drug testing original data from any reputable health facility must be presented to the administration as proof of positive or negative testing before the student will be readmitted to school. If the retest is not completed on the same day as the school's drug and alcohol test and if the results are not provided within one (1) school day, due process procedures for suspension pending expulsion may be initiated by the administration.

Positive test results from a reputable health facility may be used by the school's administration to invoke the reasonable suspicion policy. Drug testing results are considered confidential by the Spencer-Owen Community Schools' administrative staff, but may be discussed with a student's guidance counselor or other school employee if it is deemed necessary by the administration in order to provide assistance to the student and/or for the safety of other students.

Any student who attempts to alter a breath test or urine sample may be disciplined by the administration. The student who possesses the breath test or urine sample and/or the person(s) who attempt to alter the breath test or urine sample may be subject to suspension and/or a recommendation for expulsion.

If a student tests positive, disciplinary action will be taken. Disciplinary actions may include: non-participation in school related activities, drug and alcohol prevention activities, suspension, or recommendation for expulsion. Students who test positive and participate in privileges granted by the school, such as parking or extra-curricular activities, are subject to restriction of those privileges as recommended by the administration and/or as outlined by any additional rules and regulations established by Spencer-Owen Community Schools. These rules and regulations will have been established in writing, approved by the School Board, and distributed to the participant before a student will be held responsible.

Spencer-Owen Schools reserve the right to test for alcohol with a breath test at any time before, during, and/or immediately after a school-sponsored activity or program rather than or in addition to urine testing.

RANDOM DRUG TESTING

The primary purpose of random drug testing is not intended to be disciplinary or punitive in nature, but rather is intended as an aid in disclosing possible substance abuse problems, and as an extension of educational drug and alcohol programs. The goal of a Random Drug Testing Program is to identify a student with drug residues in her/his body, to provide notification to the custodial parent or guardian, and to educate, intervene, and direct students away from drug and alcohol abuse and toward a healthy, safe and drug-free adult life.

The implementation of random drug testing will not affect the policies, practices, or rights of the Spencer-Owen Schools in dealing with drug and alcohol use where reasonable suspicion is obtained by means other than the random sampling provided within this program.

Each student of a school participating in random drug testing will be provided a consent form which must be signed by the student and the parent or guardian and returned to the administration before the student will be eligible to practice or participate in any extra-curricular activity, or to drive any vehicle on school grounds. By signing the consent form, the student agrees to provide, at any time requested by school administration, a urine sample to be tested for drugs and alcohol, and/or perform a breathalyzer test for alcohol. The parent/guardian also gives consent for the student to provide, at any time requested by the school administration, a breath test or urine sample by signing the consent form. Athletes will need to return the consent form to the Athletic Department Office.

Consent forms will be attached to the drug testing guidelines/procedures as well as the athletic participation guidelines/procedures. The consent forms will be maintained in a secure location by the building's administration.

It is MANDATORY that each student who attends an Spencer-Owen school who intends to participate in extra-curricular activities and/or drive to school, sign and return a consent form acknowledging participation in the random drug testing program. Students who are not mandated may submit consent forms to be a part of the Random Drug Testing program. Parents/Guardians may request that their child, who is not mandated to participate in random drug and alcohol testing, submit a consent form for participation in the Spencer-Owen Random Drug and Alcohol Testing program.

All Spencer-Owen students who are eligible to participate in any driver education programs that require approval by the Spencer-Owen School Board will become participants in the random drug-testing program thirty (30) days before they would qualify to begin the driver education program, and if tested, must provide negative drug screening(s) prior to beginning and while participating in the driver education program, or they may not participate. This ensures the safety of the teacher and other students who will be in the vehicle during driver education. Such testing helps promote education in regard to impaired driving, and also helps safeguard the community at large.

Failure to comply at any time with rules and regulation of the random drug-testing program may result in exclusion from and/or revocation of parking permit privileges. If the student indicates that s/he intends to participate in extra-curricular activities and/or drive to, or from school activities, must agree to participate in the random drug-testing program established for Spencer-Owen Community Schools.

COLLECTION PROCEDURES

The selection of students to be tested will be done randomly by the toxicology service working with the school's drug and alcohol testing program. Each student will be assigned a number. One (1) cross reference list of names and numbers will be maintained by the building administration, and will be accessible only to the building administrators or the school nurse. A verified system of random selection will be employed to determine which students will be selected at a particular time. Drug and alcohol testing shall be done at a competent laboratory through urinalysis.

Spencer-Owen Schools will pay for drug and alcohol testing done on the school's dates established for random program testing, but is not liable for the costs of drug or alcohol testing/retesting, treatment, evaluation, or follow-up testing at any other time.

Spencer-Owen Schools reserve the right to test for alcohol with a breath test at any time before, during, and/or immediately after a school-sponsored activity or program rather than or in addition to urine testing.

Upon being selected for testing, a student will be required to provide a sample of his/her urine in a verifiable manner. The collection of the sample will not be physically observed. Purses, handbags, knapsacks, coats, sweaters, boxers, etc. will not be allowed in the collection area. The temperature of the specimen will be checked and if abnormal a repeat specimen must be obtained at that time. If the urine is diluted, or if the collector has doubts as to the legitimacy of the specimen for any reason, another specimen must be obtained in an acceptable manner before that student will be allowed to participate in any activity or drive on school property. If a student cannot provide a specimen s/he will be given up to 24 ounces of water and be allowed two (2) hours to give a specimen. If a student is unable to produce a specimen within two hours, the student will have 24 hours to produce a specimen at a lab of the parents' choice and at the expense of the parent. If the student is unable to produce the specimen at a lab setting within a 24 hour period of time, the student will be suspended from all extra-curricular activities for six months.

Any student, who attempts to alter a breath test or urine sample, will be disciplined by the administration. The student who possesses the breath test or urine sample and/or the person(s) who attempt to alter the breath test or urine sample may be subject to a needs assessment, as explained in a later section of the drug testing guidelines, the First Offender's Program, suspension and/or a recommendation for suspension pending expulsion.

The student's drug testing number and the date shall be written by the student on a sample bottle chosen by the student. The student and the collector or the collector's designee shall initial the cross-reference list in order to establish that the container has the proper identification written on it. The collector and/or designee shall then be responsible for turning the sample over to the testing laboratory, using the laboratory's chain of custody procedure.

Each sample will be tested for alcohol and street drugs (which may include any and all drugs listed as controlled substances under the laws of the State of Indiana). The school system reserves the right to test for performance enhancing drugs such as steroids or for nicotine if deemed necessary by the administration.

A student, who is taking any prescription or over the counter medication which may contribute to a positive drug test result, shall inform the collector or designee of this fact at the time that the specimen is requested. This information may require confirmation from the parent/guardian or a physician if requested by the administration.

The laboratory shall report the results of all testing, identified by number, to the building administration. Using the cross-reference list, the students with positive tests shall be identified. A student who tests negative will continue to be allowed to participate in all school activities and have full driving privileges.

If a student tests positive in the random testing program, an administrator will contact the student and his/her parents/guardians.

CONSEQUENCES FOR VIOLATING THE SPENCER OWEN DRUG/NICOTINE POLICY

Refusal of a student to submit to a test and/or screen will be considered a positive test and the appropriate suspension applied.

FIRST VIOLATION

Parent will be notified in writing of the results of the test. If the test is positive, the administration will meet with the student and parent to discuss the results and consequences.

If the test result is positive, the student will be given the opportunity to retest at the expense of the parent/student, within 24 hours. Any such retest must be conducted at a facility approved by school administration. While results of the retest are pending, the student will follow the consequences as described below.

Consequences: For any student who has a first violation of the Drug/Nicotine Policy, he/she will:

- Not drive to school for a period of 45 school days (weekends, holidays, and vacation days do not count toward these days)
- Not be allowed to participate in a number of contests equal to 50% of an athletic season.
- Not be allowed to participate in any non-athletic school-related activity including extra-curricular activities, driver education (only if offered through SOCS), or after school for a period of 45 school days (weekends, holidays, and vacation days do not count toward these days.)

At the end of this period, the student must retest with negative results before s/he may participate in any of the aforementioned activities.

The student will be periodically retested for the remainder of the student's career at Spencer-Owen Community Schools with the first retest being administered after there has been sufficient time for the illegal substance to leave the student's system, but no sooner than 10 days.

If a student tests positive, the parent will be provided with the information about counseling and drug education programs.

Any student testing positive will be subject to the regulations governing any sport or activity in which they participate or in any organization to which they belong.

SECOND VIOLATION

Consequences: For any student who has a second violation of the Drug/Nicotine Policy, he/she will:

- Not drive to school for a period of 365 calendar days from the date of the second positive test.
- Not be allowed to participate in a number of contest equal to 100% of an athletic season.
- Not be allowed to participate in any non-athletic school-related activity including extra-curricular activities, driver education (only if offered through SOCS), or after school activity for a period of 365 calendar days from the date of the second positive test.

At the end of this period, the student must retest with negative results before he/she may participate in any of the aforementioned activities.

Any student testing positive will be subject to the regulations governing any sport or activity in which they participate or in any organization to which they belong.

THIRD VIOLATION

Consequences: For any student who has a third violation of the Drug/Nicotine Policy, he/she will:

- Not drive to school for the duration of his/her education at Spencer-Owen Community Schools.
- Not be allowed to participate in any athletic, non-athletic, or extra-curricular school activity, including driver education (only if offered through SOCS), for the duration of his/her education in Spencer-Owen Community Schools.

CONFIDENTIALITY

Under the drug testing program, any staff, coach or sponsor of Spencer-Owen Community schools who may have knowledge of the result of a drug test will not divulge to anyone the results of the test or the disposition of the student involved, other than in the case of a legal subpoena being made upon that person in the course of legal investigation.

OTHER RULES

Apart from this drug-testing program, Spencer-Owen Community School athletic teams and the coaching staff have their own training rules and requirements. Coaches/sponsors have the necessary authority to enforce those rules. Any student who violates a rule or requirement as a member of a team or activity will also be subject to the consequences as defined in those rules and requirements.

I.C. 20-26-3

I.C. 20-26-5-4

I.C. 20-30-15-6

Linke v. Northwestern School Corporation (763 N.E. 2nd 972)

D. Unauthorized Possession of School Owned Equipment (Athletic or Nonathletic)

1. A penalty begins with the competitive season.
2. No OVHS athlete shall have in his/her possession any school owned equipment belonging to OVHS or any other school, or athletic department. This does not include equipment that is to be worn for OVHS practices or contests for the current sport season.
3. An athlete will receive an indefinite suspension until unauthorized equipment in his/her possession is returned in satisfactory condition or replaced or reimbursement is made.
 - a. First Offense: up to six weeks maximum suspension and/or prosecution
 - b. Second Offense: up to permanent suspension and/or prosecution.

E. Use of Abusive Language and/or Personal Confrontation (fighting)

1. Penalties begin with the competitive season.
2. First Offense: coach's discretion with approval of the Athletic Director.
3. Second Offense: Principal, Athletic Director and Coach will handle problem with a minimum penalty of one contest for language and two contest for fighting.
4. All other offenses will be handled by the same group with penalties increasing.

F. Involvement with Law Enforcement Agencies - Based on conviction, admission by the athlete, or police report. (Minor traffic violations excluded.) Any student-athlete legally charged with, arrested for, or convicted of a crime may be subject to disciplinary action ranging from a warning to an immediate ban from athletics. If a court case ensues and a student-athlete claims innocence, the athlete may be able to participate based on "administrative review." If suspended, the student-athlete will be expected to participate in all practices during that time to remain in the athletic program. However, if there is an admission of guilt by the athlete, or after an "administrative review" of the case, school officials believe there is strong evidence that link the student to the crime, then the school may enforce the consequences previously mentioned.

G. Team Rules: Team rules can be established and enforced by the coach of the team. Team rules may be more demanding and disciplinary actions more severe than those set out in the Athlete's Handbook. The parents and athlete must sign team rules. The coach of the team must keep the signatures.

H. Initiations (Hazing) and/or Harassment: Any unwelcome behavior that interferes with the educational/athletic environment will result in disciplinary actions. This includes but does not limit it to warnings, suspensions, and even exclusion from athletic participation. No student has to go through any initiation procedure to be a member of a team. **Any student that fails to report** the actions of others (to a coach or athletic administrator) that are carrying out an initiation/harassment procedure will also be disciplined.

I. SEXUAL HARASSMENT/DISCRIMINATION GRIEVANCE PROCEDURE

The grievance procedure applies to a violation of a protected right, based upon age, race, color, religion, gender, body size, handicapping condition, and national origin, including limited English

proficiency. The building principal is the grievance procedure contact person for allegations of building level violations.

J. Quitting or Being Dismissed From A Team

1. Once a student begins practice in a sport and his/her squad membership is terminated by a coach for reasons other than being "cut" due to lack of ability, they are not eligible to practice or participate in any other sport in the current season unless given approval by the Athletic Director and by mutual consent of the coaches involved. A complete investigation is to be made.
2. When an athlete quits a team, they may not try out for the next season sport until the team they quit finishes their current season. Only mutual consent of the coaches involved and the Athletic Director may waive this rule.

K. One Sport per Season: An athlete is permitted to participate in one sport only per season. If any exception is made, it will be with the consideration of the coaches and Athletic Director.

L. Additional Circumstances: Any and all situations not properly covered by these regulations are to be presented by the coach and resolved by the Athletic Director and Principal.

M. Risk Awareness Verification: Organized secondary athletics involve the potential for injury which is inherent in all sports. I acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or even death.

N. Parent/Guardian Permission to Participate: Permission for my son/daughter/custodial person to engage in IHSA or Owen Valley High School approved activities as a representative of his/her school must be granted by the parents/custodial person. Consent for my son/daughter/custodial person to accompany the team or group as a member on its out of town trips must also be given. I understand that neither the school board nor the Athletic Department carries insurance for injuries sustained in the interscholastic program.

O. Rule Awareness Verification

1. The parent(s)/custodial person must read and understand the rules and regulations as listed in the Owen Valley High School Athlete's Handbook.
2. The parent(s)/custodial person/athlete must agree to obey the rules and understand the possible consequences if they are not followed.

P. Signature Page: The athlete is required to return the OVHS Athletic Signature Form of the handbook with his/her signature and the signature of his/her parent or guardian prior to being allowed to practice for or participate in any sport representing Owen Valley High School.

RULE AWARENESS VERIFICATION

I have read and understand the rules and regulations as listed in the Owen Valley High School Athlete's Handbook. **I agree to obey the rules and I understand the possible consequences if they are not followed.**

PARENT/GUARDIAN PERMISSION TO PARTICIPATE

I hereby give my permission for my student to engage in IHSA or Owen Valley High School approved activities as a representative of his/her school. I also give my student to accompany the team or group as a member on its out of town trips. I understand that neither the school board nor the Athletic Department carries insurance for injuries sustained in the interscholastic program.

RISK AWARENESS VERIFICATION

I understand and acknowledge that organized secondary athletics involve the potential for injury, which is inherent in all sports. I acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observance of the rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or even death.

OVHS Athletic Department

Parent Policy

The OVHS Athletic Department understands the role of parenting and is thankful for the support and encouragement parents provide to the child's sport and the entire Athletic Department. Coaching is also a difficult vocation, and therefore, clear expectations of procedures and communication between coaches and parents must be established. The OVHS Athletic Department has established the following expectations and procedures to follow:

Communication to expect from your child's coach:

- Expectations for child and team
- Dates, locations, times of practices, contests, team meetings...etc.
- Team requirements (clothing, equipment, meetings, practices, contests...)
- Rules, expectations, procedures and disciplinary actions

Communication coaches expect from parents:

- Health related information (Physical Evaluation Form)
- All concerns expressed to Head Coach
- Concerns about your child's behavior

If a concern arises, the following is the procedure that must be complied with:

Under no circumstances is a parent to approach a coach after a game to discuss any type of concern regarding the team strategy, child's playing time, or game-related decisions before, during or after the contest.

1. The player is to address the coach privately about the issue. If no solution:
2. The parent shall call the Athletic Director to set up a meeting between the parent and Head coach. The Athletic Director will arrange a meeting between the two, at both parties convenience. If no solution:
3. The parent shall call the Athletic Director to set up a meeting between the parent, Head coach and Athletic Director. A meeting will be arranged through the Athletic Director at all parties' convenience. If no solution:
4. The parent shall call the Athletic Director to set up a meeting between the parent, Head coach, Athletic Director and building Principal. A meeting will be arranged through the Athletic Director at all parties' convenience.

Please understand it is never appropriate to discuss another player's playing time or role on the team. Also understand that the Athletic Director or building Principal will not mandate playing time.

OVHS Athletic Department Parent Expectations:

- Support and encourage child's effort toward academic and athletic success
- Understand OVHS Athletic and School Policies
- Communicate all concerns by following the outlined procedure in a timely manor
- Expect your child to respect coaches, teammates, opponents, and officials
- Respect coaches, child's teammates, child's opponents, officials and treat these individuals as you would want to be treated
- Understand and support child's academic progress as primary goal

CONCUSSION ACKNOWLEDGEMENT FOR PARENTS AND STUDENT ATHLETES

Due to the new law “Student Athletes: Concussions and Head Injuries” (IC 20-34-7), schools are now required to distribute information sheets to inform and educate student athletes and their parents of the nature and risk of concussion and head injury to student athletes, including the risks of continuing to play after concussion or head injury. The law requires that each year, before beginning practice for an interscholastic or intramural sport, a high school student athlete and the student athlete’s parents must be given an information sheet, and both must sign and return a form acknowledging receipt of the information to the student athlete’s coach. The law further states that a high school athlete who is suspected of sustaining a concussion or head injury in a practice or game, shall be removed from play at the time of injury, must not return to play for a minimum of 24 hours (IC 20-34-7-4 and -5), and may not return to play until the student athlete has received a written clearance from a licensed health care provider trained in the evaluation and management of concussions and head injuries.

Parent - please read the following page “Heads Up – Concussion in High School Sports – A Fact Sheet for Parents” and ensure that your child has also received and read “Heads Up – Concussion in High School Sports – A Fact Sheet for Athletes”. After reading these fact sheets, please sign the Athletic Signature Form ensure that your child also signs the form. Once signed, have your student athlete return this form to his/her coach.

Sports Medicine

Participation in sports at OVHS is a privilege and offers many benefits. Unfortunately with these benefits also comes the inherent risk of injury. In order to protect the health and safety of student-athletes, Indiana Licensed and Board of Certification (BOC) certified athletic trainers have been contracted to provide athletic training services on behalf of OVHS.

Pre-Participation Evaluation (PPE)

Indiana High School Athletic Association (IHSAA) guidelines require that all students participating in athletics receive a pre-participation evaluation and be medically cleared as documented on the IHSAA Pre-participation Physical Evaluation form prior to being allowed to participate in any practices or games. The goal of this PPE is to provide a screening test to ensure our student-athletes are not at increased risk for injury or illness when participating in athletic practices or events. According to IHSAA regulations (by-law C 3-10), the physical examination must be performed on or after April 1. Further IHSAA requirements regarding the completion of the PPE are as follows:

- The most current version of the IHSAA PPE form must be used and may not be altered in any way.
- A physical evaluation may be performed by a nurse practitioner or physician's assistant (in addition to a physician). If a nurse practitioner or physician's assistant does perform a physical evaluation, the PPE must be still be signed by a physician (MD or DO) and only after the medical history is reviewed, the examination performed, and the PPE form completed in its entirety. No pre-signed or pre-stamped forms will be accepted.
- Signatures:
 - The physician signature must be hand written. No signature stamps will be accepted.
 - The physician signature and license number must be affixed on page two (2).
 - The parent signatures must be affixed to the form on pages one (1) and four (4).
 - The student-athlete signature must be affixed to pages one (1) and four (4).

The PPE form must be completed in its entirety and meet all of the above stated criteria. In addition, even if cleared without restriction on the PPE form, OVHS requires that any additional recommendations (made by the practitioner performing the evaluation and/or signing the form) for further evaluation or treatment be **fully completed** prior to being allowed to participate in any practices or games. It should be noted that these pre-participation evaluations are not designed to replace the athlete's annual full physical and we strongly encourage student-athletes to continue annual health maintenance examinations with their pediatrician or family physician. We encourage all students and student-athletes to have a yearly comprehensive physical exam with their pediatrician or family physician.

The PPE form (along with the athletics handbook) are due in the athletics office on/by the following dates:

Fall sports: 08/03/2020 Winter sports: 10/19/2020 Spring Sports: 02/15/2021

**** An additional note:** All athletes (including incoming freshman, transfers, and current athletes) who will participate in summer athletics (open gyms, conditioning workouts, summer practices and/or competitions, etc.) must have their PPE form and athletics handbook fully completed, signed, up to date, and on file in the athletics office prior to being allowed to participate any summer athletics activities as described above.

Sports Medicine Staff

Team Physician

Credentials: Indiana Licensed Physician (MD or DO)

Fundamental Duties: Oversee the provision of athletic training services, provide on-site medical care for select home sporting events and injury checks as schedule allows, be available for consultation with athletic trainer when appropriate.

Athletic Trainer (AT)

Credentials: Indiana Licensed Athletic Trainer, BOC Certified Athletic Trainer, AED-CPR certified

Fundamental Duties: Provide for high school student athletes participating in interscholastic athletics - onsite injury evaluation and care, provide for basic injury rehabilitation, make injury related return to play decisions, document services provided, serve as a resource to OVHS athletic department and student-athletes on topics related to health, safety, and performance.

Student Athletic Trainer (SAT)

Credentials: None, currently enrolled in a collegiate level professional program

Fundamental Duties: Provide for high school student athletes participating in interscholastic athletics - onsite injury assessment and care, provide for basic injury rehabilitation (all duties must be performed under the supervision of the AT).

Athletic Training Student Manager (ATSM)

Credentials: None, current high school student

Fundamental Duties: To provide assistance to the Athletic Trainer. The ATSM is not to apply assess or provide treatment for any athlete without instructions from and direct supervision of the athletic trainer. Under no circumstances is the ATSM to make any judgments related to return to play or the health and safety of any student-athlete.

Athletic Training Room (ATR)

OVHS has two facilities designated as athletic training rooms. The main ATR can be accessed via the south entrance (door 6) and is located in the hallway across from the cafeteria. A satellite ATR is located in the varsity locker room at the football facility. These ATRs are locations where the student-athletes may receive treatments, preventative care as well as rehabilitation. The primary function of the ATRs are to serve as acute management facilities. Although the athletic trainer can assist, the responsibility of long term care and management of an injury lay with the student-athlete and his/her family. Student-athletes are not to self-treat, use the athletic training room, or any equipment in the athletic training room without the permission or supervision of the athletic trainer. The athletic training room rules of conduct are as follows:

- Athletes are to sign in upon entering the athletic training room.
- Shirts, shorts and shoes must be worn at all times in the athletic training room unless otherwise directed by the athletic trainer. It is preferred that athletes shower prior to examination.
- The athletic training room is to be used for the medical care of athletes only. It is not a lounge or a hangout. No horseplay or roughhousing will be tolerated.
- No food or drink is allowed in the athletic training room without permission of the athletic trainer.
- No tobacco products are allowed in the athletic training room

- The athletic training room telephone is not intended for athlete use. Phone calls may be placed with the permission of the athletic trainer.
- Athletes are not to have or use cell phones in the athletic training room without permission of the athletic trainer.
- No obscene or offensive language will be tolerated in the athletic training room.
- Do not remove any supplies or equipment from the athletic training room without permission of the athletic trainer.
- Please be courteous to the athletic trainer and other athletes.

Reporting of Injuries

It is the responsibility of the athlete (as well as the coaches) to report any and all health conditions as well as injuries and illnesses to the athletic trainer as soon as possible. Preferably, injuries and illnesses would be reported within 48 hours. Any health conditions, injuries, or illnesses, even those that do not occur during athletic participation, may impact an athlete's ability to safely participate in athletics. When the AT is informed of the health condition and/or injury/illness and has performed an appropriate examination, he/she will notify the appropriate coach or coaches about the findings and make a decision regarding playing status and/or necessity of medical referrals.

Return to Participation

All student-athletes who have been diagnosed with certain health conditions or have suffered an injury or illness must be cleared by the athletic trainer prior to being allowed back to practice or competition. Many variables will be taken into consideration when making the return to participation decision, but the student-athlete must demonstrate satisfactorily to the athletic trainer that he/she is not placing himself/herself or anyone else at an increased risk of injury or harm by their return to activity. These return to play decisions are made in consultation with the team physician and other physicians as appropriate. Each athlete must meet the following criteria prior to being allowed to return to activity:

- Satisfactorily complete a fundamental examination by the athletic trainer.
 - Satisfactorily complete physical exertion and abilities testing by the athletic trainer.
 - Student-athletes may also be required to have a written clearance from a physician under certain circumstances. If an athlete sees a physician for any athletic injury they will be required to have a written physician clearance. Medical conditions that may require a written clearance include but are not limited to the following: Concussion, fractures, dislocations, surgical procedures, mononucleosis or other infectious illnesses, infectious skin conditions, open wounds, pregnancy, heat related illnesses, cardiac conditions, and any other conditions deemed necessary by the athletic trainer.
- For concussions, these additional criteria must be met
- Return to baseline symptoms with normal daily and school activities
 - Return to baseline or normative values with performance on ImPACT™ test

Owen Valley High School (OVHS)

Concussion Information Acknowledgement Summary Form

2020-2021 School Year

The following information pertains to concussion:

- A concussion can cause difficulty with everyday activities including memory, balance, sleep, sports and classroom performance.
- You cannot see a concussion but some of the symptoms might be noticeable immediately. Other symptoms can show up hours or days after the injury.
- Following a concussion, the brain needs time to heal. The athlete is much more likely to have a repeat concussion if he/she returns to play before symptoms have resolved.
- In rare cases, repeat concussions can cause permanent brain damage and even death.
- Proper use of protective equipment (such as, but not limited to, a helmet) cannot absolutely protect an athlete from sustaining a serious brain and/or neck injury.
- It is the responsibility of the athlete to report any and all injuries and illnesses (including a brain injury such as a concussion and/or concussion like symptoms) to the athletic trainer(s) and/or team physician(s) providing coverage for OVHS.
- If an athlete suspects a teammate has a concussion or exhibits concussion like symptoms, he/she should report it to a coach, the athletic trainer(s) and/or team physician(s) providing coverage for OVHS immediately.
- An athlete who exhibits concussion related symptoms during a practice or game will be removed immediately and will not return to a practice or game on the same day as the injury.
- If a concussion is sustained, the athlete must meet the following criteria prior to return to unrestricted activity and sports participation: rest and exertional symptoms at baseline levels, neurocognitive testing at baseline or normative levels, satisfactorily complete a fundamental physical examination, successfully complete a graduated re-integration of physical exertion program, **and** receive written clearance from a licensed healthcare provider trained in the evaluation and management of concussions and head injuries. **All** of these criteria must be completed prior to return to unrestricted activity

For a link to “Heads up Concussions in High School Sports” click here:

Parent:

http://www.ihsaa.org/Portals/0/ihsaa/documents/quick%20resources/Heads_Up_-_A_Fact_Sheet_for_Parents.pdf

Athlete:

http://www.ihsaa.org/Portals/0/ihsaa/documents/quick%20resources/Heads_Up_-_A_Fact_Sheet_for_Athletes.pdf

Owen Valley High School (OVHS)

Sudden Cardiac Arrest Information Acknowledgement Summary Form

2020-2021 School Year

The following information pertains to Sudden Cardiac Arrest (SCA):

- SCA is rare but claims the life of athletes each year and may affect all levels of athletes, in all sports, and in all age categories.
- In most cases SCA occurs due to an inherited heart defect but can also occur after a direct blow to the chest, or after an illness causing inflammation of the heart.
- There may not be any noticeable symptoms before a person suffers SCA. However, warning signs may include: chest discomfort, unusual shortness of breath, racing or irregular heartbeat, or fainting/passing out.
- Proper use of protective equipment cannot absolutely protect an athlete from suffering from SCA.
- It is the responsibility of the athlete to report any and all injuries and illnesses (including symptoms that indicate SCA) to the athletic trainer(s) and/or team physician(s) providing coverage for OVHS.
- If an athlete suspects a teammate may exhibit symptoms of SCA, he/she should report it to a coach, the athletic trainer(s) and/or team physician(s) providing coverage for OVHS immediately.
- An athlete who exhibits SCA related symptoms during a practice or game will be removed immediately and will not return to a practice or game on the same day. The parent/guardian of the athlete will be notified of the athlete's symptoms.
- In order to return to practice and/or games after having been removed from play due to SCA related symptoms the following criteria must be met: the athlete's parent/guardian must give verbal permission for the athlete to return to practice and/or games. This verbal permission must be followed up by signed, written permission within 24 hours of the verbal permission being received. In addition to these verbal and written permissions, the athlete will need to satisfactorily meet/complete any and all other tests, stipulations and guidelines as set forth by the athletic trainer in order to help insure the health and safety of the athlete.

For a link to "Sudden Cardiac Arrest" click here:

Parent:

<http://www.doe.in.gov/sites/default/files/health/sudden-cardiac-arrest-fact-sheet-parents.pdf>

Athlete:

<http://www.doe.in.gov/sites/default/files/health/sudden-cardiac-arrest-fact-sheet-student-athletes.pdf>

Owen Valley High School (OVHS)
Consent for Healthcare Procedures
2020-2021 School Year

I hereby give consent for my child to receive healthcare treatment including but not limited to first aid, diagnostic procedures, injury assessment, rehabilitation, and other medical treatment that is deemed appropriate and necessary to the health and wellbeing of my child and provided by the athletic trainer(s), team physician(s) and/or emergency medical technicians providing coverage for OVHS or the opposing team's school. I understand this does not prevent me from receiving healthcare from another provider of my choice.

Additionally, I give permission for my child to be transported to the nearest and/or most appropriate emergency department based on local emergency medical services (EMS) protocols and to receive any and all treatments deemed necessary by the healthcare providers.

I understand that with participation in athletics there comes an inherent risk of injury and that injury may range from minor sprains and strains to total paralysis and even death. Additionally, I understand that it is the responsibility of the athlete to report any and all health related conditions and any and all injuries and illnesses to the athletic trainer and the coach. I also understand that it is the responsibility of the athlete to report any problems or potential problems with protective equipment to the coach and athletic trainer(s) providing coverage for their sport at OVHS. Fulfilling these responsibilities will help ensure the health and safety of the athlete as well as the health and safety of those they compete with and against. I further understand that it is important for the athlete to be an active participant in his/her own healthcare and to seek out information and ask questions about health issues they may experience or have questions/concerns about.

I understand that I have the right to revoke the consent regarding the provision of healthcare procedures at any time by informing the OVHS athletic director, in writing, of my intent to do so and that in doing so the student-athlete may be declared ineligible to participate in athletics at OVHS. In the event I revoke consent, it will not have any effect on actions taken by OVHS or its agents prior to the revocation.

I have thoroughly read and understand the information above and consent to all provisions set forth. I have had the opportunity to ask questions.

Owen Valley High School (OVHS)
Consent to Receive and Release Protected Information
2020-2021 School Year

I understand that the athletic trainer(s) and/or team physician(s) providing healthcare coverage on behalf of OVHS may request protected information regarding the athlete's health status from another healthcare provider, and I hereby give my permission for the receipt and release of this protected information as it pertains to my child's ability to safely participate in school sponsored athletics and where their health and safety are a concern.

The protected information may pertain to past and present health. Permission for a healthcare provider to release medical information and/or records to another healthcare provider is given to allow for timely treatment of my child should it be necessary. I also give my permission to release this information to coaches and other school officials when it relates the athlete's ability to participate. This request is to facilitate open communication between the athletic trainer, other healthcare providers and school officials in order to protect the health and safety of the athlete and to optimize the delivery of care. This information cannot and will not be released to any other parties without first being approved by the parent or guardian of the athlete.

This consent for receipt and release of protected health information expires on July 31, 2019.

I understand that I have the right to revoke this consent at any time by informing the OVHS athletic director, in writing, of my intent to do so and that in doing so the student-athlete may be declared ineligible to participate in athletics at OVHS. In the event I revoke consent, it will not have any effect on actions taken by OVHS or its agents prior to the revocation.

I have thoroughly read and understand the information above and consent to all provisions set forth. I have had the opportunity to ask questions.

**Owen Valley High School (OVHS) Athletic Department
Athletic Handbook Signature Form
2020-2021 School Year**

I have received and thoroughly read the OVHS Student-Athlete Handbook as well as all the information present in the following policies, procedures, information forms, consent forms and other documents:

- SOSC Drug Education and Test
- OVHS Athletic Department Parent Policy
- Rule Awareness Verification
- Parent/Guardian Permission to Participate
- Risk Awareness Verification
- Consent to Receive and Release Protected Information
- Consent for Healthcare Procedures
- Heads Up –Concussion in High School Sports – A Fact Sheet for Athletes
- Heads Up –Concussion in High School Sports – A Fact Sheet for Parents
- Concussion Information Acknowledgement Summary Form
- Sudden Cardiac Arrest – A Fact Sheet for Parents
- Sudden Cardiac Arrest – A Fact Sheet for Parents
- Sudden Cardiac Arrest Acknowledgement Summary Form

I fully understand and agree with all of the information contained in each of the forms and handouts. I give my consent for and agree to abide by all the processes, stipulations and guidelines set forth in the OVHS Student-Athlete Handbook including all policies, procedures, information forms, consent forms and other documents. I further understand that I have the opportunity to ask questions regarding the content of these forms and the provided handouts. I also understand that this form must be signed and turned in to the designated official at Owen Valley High School prior to the athlete being allowed to participate in any practices or games.

The PPE form and athletic handbooks are due in the athletics office on/by the following dates:

Fall sports: 08/03/2020 Winter sports: 10/19/2020 Spring Sports: 02/15/2021

WE THE UNDERSIGNED, ACKNOWLEDGE THAT WE HAVE READ AND UNDERSTAND ALL ASPECTS OF THE OVHS STUDENT-ATHLETE HANDBOOK AND ITS ASSOCIATED DOCUMENTS AND GRANT PERMISSION AND CONSENT AS REQUIRED.

This form must be completed by the student-athlete and the parent/guardian and returned to the athletic department as a requirement for eligibility to participate in athletics at Owen Valley High School.

Signature of Student-athlete

Printed name of Student-athlete

Date

Signature of Parent/guardian

Printed name of Parent/guardian

Date

OWEN VALLEY HIGH SCHOOL

EXTRA-CURRICULAR CONSENT FORM

Please choose OPTION A or OPTION B

OPTION A:

I have received (and have read and understand) a copy of the "Owen Valley High School Extra-Curricular Activities and Student Driving Testing Program." I desire that my student participate in this program.

(Check One)

☐

As a participant in the athletic, extra-curricular and/or driving program of Owen Valley High School.

☐

Even though not currently driving to school or participating in any extra-curricular activities, and hereby, voluntarily agree to be subject to its terms for the entire high school career (grades 9-12). I accept the method of obtaining urine specimens, testing and analysis of such specimen, and all other aspects of the program. I agree to cooperate in furnishing urine specimens that may be required from time to time.

I further agree and consent to the disclosure of the sampling, testing and results provided for this program. This consent is given pursuant to all State and Federal Privacy Statutes, and is a waiver of rights to non-disclosure of such test records and results only to the extent of the disclosures in the program. Questions regarding this program should be directed to the building principal at the OVHS.

Date	Student Printed Name	Student Signature
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Date	Parent /Guardian Signature
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OPTION B:

I have received and (and have read and understand) a copy of the Owen Valley High School Extra-Curricular Activities and Student Driving Drug Testing Program. I **do not** desire that my student participate in student driving or any extra-curricular activities sponsored by Owen Valley High School at this time. In order for him or her to participate in any extra-curricular activity or student driving at a later date, I understand that I must consent to his or her participation in the program and sign a consent form.

Date	Parent Printed Name	Parent Signature
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OWEN VALLEY EMERGENCY CONTACT FORM

Required of a student athlete to be on file in the Athletic Department