

CoVid-19 Return to Play Acclimatization

After an athlete has tested positive for CoVid-19, there is a return to play acclimatization time period before the athlete can return to game play.

1. A doctor must release the athlete, in writing, to return to practice to the care of the Athletic Trainer.
2. The Athletic Trainer will follow a five stage progression for the athlete before the athlete is permitted to return to full practice.
3. The advancement in these stages is at the discretion of the Athletic Trainer. If positive progress is made, athletes may move several stages at the same time.
4. Prior to returning to a game, an athlete must complete a full contact practice at Stage 5 under the direction of the Athletic Trainer.