

Chartwells Health & Wellness Update
2/03/2021 Meeting

We continue to feed Barrington students breakfast and lunch under emergency feeding guidelines that will continue throughout the school year. In addition we are continuing to feed distant learners breakfast and lunch daily.

On February 3rd, 10th and 24th we will be offering Mood Boost recipes and foods for the Elementary schools. We will use Mood Boost paper bags in place of the regular cold food container for choice #2. The bag has a word search on it for students and a “Moodie” sticker will be enclosed. Mood Foods that will be featured will be broccoli, chick peas and carrots.

