

# Sheridan School District

## Quarterly Wellness Meeting

SHS Hospitality Room  
February 28, 2020



Facilitator	Topic	Intended Results	Minutes
Alisa Gray	Welcome	Welcome committee members and review agenda	
Tiffany Selvey	Food Services	<ul style="list-style-type: none"> <li>Review upcoming school menus</li> <li>Share district food service updates</li> </ul>	<p>We have a certified chef with the district. She has focused on the high school campus. She will start to be at other campuses doing a tasting of chocolate popcorn.</p> <p>EEI - Pizza fractions lesson with her She will continue to visit other schools.</p> <p>SMS - Second chance breakfast launched. Breakfast counts have increased</p> <p>Goal for next year - more second-chance breakfasts offered at other campuses</p> <p>Student Choice at the high school - served every day and will change again next month with their next choice.</p> <p>Participation is up. Feedback and participation from students is encouraged.</p> <p>Josh has joined the staff and he will be able to</p>

			<p>support us. His background is in child nutrition and was a state auditor. He brings us his knowledge and is able to guide us in the correct direction.</p> <p>Tiffany shared the success of the concession stand in the new arena.</p>
Janet Stockton	District and State Updates	<ul style="list-style-type: none"> <li>• Share any new updates or initiatives</li> </ul>	<p>Stock medications are on campus as of today.</p> <p>Children's hospital has donated asthma kits to schools.</p> <p>Law covers the schools to administer these medications in an emergency situation.</p> <p>The school</p>
Alisa Gray	SBHC status	<ul style="list-style-type: none"> <li>• District updates</li> </ul>	<p>Mrs. Gray discussed the School-based Health clinic grant and possibilities if we are awarded the grant.</p>
Alisa Gray	School Health Index Modules	<ul style="list-style-type: none"> <li>• Review the suggested schedule to complete the SHI modules</li> <li>• Submit SHI Modules</li> </ul>	<p>Mrs. Gray reviewed the SHI submissions. Looking forward to next year- the option of moving to a district plan versus individual school plans was discussed. Mrs. Gray will inquire to see if this a possibility for the district.</p>
Alisa Gray	Next Steps	<ul style="list-style-type: none"> <li>• Spring Meeting - Topic - Physical Education and Nutrition</li> <li>• Identify any needs</li> <li>•</li> </ul>	<p>Mrs. Bell will prepare a short presentation on the physical education curriculum including how the PE teachers incorporate nutrition and health at the spring meeting.</p>

# Building Checklist and Timeline

Date	District Level Task	Building Level
September 2019	District Wellness Meeting September 6, 2019  <a href="#">*Wellness Checklist</a>	<b>Building level Wellness Committee Meeting</b> <ul style="list-style-type: none"> <li>Review School Health Index data from 18-19</li> <li>Use the data to complete the school plan within Indistar                             <ul style="list-style-type: none"> <li>Add additional goal- <a href="#">Goal 4</a></li> </ul> </li> <li>Complete Wellness plan for review in Indistar by September 26, 2019</li> <li>Gray will review and submit by the October 1st deadline</li> </ul>
October 2019		Building Wellness Committee Meeting <ul style="list-style-type: none"> <li>Complete Modules 1, 2, 3, &amp; 4                             <ul style="list-style-type: none"> <li><a href="https://www.cdc.gov/healthyschools/shi/">https://www.cdc.gov/healthyschools/shi/</a></li> </ul> </li> <li>Review Goals and Progress</li> </ul>
November 2019	District Wellness Meeting	Building Wellness Committee Meeting <ul style="list-style-type: none"> <li>Complete Modules 5, 6, &amp; 7</li> <li>Review Goals and Progress</li> </ul>
December 2019		
January 2020	District Wellness Meeting	Building Wellness Committee Meeting <ul style="list-style-type: none"> <li>Complete Modules 10, &amp; 11</li> <li>Review Goals and Progress</li> </ul>
February 2020		<b>School Health Index Modules 1, 2, 3, 4, 5, 6, 7, 10, &amp; 11 completed by February 21, 2020</b>
March 2020	District Wellness Meeting	

# Sheridan School District Quarterly Wellness Meeting

SHS Hospitality Room  
December 6, 2019, 9:00



Name/Campus Representing	Signature
Janet Stockton, EEE School Nurse Building Level Wellness Coordinator	
Beverly Long, SES Assistant Principal Building Level Wellness Coordinator	
Angie Walters, GT Coordinator -EEI Building Level Wellness Coordinator	
Rhonda Bell, SIS PE Teacher Building Level Wellness Coordinator	
E. Koon, EEM Nurse Building Level Wellness Coordinator	
Angela Douglass, SMS Assistant Principal Building Level Wellness Coordinator	
Kim Scarbrough, SHS Assistant Principal Building Level Wellness Coordinator	
Lincoln Daniels, SSD Deputy Superintendent Co-Chair of District Wellness Committee	

Name/Campus Representing	Signature
Alisa Gray, SSD Director of Federal Programs and Curriculum Co-Chair of District Wellness Committee	
Tiffany Selvey Food Service/Chartwell's	
Diane Pendergrass Food Service/Sheridan School District	
Ryane Sorey SSD Mental Health Coordinator	
Bryce Lunday School Board Representative	
Lauren Goins Communication/Public Information	
Sherri Caughman Family Representative	
Deborah Mooney Parent Representative	
Kolton Waggoner SHS Student Representative	
Madison McElroy SHS Student Representative	