

## MEDICATION GUIDELINES

Medications given during school hours will be only those necessary to help a student maintain an optimal state of health to enhance his/her educational plans. According to Indiana law, for school personnel to administer any medication at school, written permission is required from a parent/guardian and a physician. The pharmacy label on the original medication container can serve as the physician's written order and permission.

It is preferred that an adult bring in any prescriptive medication that a child is to take at school. Medications classified as a "controlled substance" (for example Ritalin, Concerta, Adderall etc.) must be brought to the school by an adult. Students will not be permitted to carry these medications to and from school.

In most cases, medications must be kept in the nurse's office. An exception may be made for an inhaler to be kept with a student with asthma.

No medication should be sent to school unless it is absolutely necessary.

Medication that is prescribed three times a day can usually be given before school, after school, and at bedtime. This would eliminate having to send medication to school.

Prescription medications as well as over the counter medications **should be in the original container** if they are sent to school. If it is necessary to send antibiotics or other prescribed medications to school, please only send enough in a prescription labeled container since the nurse cannot return medication to the child to take home. If sending over the counter medication, send it in the labeled container and only enough to be given at school. The empty container will be returned.

When medication is sent to school, please send a note with the medication giving permission for it to be given. If medicine is given before school, please note the time it was given along with the permission.

Herbal and homeopathic preparations that are not FDA approved will not be given at school.