



# February - March



Monday	Tuesday	Wednesday	Thursday	Friday
(E) Lucky Charms, String Cheese, 4 oz. Juice, 8 oz. Milk	(E) Cocoa Puff Bar, String Cheese, 4 oz. Juice, 8 oz. Milk	(E) Scooby Snacks, 4 oz. Yogurt, 4 oz. Berry cup, 8 oz. Milk	(E) Cinn Toast Crunch, String Cheese 4 oz. Juice, 8 oz. Milk	(E) Choc. Chip Muffin, String Cheese, 4 oz. Juice, 8 oz. Milk
<b>GRAB AND GO BREAKFAST FOR HS &amp; MS EVERY DAY</b> Come to the Elementary cafeteria 8:10 am to 10:20 am				
<b>1</b> Cherry Chicken 4 oz. Seasoned Rice (HS/MS) 4 oz. Broccoli, (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk	<b>2</b> Turkey Taco on Tortilla Wrap, 1 oz. Cheese, (HS/MS) ¾ cup corn, (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk	<b>3</b> Chicken Nuggets ¾ cup French Fries 4 oz. Fruit Cup 8 oz. Milk	<b>4</b> (E) 2 Cheese Filled Bread Stick w/ Dipping Sauce, ¾ cup Fresh Veggies, (HS/MS) Mozz. Sticks w/ Dipping Sauce and Rotini, ¾ cup Carrots 4 oz. Fruit Cup 8 oz. Milk	<b>5</b> Chicken Patty on Bun, (HS/MS) Stuffed Shells, ¾ cup Carrots (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk
<b>8</b> Chicken Patty on Bun (HS/MS) Stuffed Shells, ¾ cup Carrots (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk	<b>9</b> (E) Cheese Filled Bread Stick w/ Dipping Sauce, ¾ cup Fresh Veggies (HS/MS) Mozz. Sticks w/ Dipping Sauce and Rotini, ¾ cup Carrots 4 oz. Fruit Cup 8 oz. Milk	<b>10</b> Chicken Tenders ¾ cup French Fries 4 oz. Fruit Cup 8 oz. Milk	<b>11</b> Turkey Taco on Tortilla Wrap 1 oz. Cheese (HS/MS) ¾ cup Corn (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk	<b>12</b> Cherry Chicken 4 oz. Seasoned Rice (HS/MS) 4 oz. Broccoli (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk
<b>MID-WINTER VACATION - NO SCHOOL -- FEBRUARY 15 – 19, 2021</b>				
<b>22</b> Tangerine Chicken 4 oz. Seasoned Rice (HS/MS) 4 oz. Broccoli (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk	<b>23</b> Beef Taco on Tortilla Wrap 1 oz. Cheese (HS/MS) ¾ cup Corn (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk	<b>24</b> Mac & Cheese (HS/MS) Cheese Filled Bread Stick and ¾ cup Broccoli (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk	<b>25</b> Spaghetti w/ Meat Sauce (HS/MS) Cheese Filled Bread Stick and ¾ cup Green Beans (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk	<b>26</b> Hamburger on a Bun ¾ cup French Fries 4 oz. Juice Cup 8 oz. Milk
<b>1</b> Spaghetti w/ Meat Sauce (HS/MS) Cheese Filled Bread Stick and ¾ cup Green Beans (E) ¾ cup Fresh Veggies, 4 oz. Juice Cup, 8 oz. Milk	<b>2</b> Hamburger on a Bun ¾ cup French Fries 4 oz. Fruit Cup 8 oz. Milk	<b>3</b> Cheese Filled Ravioli w/ Sauce (HS/MS) Cheese Filled Bread Stick and ¾ cup Carrots (E) ¾ cup Fresh Veggies, 4 oz. Fruit Cup, 8 oz. Milk	<b>4</b> Beef Taco on Tortilla Wrap 1 oz. Cheese (HS/MS) ¾ cup Corn (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk	<b>5</b> Tangerine Chicken 4 oz. Seasoned Rice (HS/MS) 4 oz. Broccoli (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk

<p><b>8</b> Cherry Chicken 4 oz. Seasoned Rice (HS/MS) 4 oz. Broccoli (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk</p>	<p><b>9</b> Turkey Taco on Tortilla Wrap 1 oz. Cheese (HS/MS) ¾ cup Corn (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk</p>	<p><b>10</b> Chicken Tenders ¾ cup French Fries 4 oz. Fruit Cup 8 oz. Milk</p>	<p><b>11</b> (E) 2 Cheese Filled Bread Stick w/ Dipping Sauce, ¾ cup Fresh Veggies (HS/MS) Mozz. Sticks w/ Dipping Sauce and Rotini, ¾ cup Carrots 4 oz. Fruit Cup 8 oz. Milk</p>	<p><b>12</b> Chicken Patty on a Bun ¾ cup Broccoli (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk</p>
<p><b>15</b>  No School In-Service Day</p>	<p><b>16</b> (E) 2 Cheese Filled Bread Stick w/ Dipping Sauce, Fresh Veggies (HS/MS) Mozz. Sticks w/ Dipping Sauce and Rotini, ¾ cup Carrots 4 oz. Fruit Cup 8 oz. Milk</p>	<p><b>17</b> Chicken Nuggets ¾ cup French Fries 4 oz. Fruit Cup 8 oz. Milk</p>	<p><b>18</b> Turkey Taco on Tortilla Wrap 1 oz. Cheese (HS/MS) ¾ cup Corn (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk</p>	<p><b>19</b> Cherry Chicken 4 oz. Seasoned Rice (HS/MS) 4 oz. Broccoli (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk</p>
<p><b>22</b> Tangerine Chicken 4 oz. Seasoned Rice (HS/MS) 4 oz. Broccoli (E) ¾ cup Fresh Veggies 4 oz. Juice Cup 8 oz. Milk</p>	<p><b>23</b> Beef Taco on Tortilla Wrap, 1 oz. Cheese (HS/MS) ¾ cup Corn (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk</p>	<p><b>24</b> Mac &amp; Cheese (HS/MS) Cheese-Filled Bread Stick and ¾ cup Broccoli (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk</p>	<p><b>25</b> Spaghetti w/ Meat Sauce (HS/MS) Cheese Filled Bread Stick and ¾ cup Green Beans (E) ¾ cup Fresh Veggies 4 oz. Fruit Cup 8 oz. Milk</p>	<p><b>26</b> Hamburger on a Bun ¾ cup French Fries 4 oz. Juice Cup 8 oz. Milk</p>