

February 2021

LOUP CITY PUBLIC

LUNCH

IN THE OPERATION OF SCHOOL NUTRITION PROGRAMS, NO CHILD WILL BE DISCRIMINATED AGAINST BECAUSE OF RACE, SEX, COLOR, NATIONAL ORIGIN, AGE OR DISABILITY. IF YOU BELIEVE YOU HAVE BEEN DISCRIMINATED AGAINST, WRITE IMMEDIATELY TO THE SECRETARY OF AGRICULTURE, WASHINGTON, D.C. 20250



Fitness Tip: Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

ALL LUNCH MENUS WILL CONSIST A CHOICE OF TWO MAIN ENTREES OR CHEF SALAD, MILK, AND A FRUIT AND VEGETABLE BAR. MUST PICK 3 ITEMS AND ONE HAS TO BE A FRUIT OR VEGETABLE TO QUALIFY AS A REIMBURSIBLE MEAL.

Monday

POPCORN ¹
CHICKEN OR MEATBALL SUB
OVEN POTATOES

HAM AND CHEESE ⁸
FOIL WRAP OR BBQ RIB SANDWICH

SHREDDED PORK ¹⁵
SANDWICH OR CHICKEN STRIPS

BREADED CHICKEN ²²
SANDWICH OR ITALIAN DUNKER



Tuesday

CHICKEN LEG, ²
OR HAM, MASHED POTATOES, CORN, T-ROLL GRAVY

NATIONAL PIZZA DAY ⁹
BACON CHICKEN RANCH OR PEPPERONI PIZZA

CHICKEN PHILLY ¹⁶
OR CORNDOG OVEN POTATOES

SALISBURY STEAK ²³
OR TURKEY, ROLL MASHED, CORN



Wednesday

TACO OR CHICKEN FAJITA ³

HAMBURGER OR PIG IN A BLANKET ¹⁰
BAKED BEANS

FISH STICKS OR CHICKEN STRIPS ¹⁷
BROCCOLI CHEESE

FLAVOR YOUR OWN CHICKEN OR TERIYAKI MEATBALLS & RICE ²⁴



Thursday

BREADED BEEF ⁴
PATTY SANDWICH OR BBQ CHICKEN
OVEN POTATOES

CHICKEN NOODLE ¹¹
OR POTATO SOUP
CHEESE STICK

DELI WRAP OR BREADED PORK ¹⁸
SANDWICH CHIPS

NO SCHOOL ²⁵



Friday

SPAGHETTI OR CHICKEN ALFREDO ⁵
GREENS BEANS
BREADED STICK

NATIONAL TORTILLA ¹²
DAYWALKING TACO
OR CHICKEN NUGGETS

TUNA AND NOODLES OR CHICKEN POT PIE ¹⁹

NO SCHOOL ²⁶

