

February 22, 2021

A Proud Past, A Promising Future

REMINDER TO STUDENTS/PARENTS:

Student e-mail accounts should only be used for schoolwork and educational purposes.

"Never be limited by other people's limited imaginations. If you adopt their attitudes, then the possibility won't exist because you'll have already shut it out... You can hear other people's wisdom, but you've got to re-evaluate the world for yourself."

— Dr. Mae C. Jemison (First African American Female Astronaut)

MONDAY, FEBRUARY 22

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

TUESDAY, FEBRUARY 23

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

- Varsity Baseball Scrimmage @ Batesburg-Leesville - 5:30 p.m.
- Varsity Girls Soccer Pre-Season @ Greenwood 6 p.m.

WEDNESDAY, FEBRUARY 24 VIRTUAL LEARNING DAY

THURSDAY, FEBRUARY 25

Breakfast –Manager's Choice, Juice, Milk **Lunch** – Manager's Choice, Juice, Milk

FRIDAY, FEBRUARY 26 - Interim Reports Issued

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

SATURDAY, FEBRUARY 27

 Wrestling Individual Upper State Tournament @ West Oak

Good News

CONGRATULATIONS to senior **Darian Bookman** -1000 point scorer - recognized on Thursday, February 13 against Chester (only 6th player to reach 1000 points in school history).

Congratulations are in order for Coach Winch and the MCHS Varsity Boys' Basketball Team for defeating Chester 89-51

Darian Bookman scored 30 points & the team hit (12) 3's as a team.

The Mid-Carolina High Academic Challenge Team competed in an Eastern Seaboard Competition on February 13th. Teams ranged from New York to the Virgin Islands. MC won 2 out of 3 matches in the preliminary rounds and advanced to the playoffs. The first game of the playoffs was against Northwest Woodfield with Mid-Carolina winning 190-160. They advanced to the quarter finals and lost a great match to Stroudsburg High School in Pennsylvania. Reaching the quarter finals qualified the team for Nationals in May. All matches were virtual. Awesome job and congratulations to the players and coaches.

Players who participated: Katie Mae Crooks, Samantha Downs, Jack Gantt, Kendellin Haltiwanger, Jeremy Hollowell, Dakota Ross, Christopher Scott, Harrison Scott, Sabrina Weng

Cafeteria News



All school lunch and breakfast are at NO charge for the remainder of the 2020-2021 school year. Students who choose to

bring their own lunch may still get a fruit, vegetable, fries, or milk at no charge. Also, if you have a negative balance from last year please clear it up asap.

We have meal pickups on Wednesday 10 a.m. until 12 noon. You do not have to register to pick up. Pick up is in the car rider line.

On-going/Upcoming Events

Parents are reminded to use the link on each school's website to report a COVID-related incident. The information requested indicates if your child has symptoms, has tested positive, or has been identified as a close contact or household contact. Thank you for your continued support of our district.

https://www.midcarolinahighschool.org/article/369980?org=mchs



Here is the link for parents and students to donate to our Pennies for Patients campaign. Our campaign runs from February 15 - March 5, 2021.

https://events.lls.org/pages/sc/Mid-CarolinaHighSchool-2021/EmilyJonesMCHS



If you have questions concerning Senior yearbook ads and personal ads please contact Mr. Peter Lewis, plewis@newberry.k12.sc.us.

2020-2021 ACT<u>Test @ MCHS</u>
April 17, 2021

2020-2021 SAT Test @ MCHS March 13, 2021 May 8, 2021 June 5, 2021

SAVE THE DATE MCHS PROM 2021 - Saturday, April 24, 2021

Anyone wanting to be on the Prom Committee needs to contact Mrs. Felker or Mrs. Haltiwanger.



Yearbooks for the 2020-2021 school year have already been ordered. A limited number of extras were ordered.

If you would like for your name to be placed on the waiting list, please contact Mr. Peter Lewis at <u>plewis@newberry.k12.sc.us</u> as soon as possible If you receive a yearbook at delivery, payment of \$75 will be expected at time of issue.

WORD POWER

- M PROMULGATE to publicly proclaim, to announce PRONOUNCEMENT an official statement
- PRUDENT sensible, showing good judgment PUGNACIOUS combative, quarrelsome
- W QUIXOTIC romantic but impractical QUANDARY a dilemma, a state of perplexity
- TH REGAL royal, princely, majestic RENOWN famous, widely known and acclaimed
 - **REPUDIATE** to reject, to renounce **RESILIENT** able to bounce back

Mid-Carolina High School



A Proud Past. A Promising Future.

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

DEALING WITH THE UPS AND DOWNS OF LIFE

If you have ever been on stress and riding an a roller coaster you know it's filled with twists and turns, highs and lows, excitement, anticipation, fear, and relief.

Once the ride starts. there's no turning back. You are along for the ride and how you handle it determines whether it's an enjoyable or miserable experience.

When I talk to people who are struggling in life and wanting to escape, I explain to them that if they were on a roller coaster for the first time and didn't know the roller coaster continued on an upward trajectory after racing towards the ground they would want to jump off and escape to avoid a crash.

Unfortunately that's how a lot of people feel when they are experiencing fear, anxiety and

emotional roller coaster. They try to escape because they feel like they are about to crash.

The key, however, is to not to escape but to keep going, knowing that even though you feel like you are going to crash, you won't, and if you hold on, you'll ride back to the top.

When you remind yourself that ups and downs are a part of life and your current emotional state is just a temporary part of the journey, you won't resist the tough part of the ride. Instead you will flow with it, your emotional state will rise and you'll be on the upswing before you know

On the other hand. some of us don't choose to escape. Some of us, when we feel pressure and stress hold on for

dear life and are miserable the entire time. We hold on so tight that we don't enjoy the ride.

I know this well because at times I have found myself resisting rather than enjoying the ride.

That's no way to live.

So then, how should we ride the roller coaster of life?

If you've ever seen someone who loves roller coasters riding one then you know what enjoying the ride looks like and they give us a picture of how we should embrace the roller coaster of life.

Scream, laugh, smile, cry and feel all the emotions the ups and downs and twists and turns bring.

And most of all...

Put your hands in the air and enjoy the ride!

—Jon Gordon

Faculty

February 22, 2021



Important Dates

2/26 Interim Reports Issued Holiday-Schools/Offices Closed 3/12 3/23 ACT Spring Testing 3/24 SAT Spring Testing 3/30 End of 3rd Nine Weeks Spring Holidays—Schools/Offices Closed (April 2-3rd Make-Up Day) 4/12 Report Cards Issued 4/17 ACT 4/24 PROM (Tentative) Golden Oldies (Tentative) 5/4 5/6 Art Show (Tentative) 5/8 Memorial Day-School/Offices Closed

Rosa Parks

TZUM UOY YOU ARE DOING WHEN IT IS RIGHT.

Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.



Reminders

FACULTY FUND

Don't forget to contribute to the MCHS Faculty Fund. The cost for 2020-2021 is \$15 each.

