

# Sheridan School District Quarterly Wellness Meeting

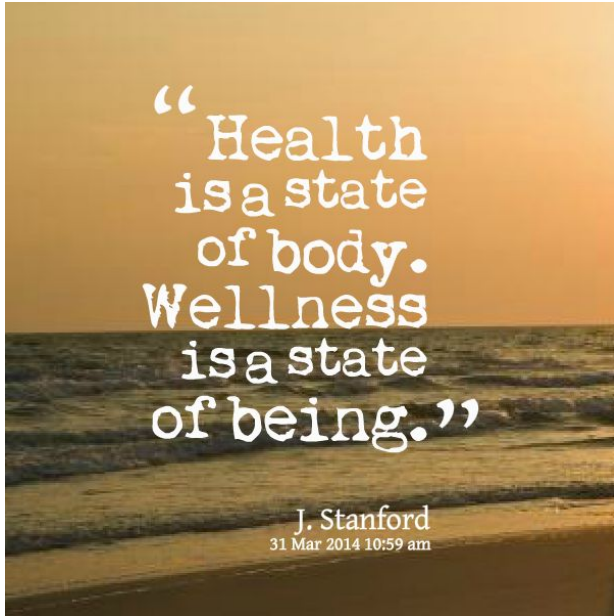
[Via Zoom](#)

January 25, 2021 @ 9:00am



Facilitator	Topic	Intended Results	Minutes
Alisa Gray	Welcome	Welcome committee members Assign Scribe: Lauren Goins Share Good Things	Good Things - The group shared Good Things to open the meeting.
Tiffany Selvey	Food Services	<ul style="list-style-type: none"> <li>Review upcoming school menus</li> <li>Share district food service updates</li> <li>Summer cafeteria plans</li> </ul>	Alisa Gray - School district distributes over 38,000 meals during Christmas Break. Will update the primary schools' kitchens.
Janet Stockton Alisa Gray Ryane Sorey	District News	<ul style="list-style-type: none"> <li>Share district updates</li> <li>Health and Wellness Center</li> </ul>	<p>Alisa Gray - Finishing up the final plan for the School-Based Health Clinic. Construction on the SBHC will start soon and will be operational by next school year.</p> <p>We are in the process of providing "Creating Trauma-Sensitive Schools training for staff. The live dates for the virtual conference are Feb. 15 - February 18, 2021.</p> <p>Alisa Gray - Ryane Sorey got a grant to provide mental health services for staff.</p> <p>Lauren Goins - COVID-19 vaccination clinic last Friday. The clinics went well, and we are</p>

			thankful for local pharmacies for partnering with us. Many staff members posted on social media about getting the vaccine and their gratitude for SSD and the local pharmacies.
Alisa Gray	District Health and Wellness	<ul style="list-style-type: none"> <li>• Required School Health Index Modules to be completed by March 1, 2021 <ul style="list-style-type: none"> <li>○ Module 1- School Health Policies and Environment</li> <li>○ Module 2- Health Education</li> <li>○ Module 3 - Physical Education</li> <li>○ Module 4 - Nutrition Services</li> <li>○ Module 10 - Family Engagement</li> <li>○ Module 11 - Community Involvement</li> </ul> </li> <li>• Status of Health and Wellness Plans</li> <li>• Overcoming the limitations of Y21 <ul style="list-style-type: none"> <li>○ <a href="#">Local School Wellness Outreach Toolkit</a></li> </ul> </li> </ul>	<p>Alisa Gray - Complete the SHI modules.</p> <p>Check your plan status in Indistar and complete submission once the plan is accepted.</p>

Alisa Gray	Launch	 <p>“Health is a state of body. Wellness is a state of being.”</p> <p>J. Stanford 31 Mar 2014 10:59 am</p>	
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January 25, 2021, Via Zoom



Name/Campus Representing	Signature
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Janet Stockton, EEE School Nurse Building Level Wellness Coordinator	<i>Janet Stockton</i>
Beverly Long, SES Assistant Principal Building Level Wellness Coordinator	<i>Beverly Long</i>
Angie Walters, GT Coordinator -EEI Building Level Wellness Coordinator	
Rhonda Bell, SIS PE Teacher Building Level Wellness Coordinator	<i>Rhonda Bell</i>
Alan Westfall, EEM Assistant Principal Building Level Wellness Coordinator	<i>Alan Westfall</i>
Debbie Blend, SMS Physical Education Teacher Building Level Wellness Coordinator	
Kim Scarbrough, SHS Assistant Principal Building Level Wellness Coordinator	<i>Kim Scarbrough</i>
Lincoln Daniels, SSD Deputy Superintendent Co-Chair of District Wellness Committee	
Name/Campus Representing	Signature
Alisa Gray, SSD Director of Federal Programs and Curriculum Co-Chair of District Wellness Committee	<i>Alisa Gray</i>
Tiffany Selvey Food Service/ Chartwell's	
Ryane Sorey SSD Mental Health Coordinator	
Bryce Lunday School Board Representative	

Lauren Goins Communication/Public Information	<i>Lauren Goins</i>
Julie Mayberry Family Representative	
Abby Stockton SHS Student Representative	<i>Abby Stockton</i>
Ruthie Reaves SHS Student Representative	