

WINTER SPORTS ARE BACK!!

Winter sports, including **JV/Varsity boys and girls Basketball, Modified Basketball and Modified/JV/Varsity Wrestling**, were approved to begin on January 22. There are significant changes to the winter season; please see below for important updates.



The regular season (**JV/Varsity**) will run from **February 1 - March 6** with sectionals taking place the week of March 8, pending approval. The **Modified season** will run from **February 8 - March 12**.

If you have not yet registered your child for winter sports, please do so as soon as possible. The **FamilyId link** is available on the Lyndonville website under "Athletics- Online registration for sports".

NYS Department of Health (NYSDOH) and NYSPHSAA provided guidance for **Student-Athletes** and Teams:

- Students should stay 6 feet apart when possible. If a shorter distance is required by the athletic activity, students should wear face coverings as tolerated.
- Face coverings are REQUIRED for coaches, staff and players not engaged in physical activity if closer than 6 feet.
- Students should tell coaches immediately when they are not feeling well.
- Students should wear their own appropriate workout clothing and not share.
- Individual clothing/towels should be brought home to be cleaned after every workout.
- Students are required to bring and use their own labeled water bottle.
- Students should drink fluids before, during and after practice/games and follow established guidelines for hydration.
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NYSDOH and NYSPHSAA set the following protocol for **Parents/Guardians** during all events:

- Spectators must maintain 6 feet of physical distance between individuals/families at all times.
- Face coverings are required when indoors, providing individuals are over the age of 2 and medically able.
- **TWO spectators per athlete will be allowed at HOME games ONLY.** The league has developed a Spectator Pass that will be given to each athlete prior to events.
- Families should ensure student's personal items are clearly labeled.
- Families should clean/disinfect athletes personal equipment regularly.
- Spectators will NOT be allowed in the building more than 15 minutes before the game.
- Spectators must leave the gymnasium between games/events.

Athletes/spectators are NOT permitted to attend any athletic event if they have tested positive for COVID-19, have a fever or exhibit any symptoms.



- Practice/Event schedules are on the Lyndonville website under Athletics - **Athletic Schedules**.
- Athletic study hall is available Monday - Friday from 2:15 - 3:15 p.m.

How do fans watch HOME events?

Go to Lyndonville's website under Athletics - **Lyndonvilleyoutubechannel**.

How do fans watch AWAY events?

Go to Lyndonville's website under Athletic Schedules and click the **rschool** link.

Questions? Please contact Mr. Zeliff, Lyndonville Athletic Director, at zeliff@LCSDK12.org or (585) 765-3143.