

**cameron schools**  
**002 - PARKVIEW ELEMENTARY**  
**Cameron R-1 Breakfast**  
**Feb. 2021**

Jan 19, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 1 ***POPTARTS *Goldfish graham *JUICE-VARIETY *PINEAPPLE *MILK	Feb - 2 *Blueberry Mini Loaf *Cheese stick *JUICE-VARIETY *Raisins *MILK	Feb - 3 *Cinnamon Toast Crun *JUICE-VARIETY *APPLESAUCE 1/2 C *MILK	Feb - 4 *PANCAKES, WG *JUICE-VARIETY *PEACHES, 1/2 CUP *MILK	Feb - 5 *Donuts package *JUICE-VARIETY *Blueberries *MILK
Feb - 8 *CINNAMON ROLL, IN *JUICE-VARIETY *MANDARIN ORANG *MILK	Feb - 9 *MUFFIN *JUICE-VARIETY *FRUIT COCKTAIL *MILK	Feb - 10 *YOGURT *Goldfish graham *JUICE-VARIETY *Strawberries, Frozen *MILK	Feb - 11 *MINI WAFFLES *JUICE-VARIETY *PINEAPPLE *MILK	Feb - 12 *Breakfast Funnel Cak *JUICE-VARIETY *PEARS *MILK
Feb - 15 *NO SCHOOL TODAY	Feb - 16 *CEREAL BAR *Cheese stick *Raisins *JUICE-VARIETY *MILK	Feb - 17 *Cinnamon Toast Crun *JUICE-VARIETY *APPLESAUCE *MILK	Feb - 18 *PANCAKES, WG *JUICE-VARIETY *PEACHES, 1/2 CUP *MILK	Feb - 19 *Donuts package *JUICE-VARIETY *Blueberries *MILK
Feb - 22 *Mini Bagels *JUICE-VARIETY *MANDARIN ORANG *MILK	Feb - 23 *MUFFIN *JUICE-VARIETY *FRUIT COCKTAIL *MILK	Feb - 24 *YOGURT *Goldfish graham *JUICE-VARIETY *Strawberries, Frozen *MILK	Feb - 25 *MINI WAFFLES *JUICE-VARIETY *PINEAPPLE *MILK	Feb - 26 *Breakfast Funnel Cak *JUICE-VARIETY *PEARS *MILK

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	448	350-500	100%	Sugars	26.32* g	23.48%	
Cholesterol	17 mg			Protein	11.82* g	10.54%	
Sodium	353 mg	540		Carbohyd	79.15 g	70.61%	
Fiber	2.87* g			Tot. Fat	9.23 g	18.53%	<10.00%
Iron	1.22* mg			Sat. Fat	4.18 g	8.39%	
Calcium	347.93* mg						
Vitamin A	707* IU						
Vitamin C	23.45* mg						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**cameron schools**  
**002 - PARKVIEW ELEMENTARY**  
**Cameron R-1 Lunch**  
**Feb. 2021**

Jan 19, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 1 *BBQ RIB SANDWICH *CORN *Blackberries, Frozen *MILK	Feb - 2 *Cheeseburger Meatlo *SCALLOPED POTAT *Mango Cup *DINNER ROLL *MILK	Feb - 3 *Calzone *CARROTS *PEARS *MILK	Feb - 4 *Mini Chicken Tacos *Black Beans *FRUIT COCKTAIL *LETTUCE & TOMAT *SALSA *MILK	Feb - 5 *Chicken Parm Sandwi *BROCCOLI, FRESH *RANCH DRESSING *APPLESAUCE *MILK
Feb - 8 *PORK FRITTER SAN *GREEN BEANS *Apple Cranberry Gelat *MILK	Feb - 9 *CHICKEN PATTY *MASHED POTATO *GRAVY *DINNER ROLL *FRESH APPLE QUA *MILK	Feb - 10 *Swedish Meatballs *Cheddar Goldfish *CARROTS *Cherry Salad *MILK	Feb - 11 *WALKING TACO *Black Beans *Lime Jello with Pears *MILK	Feb - 12 *HOT DOG WITH BU *BROCCOLI, FRESH *RANCH DRESSING *MANDARIN ORANG *MILK
Feb - 15 *NO SCHOOL TODAY	Feb - 16 *BBQ PORK SANDW *BAKED BEANS *APPLESAUCE *MILK	Feb - 17 *CHEESE PIZZA *GREEN BEANS 1/2 C *MILK *CHILLED PEARS	Feb - 18 *TURKEY AND GRAV *MASHED POTATO *Apple Cranberry Gelat *DINNER ROLL *MILK	Feb - 19 *CHEESEBURGER *CARROT & CELERY *RANCH DRESSING *BANANA *MILK
Feb - 22 *Mini Chicken Tacos *Black Beans *Strawberries, Frozen *MILK	Feb - 23 *CHICKEN STRIPS *MASHED POTATO *GRAVY *DINNER ROLL *FRESH APPLE QUA *MILK	Feb - 24 *MINI CORN DOGS *MACARONI AND CH *CARROTS *Cherry Salad *MILK	Feb - 25 *CHICKEN PATTY ON *Sandwich *GREEN BEANS 1/2 C *Apple Cranberry Gelat *MILK	Feb - 26 *HOT DOG WITH BU *BROCCOLI, FRESH *RANCH DRESSING *MANDARIN ORANG *MILK

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	543*	550-650	99%	Sugars	26.50* g	19.51%	
Cholesterol	41* mg			Protein	23.35* g	17.19%	
Sodium	1116* mg	1230		Carbohyd	77.66* g	57.16%	
Fiber	10.14* g			Tot. Fat	16.51* g	27.34%	<10.00%
Iron	3.29* mg			Sat. Fat	5.40* g	8.94%	
Calcium	441.67* mg						
Vitamin A	5309* IU						
Vitamin C	23.70* mg						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.