

Sheridan School District Quarterly Wellness Meeting

SHS Hospitality Room
September 25, 2020



Facilitator	Topic	Intended Results
Lincoln Daniels	Welcome	Welcome committee members and review agenda
	Good Things!	Committee members shared Good Things.
Tiffany Selvey	Food Services	<ul style="list-style-type: none"> Review upcoming school menus <ul style="list-style-type: none"> All students are able to eat for free! House legislation has passed for SSO to continue thru end of year Virtual meal menu on website <ul style="list-style-type: none"> Sent out frozen (after being prepared/cooled) Shelf stable, easy to prepare, kids are able to prepare for themselves SHS-examples: mozz cheesesticks, chili cheese fries, chxn sandwich, waffle fries, guac October-tastings to begin in cafes October-teacher specials, take home options (pre-order, pickup at end of day) October-2nd chance breakfast will begin at SHS, was only available in cafe (numbers were only around 60) Continual review what students want/like and modifying menus Share district food service updates <ul style="list-style-type: none"> New cafeteria openings Sweet potato harvest

		<ul style="list-style-type: none"> ○ Cafeteria participation <ul style="list-style-type: none"> ■ New students are eating in cafes
Lincoln Daniels	Food Policy Beverage Contract	<ul style="list-style-type: none"> ● Review district food policy ● Review district beverage contract <ul style="list-style-type: none"> ○ \$183K balance in Coke activity account <ul style="list-style-type: none"> ■ Funds scholarships ○ Info is presented in annual report <p><u>District Wellness Policy</u></p> <ul style="list-style-type: none"> ● Goal of committee is to promote wellness of student body ● Members of the committee listed in policy ● Review #5 of goal-not using food as a reward for academics, sports performances, etc ● All food/beverages must meet food smart snack requirements ● Advertising is limited ● No vending machines in elementary ● Website requirements
Janet Stockton	District News	<ul style="list-style-type: none"> ● Share new policy and procedure updates <ul style="list-style-type: none"> ○ Information will be shared at next qtrly meeting
Ryane Sorey	District Mental Health	<ul style="list-style-type: none"> ● District updates <ul style="list-style-type: none"> ○ School Based Health Center grant through DESE has been approved/funded for Sheridan! <ul style="list-style-type: none"> ■ Serving students and faculty/staff ■ Shots, wellness checks, injuries, sick care ○ Beginning July, 2021 will begin providing health services <ul style="list-style-type: none"> ■ Next steps-renovate space at Annex, training, policies/procedures, SBHC Coordinator will be hired
Lincoln Daniels	Health and Wellness Requirements	<ul style="list-style-type: none"> ● Review the school plan requirements for Indistar Plans to be submitted by Oct. 1, 2020. <ul style="list-style-type: none"> ○ Reach out to Alisa Gray with any questions on submission ● Required modules for the School Health Index <ul style="list-style-type: none"> ○ Module 1- School Health Policies and Environment

		<ul style="list-style-type: none"> ○ Module 2- Health Education ○ Module 3 - Physical Education ○ Module 4 - Nutrition Services ○ Module 10 - Family Engagement ○ Module 11 - Community Involvement ● Complete modules and submit before March 1, 2021
--	--	--

Sheridan School District Quarterly Wellness Meeting

SHS Hospitality Room
September 25, 2020, 9:00



Name/Campus Representing	Signature
Janet Stockton, EEE School Nurse Building Level Wellness Coordinator	
Beverly Long, SES Assistant Principal Building Level Wellness Coordinator	
Angie Walters, GT Coordinator -EEI Building Level Wellness Coordinator	
Rhonda Bell, SIS PE Teacher Building Level Wellness Coordinator	
Alan Westfall, EMS Assistant Principal Building Level Wellness Coordinator	

Debbie Blend , SMS PE Teacher and Coach Building Level Wellness Coordinator	
Kim Scarbrough, SHS Assistant Principal Building Level Wellness Coordinator	
Lincoln Daniels, SSD Deputy Superintendent Co-Chair of District Wellness Committee	
Name/Campus Representing	Signature
Alisa Gray, SSD Director of Federal Programs and Curriculum Co-Chair of District Wellness Committee	
Tiffany Selvey Food Service/Chartwell's	
Bryce Lunday School Board Representative	
Lauren Goins Parent Representative	
Julie Mayberry Parent Representative	
Abby Stockton SHS Student Representative	
Ruthie Reaves SHS Student Representative	