

**MENU IS SUBJECT OT CHANGE DUE TO AVAILABILITY:**

**NOTIFICATION STATEMENT: The St. Helena Parish Child Nutrition does not purchase Peanuts or Peanut Butter for meals; however, some products**

**sold may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.**

**\*\*\*According to the new meal pattern, meals will be served in portion size, which divided into the grade group for the selected schools.**

**The grade groups consist of PK-6th and 7th-12th. Each school must serve the correct portion in order to be in compliance.**

**Pop Tarts 3.53oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Pancake Wrap 2.85oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**French Toast Sticks 3.3oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

BREAKFAST PRICES

STUDENTS—FREE

TEACHERS--$2.50

AT COST--$3.00

**Turkey Sausage on Bun 2.25oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Mini Waffles 2.85oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Pop Tarts 3.53oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Pancake Wrap 2.85oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**French Toast Sticks 3.3oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Turkey Sausage on Bun 2.25**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Cereal & Graham Crackers 2oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Mini Pancakes 3oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Crunch Mania 2oz**

**Canned/Fresh Fruit 1/2**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Banana Muffins 2oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Mini Waffles 2.85oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Pop Tarts 3.53oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Pancake Wrap 2.85oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**French Toast Sticks 3.3oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Turkey Sausage on Bun 2.25oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

**Sweet Potato Swirls 2.7oz**

**Canned/Fresh Fruit 1/2 Cup**

**100% Fruit Juice 4oz**

**FF/1% Milk Choice 8oz**

**White, Chocolate, Strawberry**

HAPPY

NEW

YEARS

**JANUARY 2021**

St. Helena School District