

# Altoona-Midway USD 387 Newsletter December 2017

Altoona-Midway Middle/High SchoolDistrict OfficeAltoona-Midway Elementary SchoolDarrin Ashmore, PrincipalBrent Kaempfe, SuperintendentKim Reazin, Principal620-537-7711620-537-7721620-568-5725

Our first nine weeks pastries for parents and school assembly was held Friday, October 27<sup>th</sup> The High Flyer Award was presented to:

Preschool:

Toryn Ellsworth comes to school everyday with a big smile on his face. He is very polite and always willing to help his teachers and friends. He is always excited to learn and try something new. Toryn is very outgoing and likes to be active. He is great at getting his work done in class and ready for more! Keep up the great work Toryn! Very proud of you! Toryn's favorite thing about school is that it is fun, he likes to play hide and seek at home and when he grows up he wants to be a policeman. Toryn is the grandson of Mitzi Jordan.

Maci Hawkins always has a smile on her face. She loves singing and dancing. She knows all her letters and numbers! She is a great friend! Maci is very curious and always wanting to know more. Maci is very active and always ready for whatever is next! Keep up the great work Maci! You are doing great! Maci's favorite thing at school is coloring, when she is at home she likes to play and when she grows up she wants to be a mom. Maci is the daughter of Tanner Browne and Biranda Ketron.

The kindergarten High Flyer is Amanda Kierych. She has shown the ability to make the right choice when many others are going the other way. Amanda has worked really hard this year and never gives up! I'm lucky to have such a great role model in my classroom! Amanda likes to learn at school, when she is at home she likes to play tag and when she grows up she wants to make necklaces. Amanda is the daughter of Rose Holland.

The first grade high flyer is Destiny Raymond. Destiny comes to school every day with a great attitude and ready to learn. She is friendly to others and always willing to help a friend. She listens well and follows directions the first time and is very responsible and dependable. I love how self-motivated she is to learn new things and how her little grin makes everyone's day just a little brighter. Destiny likes doing her morning work at school, when she is at home she likes to spend time with her family and when she grows up she wants to be a P.E. Teacher. Destiny is the daughter of Tim and Tonia Raymond.

The 2<sup>nd</sup> grade high flyer is Katherine Tindle; she has been a great addition to our second grade class this year. Her infectious smile and determination are always present. Even when she is struggling with a new concept in Math or Spelling, she has a very positive attitude. She always works hard in her studies. Katherine is also a great friend to everyone in the classroom and is always willing to sit with or work with anyone of her peers in class without complaint. She has already made progress in some of her grades and I know that with her continued hard work, she will soar! Katherine's favorite subject is science, at home she likes to play with legos and when she grows up she wants to be a veterinarian. Katherine is the daughter of Randall and Ashley Tindle.

The third grade high flyer is Peyton Drake, she goes above and beyond and works hard every single day! She is a kind and respectful student who always follows the rules and takes responsibility for her learning. She is very helpful and encourages others to stay on the right track. Peyton wants to see others succeed and is a very positive influence in the classroom! Peyton's favorite subject is math, when she is at home she likes to play with her dolls and when she grows up she wants to be a chef. Peyton is the daughter of Michael and Tabetha Drake.

The 4<sup>th</sup> grade high flyer is Presley Tarlton, she always has a positive attitude, and does her best work on every assignment. She follows directions the first time, and is always willing to help out if needed. She is a leader and encourages other students to follow directions as well. She is very thoughtful and kind, and a good friend to others. Great work Presley! Presley's favorite subject at school is math, when she is at home she likes to play with her dolls and when she grows up she wants to be a veterinarian. Presley is the daughter of Jason and Jessica Tarlton.

The kitchen staff wanted to present an award for the most polite student during breakfast and lunch. This award was presented to Maddox Nalley.







# Second Quarter TopGun Recipients!

#### ALTOONA-MIDWAY HIGH SCHOOL TOPGUN

Jesse Bauer is the son of Anthony and Heather Bauer. He is a Senior at Altoona-Midway MS/HS, and has earned the High School TopGun Award. Teachers selected Jesse for this award because he works hard, follows directions and helps other students. Jesse's school activities include FFA and basketball. He has previously participated in FCCLA and football. In addition to school activities, Jesse enjoys fishing, riding horses, spending time with animals and playing card games. Agriculture Business is his favorite class because the subject is interesting to him and he enjoys being an FFA member. Jesse's future career goal is to work in law enforcement.

#### **ALTOONA-MIDWAY MIDDLE SCHOOL 7/8 TOPGUN**

Dalton Smith was selected Middle School 7/8 TopGun by the Altoona-Midway MS/HS staff. He is the son of Dean and Brenda Smith. He was chosen for this award because he helps other students in class. In addition, he also turns in all of his assignments on time and tries his best. Dalton's school activities include playing football, basketball, plus participating in track, scholars bowl and FCCLA. In his spare time, he enjoys playing basketball and watching Netflix. Dalton's favorite subjects are math and science because he is interested in how things work. Currently, Dalton is thinking about becoming an electrical or industrial engineer when he is older.

### **ALTOONA-MIDWAY MIDDLE SCHOOL 5/6 TOPGUN**

Cate Nembhard is the Middle School 5/6<sup>th</sup> grade TopGun recipient selected by the Altoona-Midway MS/HS staff. This 6<sup>th</sup> grader is the daughter of Kynda Faythe and Cecil Nembhard. Cate received this recognition because she is an outgoing, creative, and expressive student. She is very talented with drawing, writing and reading. Cate is helpful to her classmates and knows how to brighten up their day. Cate is also always willing to be honest, tell the truth and be herself. When she is not in school she loves spending time watching videos and playing games. Because she likes drawing and being creative, her favorite class is Art. As of right now, Cate is interested in becoming a graphic artist when she grows up.







# December 2017 USD 387 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All events are subject to change. For updates, like us on Facebook, check our website at usd387.org, or call your school office.				1 -Field Trip to Orizon @ 9 A.M.	2	
3	4 -FFA Family Game Night @ 6 p.m. Ag Building	5 -Vision Screening @ AMES	6 -KCTC Survey	7 -FFA Speech/Ag CDE's @ Iola -AMES Christmas Program @ 6:30 p.m. Prek-4th	8	9
10	11 -Board Meeting @ 7 p.m.	12	13	14	15	16
17	18 -AMHS Band/Choir Christmas Performance @ 7 P.M.	19	20 -End Of 2 <sup>nd</sup> Quarter -Half Day for Students/Teacher Work Day	21	22 Winter Break	23
24	25	26	27 Winter Brea	28 k	29	30
31			winter brea			

Healthy Recipe December 2017

# **BEEF STEW**

# Ingredients:

- 1 pound small new potatoes
- **3** large carrots, halved lengthwise and cut up
- **1** 17 ounce package refrigerated cooked beef tips with gravy
- 1 1/4 cups water
- 1 bunch green onions, chopped
- Fresh or dried thyme



# **DIRECTIONS:**

Rinse potatoes. Halve or quarter large potatoes for fairly uniform size. Place potatoes in a large microwave-safe bowl. Cover with vented plastic wrap and microwave on 100 percent power (high) for 5 minutes. Add carrots; cover and cook for 5 to 7 minutes, just until potatoes and carrots are tender.

In a Dutch oven combine potatoes and carrots, beef tips in gravy, and the water. Cook over medium-high heat just until bubbly around edges. Add green onions. Cover and cook for 5 minutes more or until heated through. Ladle into bowls. Sprinkle with thyme.

#### CHANGE UP:

Substitute 1 pound sweet potatoes, peeled and cut up, for the new potatoes. Along with the chopped green onions, add a handful of chopped kale. Serve the stew with crusty bread or whole grain crackers.



The Altoona-Midway High School volleyball team found the going rough Tuesday night, dropping all three matches in straight sets at the Neodesha Quadrangular.

The Lady Jets were defeated by Neodesha 10-25, 3-25; fell to Eureka 5-25, 6-25; and lost to Yates Center 12-25, 6-25.

"The girls struggled tonight with communication and their serves," said AMHS Head Coach Treasure Hoag. "We sort of had a lack of will at times. We would have some great moments, but then fall flat because we were thinking about too many mistakes.

"But, I am still proud of these girls. They continue to work hard every day at practice," Hoag added.

Against Neodesha, Michaela Kinzle had three kills and 10 digs, while Marley Finley notched seven digs. Jami Sullivan collected three service points, including an ace, and had a kill. Josie Huffman also had an ace for the Lady Jets.

AMHS was not able to get a lot going against Eureka, but Finley finished with a kill and nine digs, Kinzle had two kills and four digs, Jessica Williams had a kill of four digs, and Abby Reaves added a kill.

In the finale against Yates Center, Abby Reaves garnered three kills and 10 digs; Kinzle recorded two kills and seven digs, Finley collected a kill and five digs, and Huffman added five digs.

The Altoona-Midway volleyball squad will travel to Marais des Cygnes this Saturday to compete in Sub-State.



Nutrition And Wellness Newsletter

# Bacteria ... The Unwanted Holiday Guest

Ever have a stomach ache after eating a hefty holiday feast? You may think that you just ate too much, but it could be a case of food-borne illness. Here are ways to handle perishable foods safely and enjoy a healthy holiday! **Planning Ahead for Food Safety:** Prepare perishable foods (those containing meats, eggs, dairy products, and fruit or vegetable mixtures) no more than 1 day before a meal, unless the food will be frozen. For example, assemble a casserole 1 day in advance, put it in the refrigerator, then bake it on the day of the meal, allowing an extra 15 to 20 minutes of cooking time. Similarly, cut up fruits and vegetables for a salad or relish tray 1 day before the meal, then put them in covered containers on refrigerator shelves that are above any raw meat. Purchase fresh turkey products no more than 2 days before the meal. For longer storage, freeze it. Allow 24 hours of refrigerated thawing time for each 5 pounds of food weight. You can leave a thawed turkey in the refrigerator for up to 2 days. Do NOT rinse off the turkey, since that only splashes germs around. Cook a turkey until a food thermometer shows that the thickest part has reached an internal temperature of 165 degrees F.

**Protecting Potluck Foods:** Travel no longer than 30 minutes with perishable foods. Keep hot foods hot by carrying them in insulated containers, or wrap the dish in foil and heavy towels. Place cold foods in a cooler with ice or freezer packs. On arrival, place cold foods in the refrigerator and hot foods in a heated oven to keep them hot. If traveling for longer distances, take non-perishable foods instead, such as uncut fresh fruits, fresh vegetables, crackers, breads or unopened beverages.

**Serving Strategies:** Do not leave perishable foods at room temperature for longer than 2 hours, including preparation, travel and serving time. Avoid adding fresh servings to perishable foods that have been sitting out. Instead, replace empty dishes with fresh foods in clean dishes. Serve small bowls or trays of foods with about the number of servings that will be eaten in 30 minutes or less.

**Keeping Leftovers Safe**: Discard perishable foods left at room temperature for more than 2 hours. Refrigerate or freeze hot foods in shallow containers at a depth of 2 inches or less until cool. Eat all perishable leftovers within 4 days, or for longer storage, freeze them. Thaw perishable frozen foods in the refrigerator or heat them in a microwave oven, but do not thaw them at room temperature. If you thaw food in a microwave oven, continue to heat it until it is fully cooked. Reheat hot foods to 165 degrees F. or higher.

# Let's fight the flu together!

Your decision to get the flu shot or not goes well beyond you. It also affects the many lives you touch...

Influenza is a contagious disease of the respiratory tract (nose, throat, and lungs) that can lead to serious complications, including pneumonia and the worsening of other chronic health conditions. Flu symptoms may include fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose, and muscle aches. The best way to protect your family from new influenza strains is to get vaccinated each year.

The top five most virus-contaminated areas in the home are:

- 1. Telephones (have you cleaned your cell phone lately)
- 2. Appliances such as the refrigerator and microwave
  - 3. Faucets
- 4. Light switch and door handles
  - 5. TV remotes



Follow good health guidelines: eat right, exercise, and get plenty of rest to help boost your immunity to fight the effects of colds and flu. Wash hands frequently, do the elbow cough, and disinfect hot spots at school, work, and home. Treat the symptoms if you must, but avoid giving aspirin to children because it may cause a rare but serious illness called Reyes syndrome.

The Altoona-Midway Theater Department wants to send a big shout out to all of those who came out and supported our performance on Friday, November 17<sup>th</sup>!

A note from the Director:

A comedic show that highlights the hilarious and the odd from the Brothers Grimm Fairy Tales, *The Brothers Grimm Spectaculathon*, brought many laughs throughout rehearsals and our performances!

This being my first time directing, I think I had just as much anxiety as the cast and crew did! Over the last 6 weeks, this fabulous group of students put together an amazing show and I could not be prouder of them. While we had a small cast, of five, and crew of 2, the job they did was phenomenal. They all stepped up and took on multiple roles and jobs. I look forward to seeing what the future holds for each of these talents throughout the rest of their high school career and beyond!

Crystal Sizemore

### **CREW** - ELIZABETH BIGPOND & MARLEY FINLEY

CAST

KIMBERLEA DRAKE	IAN FALLER	CAITLIN MAXWELL	KYLEE WADE	JORDANN SHAY
Dirt Merchant	Narrator	Other Actor	Narrator	Actor
Rapunzel	Devil	Rumpelstiltskin	Enchantress	Girl
Hansel	Prince 1	Gretel	Magic Mirror	Dwarf 1
Snow White	Witch 1	Dwarf 2		Long Lawrence
Lean Lisa	God	Devil 2		Witch 2
The Devil's	Prince 2	Cinderella		Doctor
Grandmother				Wicked Stepsister 1



Dwarf 1 Long Lawrence Witch 2 Doctor Wicked Stepsister 1 Wicked Stepsister 2 Wicked Stepmother The Birds Cinderella Mac Herald Prince Charming

Photo taken right before the performance began on Friday night!





# **AMES Honor Roll**

<u>2<sup>nd</sup> Grade:</u> Khaleb Becher Chance Mustain <u>3<sup>rd</sup> Grade:</u> Peyton Drake Stephanie Dorsey Addie Finley Karina Siefkes Lizzy Lockhart Mika Parsons Janice Pierce Jaydin Pierce Ada Hufford

# 4<sup>th</sup> Grade:

Lexyn Bracken Shelbi Bryant Abby Relph Eryn Tíger Ava Tíndle Braxton Wíttlake Andrew Wríght

# **AMHS High Honor Roll**

## 12<sup>th</sup> Grade:

Ashleigh Baker Elizabeth Bigpond Haleigh Culbertson Ian Faller Savannah LaCrone David Rodriguez Jessica Williams

# 11<sup>th</sup> Grade:

Erin Drybread Rianna Ingle Michala Kinzle Caitlin Maxwell Wyatt Nalley Anna Pierce

# <u>10<sup>th</sup> Grade:</u> Caden Carter Abígaíl Lockhart Kylee Wade

<u>9<sup>th</sup> Grade:</u> Joshua Meígs Sophía Willard

# **AMHS Honor Roll**

12<sup>th</sup> Grade:

Seth Cowles Marley Finley <u>11<sup>th</sup> Grade:</u> Clement Huffman Skylar Roby Jordann Shay

<u>10<sup>th</sup> Grade:</u> Dawson Ashmore

# Middle School "A" Honor Roll

## 5<sup>th</sup> Grade:

Sophia Dannels Olivia Goodwin Emmalynn Pupanek Autumn Raymond

## 6<sup>th</sup> Grade:

Kaylene Dorsey Heather Lane Jacob Meígs Summer Raymond Carolína Tarlton

## 8<sup>th</sup> Grade:

Tíffany Kuhn Alyssa Relph

# Middle School "A-B" Honor Roll

<u>5<sup>th</sup> Grade:</u> Aaryn Maple <u>6<sup>th</sup> Grade:</u> Karíssa Cook Ava Hufford Cate Nembhard <u>7<sup>th</sup> Grade:</u> Alaura Maple <u>8<sup>th</sup> Grade:</u> Karína Sanchez



### Minutes of Board Meeting Wilson County

Meeting Held At: District Office

Board Members Present:	President – David Hutchison	Member: Lynsee Relph Member: Dandell Nelley
	Vice President – Rita Drybread Member: Sharon Frankenbery	Member: Randall Nalley Member: Billy Graham
	Member: Wendy Wade	

The regular meeting of USD 387 Board of Education was held October 9, 2017 at 7:00 p.m., at the District office. All board members were present. Others that attended were Kim Reazin, Brent Kaempfe, Darrin Ashmore, and Reyna Almond, Board Clerk.

## Approval of Agenda

Billy Graham moved, Rita Drybread seconded the motion to approve the agenda with the following being struck from the agenda: Chelcey Sexton's Career Cruising report and the Site council update. Carried 7-0.

## Consent Agenda

Randall Nalley moved, Billy Graham seconded the motion to approve the consent agenda. Carried 7-0.

## **Comments from the Public**

None

**Reports and Presentations** 

## Sharon Frankenbery: ANW Co-op

**Board Meeting Date: October 9, 2017** 

Sharon reported on the September 13th board meeting as follows:

Board training was provided by Sarah Loquist, attorney with KASB.

The training covered board member basics of special education and section 504 and the roles of the inter-local along with changes to KOMA. She also provided board members a guide sheet for making proper motions for going into executive session. These suggestions were given to the USD 387 BOE members and Board clerk.

Following the 3 hour training session the regular monthly meeting took place.

The updated VI-B federal grant assurances were approved.

A motion was made and approved to not accept the resignation of Todd Haraughty. Motion was made and approved to have Sarah Loquist write a letter to the Professional Practices Commission to hold the license of Mr. Haraughty for one year.

Approved the hire of several licensed staff personnel and classified personnel.

## District-Wide Issues-Brent Kaempfe

- The Homecoming was outstanding
- Mr. Kaempfe will be attending the KSDE conference in Wichita October 11-13
- Mr. Kaempfe and Ms. Faythe will be meeting in the next couple of weeks to discuss grant activities for the Spring semester
- Both Mr. Kaempfe and Ms. Faythe attended the Grant conference in Wichita. The Kansas out-of-school conference offered many new ideas for grant activities.

## MS/HS - Darrin Ashmore

- Great Homecoming! Kudos to the Marias des Cygnes team-they were respectful and were great representatives to their school
- There was 100% participation from the Senior class during Spirit Week
- The Frank Kennedy Field dedication plans are under way
- 44 out of 47 articles from the months' activities were printed in the newspaper
- Preliminary numbers for Basketball are as follows: 8 girls and 9 boys have signed up
- The track is finished. The scoreboard has arrived.
- New cheerleading uniforms have been ordered
- Recommended MS football Coach Randy Almond for next year

## AMES – Kim Reazin

- Pre-K thru 4<sup>th</sup> grade attended Old Iron Days
- AMES had their first family night on Sept 25<sup>th</sup>---80 adults and students attended. The next family night will be November 6th
- Dr. Randy Watson, Commissioner of Education, visited the school on September 27th
- 3<sup>rd</sup> grade class attended the water festival
- Parent-teacher conferences are the 18<sup>th</sup> and 19<sup>th</sup> of October
- Red Ribbon Week will be celebrated October 23<sup>rd</sup> thru the 27<sup>th</sup>. The Wilson County Sherriff's office will conduct an assembly on the 23<sup>rd</sup>. Each day, the students will have a chance to dress up differently. They will also receive red ribbons.
- Pre-K thru 1<sup>st</sup> grade will be going to the pumpkin patch on October 12th
- The end of the 9 weeks' assembly will be on the 27<sup>th</sup>
- Halloween parties will be on the 31<sup>st</sup> and the students will make their annual walk to the fire station. Also, students are guessing the weight of the pumpkin brought in by Mrs. Reazin's brother. The winner will receive a prize

## **Old Business**

## **Greenhouse Update and Construction Crew**

Mr. Robert Pearce sought out bids for the construction of the new greenhouse. He received one bid. Quality Home Improvements from Fredonia, KS was awarded the bid to construct the new greenhouse.

## **Board Policy Review**

Lynsee Relph moved, Sharon Frankenbery seconded the motion to **approve the following board policy GAAF** – **Emergency Safety Intervention (ESI) and GACC-Recruitment and Training.** Carried 7-0. Policy GACCA, dealing with nepotism, will be on next month's agenda after a follow up with KASB.

## **Snow Rails on HS Roof**

A-lert submitted an estimate for the snow rails and will be added across the front entryway by the end of October.

## New Business

## November Elections

The school board elections will be November 7<sup>th</sup>. Lynsee Relph is on the ballot. Mr. Kaempfe will check with Rhonda Willard, County Clerk, regarding the write-in votes.

#### **New Board Training**

Mr. Kaempfe will check with KASB on offering new board member training this fall. There will be more details at the November BOE meeting.

#### **Superintendent Evalution**

The board will conduct the Superintendent's evaluation at the December meeting.

#### **Site Council Meeting**

Postponed due to weather

#### **Board and Superintendent Strategic Planning Meeting**

The current strategic plan ended the 2016-17 school year and several things were accomplished. The board decided to meet on Saturday December 9<sup>th</sup> to plan and set goals for the next three years.

#### National Clean Diesel Rebate Program

The board decided not to have Mr. Kaempfe write an EPA grant for a new bus. Instead, the board would like to purchase four vans. Billy Graham moved, Lynsee Relph seconded the motion to **allow the Superintendent to seek bids** for the purchase of four vans. Carried 7-0

#### **Frank Kennedy Dedication**

Sharon Frankenbery moved, Lynsee Relph seconded the motion to **allow the naming of the track and field the Frank Kennedy Field.** Carried 7-0. Plans are underway for a dedication ceremony to be held in conjunction with the last home football game of the season.

#### **Personnel**

Rita Drybread moved, Randall Nalley seconded the motion to accept the resignations of Tabetha Drake as Title I teacher's aide and Katelyn Walker as HS Track Coach. Carried 7-0.

David Hutchison moved, Billy Graham seconded the motion to go into executive session for the purpose to discuss non-elected personnel for possible employment. (Included Kim Reazin, AMES Principal and Superintendent) Carried 7-0. The meeting reconvened at 8:30 p.m. Billy Graham moved, Sharon Frankenbery seconded the motion to hire Brenda Ogle as the Title I teacher's aide. Carried 7-0. Rita Drybread moved, Lynsee Relph seconded the motion to table the HS Boys basketball assistant coach recommendation until the November meeting. Carried 7-0

President David Hutchison called a five-minute recess. The board meeting reconvened at 8:40 p.m.

#### **Executive Session**

David Hutchison moved, Billy Graham seconded the motion to **go into executive session for the purpose of discussing legal counsel updates on teacher termination.** (Included Superintendent and AMHS principal, Darrin Ashmore) Carried 7-0. The meeting reconvened at 8:45 p.m.

Meeting Adjourned at 8:49 p.m.

### **Announcements**

Regular Meeting: Monday, November 13, 2017 at 7:00 p.m. November 10<sup>th</sup> – Veteran's Day luncheon and assembly November 15<sup>th</sup> - Community Thanksgiving Dinner 12:00 p.m. RSVP to Clydene by November 10<sup>th</sup>

# Page 4 27th Annual Good News Cookbook Back-to-Back win for Chanute native, Helen Travis!

## Helen received a \$1000 grocery spree from G&W Foods!

Every year starting in August, the Good News staff gears up for the annual Cookoff. It is one of our favorite times of the year and I think it's safe to say it's our readers favorite time as well. Each year, we try to make it bigger and better and this year was no different. We had an amazing team put together a successful cookoff, but most importantly we had wonderful advertisers, sponsors and recipe submissions. The certificates and gifts get better each year and the contestants look forward to use their prizes from local advertisers.

The morning of October 7, was a beautiful fall morning, with the sun peaking over the trees and the coffee brewing as fifteen excited contestants showed up one by one in hopes their dish would win the \$1000 grocery spree from G&W Foods! The Good News staff greeted each contestant, some first-timers, some repeat finalists, but each as anxious as the last.

After each dish was accounted for and the contestants had left the building, the judges were given instructions for their respective category. The judges have no idea whose dish they are critiquing, as names, addresses and phone numbers are removed. Each judge is basing their decision solely on taste, presentation and culinary expertise. A category winner is selected, then each judge returns to taste each category winner dish. A vote is then tallied for the grand prize winner.

Every year, the final decision is a hard one, as each dish is worthy of the "grand prize" title, but only one person can claim that title. After a lengthy discussion, votes were collected and a \$1000 grand prize winner was soon to be in our presence.

As the contestants began returning to the cookoff, the staff was overly excited to not only announce the first place winner, but also a newly added second place prize winner!

Once all the contestants were seated, they anxiously awaited for each catergory results. General Manager, Penny Coy, announced each finalist and category winner, with all fifteen contestants receiving an envelope filled with certificates and gifts from local advertisers.

Good News was fortunate to have Floyds' Market out of Sedan sponsor and donate the second place prize. It has been several years since Good News has done a second place prize and we were overjoyed to announce Peggy Smith of Caney as the second place winner with her Carrot Cake recipe.

"I have been making this Carrot Cake recipe for well over 50 years. My family requests it for birthdays and holidays," said Peggy. Peggy is no stranger in the kitchen, as cooking, baking and can-



Grand Prize Winner, Helen Travis stands with the Good News Staff and G&W Foods representative, Brad Boyer. L-R: Sara Shively, Kelli DeWitt, Helen Travis, Brad Boyer, Penny Coy, David Soles, Amy Dollar.

ning are among her favorite things to do. Her Carrot Cake recipe recently won the Blue Ribbon at the 2017 Coffeyville Fair. Her cake then sold for a whopping \$160, in which she generously donated to Harry Hines Memorial Hospital.

Although Peggy loves to cook and bake, this was her first time she entered the Good News cookoff. She was always unsure about the process and whether or not she had a winning recipe. Peggy stated, "I'm very thankful for the opportunity to participate. Anyone who is thinking about entering should definitely enter, because you never know!"

She was thrilled to win \$300 worth of groceries from Floyds' Market in Sedan. She said she is a frequent customer, especially since she can find their insert in the Good News. She said, "Floyds' has everything you could need and if they don't have it, they are willing to order it. I love their meat selection and the friendly atmosphere."

G&W Foods spokesman, Brad Boyer, announced the grand prize winner for 2017. The Grand Prize winning recipe was Easy Pizza submitted by Helen Travis. Helen was our 2016 grand prize winner - making this her second big win in just two years. Last year was the first year she entered the Good News cookoff and we are sure glad she gave it a shot. Her cooking skills are among the best in the area. Helen said the winning recipe, Easy Pizza, is an old family favorite. She was genuinely shocked when she heard her name announced for the 2017 Grand Prize winner. Helen's son said, "I'm not surprised you won, it's really good, Mom!" According to Helen, her husband and her son love the Easy Pizza dish and even suggested she enter it in this years cookoff. Helen said she will be utilizing her winnings at the Chanute G&W Foods, "I shop there all the time anyhow, so I'm excited to get this," she said. Good News is humbled and appreciative of G&W Foods donat-

Good News is humbled and appreciative of G&W Foods donating a \$1000 worth of groceries to the 2017 Grand Prize Winner. G&W Foods is a full service grocer with FIVE locations in the Good News area. Their prices are affordable and their service is unbeatable. If you do not already shop G&W Foods, you should reconsider your next shopping trip. G&W Foods has a location in Chanute, Cherryvale, Independence, Neodesha and Oswego.

Peggy and Helen wanted to extend their sincere gratitude to Floyds' Market and G&W Foods for their generous donations. They also wanted to thank all of the Good News staff for their hard work.



Grand Place Winner, Peggy Smith stands with the Good News Staff. L-R: Kelli DeWitt, Sara Shively, Peggy Smith, Penny Coy, David Soles, Amy Dollar.

# ood News Cookbook

Meat mixture Cheese layer Pepperoni



Continue until finished with ingredients. Cook on high 1 hour or

cook 2 hours on low in slow cooker.

# 2017-2018 ALTOONA-MIDWAY MIDDLE SCHOOL "JETS" <u>BASKETBALL SCHEDULE</u>

# Girls will begin at 5:00. Boys will start after the girls game. If there are "B" games, those games will begin at 4:00. Times are subject to change

Mon. Nov. 13	FLINTHILLS	ROSALIA	5:00 P. M.
Mon. Nov. 20	OSWEGO	HOME	5:00 P. M.
Mon. Nov. 27	ST. PAUL	HOME	5:00 P. M.
Mon. Dec. 4	СНЕТОРА	СНЕТОРА	5:00 P. M.
Thur. Dec.7	MARAIS DES CYGNE	MELVERN	5:00 P.M.
Mon. Dec. 11	THAYER	HOME	5:00 P. M.
Tues. Dec. 12	MARMATON VALLEY	HOME	5:30 P.M.
Thurs. Dec. 14	ST. PATS	HOME	5:00 P.M.
Mon. Jan. 8	OSWEGO	OSWEGO	5:00 P.M.
Thurs. Jan. 11	ST. PATS	PARSONS	5:00 P. M.
Thurs. Jan. 11 <b>Thurs. Jan. 18</b>	ST. PATS CHETOPA	PARSONS <b>HOME</b>	5:00 P. M. <b>5:00 P. M.</b>
,			
Thurs. Jan. 18	СНЕТОРА	НОМЕ	5:00 P. M.

# 2017-2018 **ALTOONA-MIDWAY HIGH SCHOOL Boys and Girls BASKETBALL SCHEDULE** TIMES ARE SUBJECT TO CHANGE GIRLS PLAY FIRST FOLLOWED BY THE BOYS

Dec. 1	HARTFORD	HARTFORD	6:00 P.M.
DEC. 4-8	YATES CENTER	YATES CENTER	TBD
TUES. DEC.12	FLINTHILLS	ROSALIA	6:00 P. M.
FRI. DEC. 15	СНЕТОРА	СНЕТОРА	6:00 P.M.
FRI. JAN. 5	СНЕТОРА	НОМЕ	6:00 P.M.
TUES. JAN 9	SOUTHEAST	НОМЕ	6:00 P.M.
FRI. JAN. 12	CREST	НОМЕ	6:00 P.M.
JAN. 16-21	PLEASANTON	PLEASANTON	TBD.
FRI. JAN. 26	OSWEGO (HOMECOMING)	HOME	6:00 P.M.
TUES. JAN. 30	MARMATON VALLEY	MORAN	6:00 P. M.
FRI. FEB. 2	PLEASANTON	НОМЕ	6:00 P.M.
FRI. FEB. 9	ST. PAUL	НОМЕ	6:00 P.M.
TUES. FEB. 13	UNIONTOWN (SENIOR NIGHT)	НОМЕ	6:00 P.M.
FRI. FEB. 16	JAYHAWK-LINN	MOUND CITY	6:00 P.M.
TUES. FEB. 20	NORTHEAST	ARMA	6:00 P.M.
FRI. FEB 23	MARAIS DES CYGNES VALLEY	MELVERN	6:00 P.M.
FEB 26- MARCH 3	SUB-STATE TOURNAMENT	TBD	TBD