



Dr. Lindsey Hall, Superintendent
Mahomet-Seymour Schools

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December 4, 2020

HELLO BULLDOG FAMILIES!

BEGINNING FRIDAY, DECEMBER 4:

Mahomet-Seymour Schools will follow the guidance from CDC and C-UPHD as outlined below for all student/staff who are exposed to Covid-19.

A couple of things to keep in mind:

- Please contact District Nurse Nita Bachman immediately at: nbachman@ms.k12.il.us or 217-493-0699, if you or your student test positive for Covid-19, or have been exposed. She will talk you through the process for school, and will communicate directly with Champaign-Urbana Public health.
- If you live in the same household with the person who has tested positive, the quarantine period is an additional 10 days from the last day of the positive person's isolation period.
- You or your student will NOT be allowed back in school until we receive a release letter from C-UPHD. The letter will come to your email, which you may forward to us at these email addresses:
 - MPE – MPEdocuments@ms.k12.il.us
 - Lincoln Trail – Ltdocuments@ms.k12.il.us
 - Jr High – JHdocuments@ms.k12.il.us
 - High School – Hsdocuments@ms.k12.il.us

Based on updated guidance from the Centers for Disease Control and Prevention, CUPHD will implement a 10-day quarantine for persons identified as close contacts to someone with COVID-19. Quarantine can end after Day 10 without testing and if a person does not have symptoms. For persons that choose this option, CUPHD recommends testing on day 10 and self-monitoring of symptoms through day 14. If symptoms develop at any time, individuals should go for testing immediately.

People can also be released from quarantine with a negative test collected on day 7 or after of your quarantine. In order to be released from quarantine and receive a release letter from Public Health, the individual must send an email to coronavirus@c-uphd.org with the following information:

- SUBJECT: Release from Quarantine
- Full name
- Phone Number
- Proof of negative test result (must have test collection date)

*Please note that requests with incomplete information will not be processed. CUPHD will not look up proof of negative tests for people, you must provide the proof of negative test to us or complete the full 10 day quarantine.

“Committed to Excellence”

Our contact tracing team will process these release requests and follow-up with any questions that we have. You will receive a release letter to the email that you provided within 48 hours of your request. If you are currently under quarantine and being monitored by CUPHD, you can request a shortened quarantine by emailing coronavirus@c-uphd.org with the following information:

- SUBJECT: Shortened Quarantine
- Full name
- Phone number

We will look in to these changes and contact you if we have questions. Please allow 48 hours for these requests to process. If you have questions about your new quarantine end date, please call 312-777-1999.

Thank you!

Dr. Lindsey A. Hall

Superintendent of Schools

Please don't hesitate to contact Mahomet-Seymour District Nurse, Nita Bachman at: 217-493-0699 with any questions or concerns.