

Sheridan School District

Quarterly Wellness Meeting

SHS Hospitality Room
December 6, 2019



Facilitator	Topic	Intended Results	Minutes
Alisa Gray	Welcome Presentation	Welcome committee members and review agenda	
Tiffany Selvey	Food Services	<ul style="list-style-type: none">• Review upcoming school menus• Share district food service updates	<p>Menus are focusing on anchor days. Consistent menu on certain days of the week so parents and students know what to expect.</p> <p>A sampling at the schools of different menu items will continue through next semester to expose them to other options.</p> <p>3% breakfast increase over 4% from last year.</p> <p>Second Chance Breakfast is serving about 150 additional breakfast at the SHS We are looking to add this to the middle schools</p> <p>65.8% of our students are eating in the cafeteria this year</p> <p>7% increase in breakfast and 18% for lunches over the last two years</p>

Lincoln Daniels	District News	<ul style="list-style-type: none"> Act 428 - Hunger-Free Student 	<p>Negative Balances are up to \$13,000 at this time since alternate meals are not allowed to be served.</p> <p>We are working to manage this but it is an issue that we are trying to resolve.</p> <p>This is up from the \$2000 that we ended the year last year.</p> <p>We need to look at our current policy to allow us to contact the parents earlier.</p>
Ryane Sorey	District Mental Health	<ul style="list-style-type: none"> "Seed Digging" training District updates 	Seed Digging training on Monday was rescheduled due to the tragedy at SHS and counselors being needed
Alisa Gray	School Health Index Modules	<ul style="list-style-type: none"> Review the suggested schedule to complete the SHI modules 	Ryane discussed the school-based health center
Alisa Gray	Next Steps	<ul style="list-style-type: none"> Determine modules to be completed by the next meeting 	The next meeting will include time to complete SHI and start the plan for their Health and Wellness plans for next year. Each member will need to bring a device.

Building Checklist and Timeline

Date	District Level Task	Building Level
September 2019	<p>District Wellness Meeting September 6, 2019</p> <p>*Wellness Checklist</p>	<p>Building level Wellness Committee Meeting</p> <ul style="list-style-type: none"> Review School Health Index data from 18-19 Use the data to complete the school plan within Indistar <ul style="list-style-type: none"> Add additional goal- Goal 4 Complete Wellness plan for review in Indistar by September 26,

		2019 <ul style="list-style-type: none"> Gray will review and submit by the October 1st deadline
October 2019		Building Wellness Committee Meeting <ul style="list-style-type: none"> Complete Modules 1, 2, 3, & 4 <ul style="list-style-type: none"> https://www.cdc.gov/healthyschools/shi/ Review Goals and Progress
November 2019	District Wellness Meeting	Building Wellness Committee Meeting <ul style="list-style-type: none"> Complete Modules 5, 6, & 7 Review Goals and Progress
December 2019		
January 2020	District Wellness Meeting	Building Wellness Committee Meeting <ul style="list-style-type: none"> Complete Modules 10, & 11 Review Goals and Progress
February 2020		School Health Index Modules 1, 2, 3, 4, 5, 6, 7, 10, & 11 completed by February 21, 2020
March 2020	District Wellness Meeting	

Sheridan School District Quarterly Wellness Meeting

SHS Hospitality Room
December 6, 2019, 9:00



Name/Campus Representing	Signature
Janet Stockton, EEE School Nurse Building Level Wellness Coordinator	
Beverly Long, SES Assistant Principal Building Level Wellness Coordinator	
Angie Walters, GT Coordinator -EEI Building Level Wellness Coordinator	
Rhonda Bell, SIS PE Teacher Building Level Wellness Coordinator	
E. Koon, EEM Nurse Building Level Wellness Coordinator	
Angela Douglass, SMS Assistant Principal Building Level Wellness Coordinator	
Kim Scarbrough, SHS Assistant Principal Building Level Wellness Coordinator	
Lincoln Daniels, SSD Deputy Superintendent Co-Chair of District Wellness Committee	
Name/Campus Representing	Signature
Alisa Gray, SSD Director of Federal Programs and Curriculum Co-Chair of District Wellness Committee	
Tiffany Selvey Food Service/Chartwell's	
Diane Pendergrass Food Service/Sheridan School District	
Ryane Sorey	

SSD Mental Health Coordinator	
Bryce Lunday School Board Representative	
Lauren Goins Communication/Public Information	
Sherri Caughman Family Representative	
Deborah Mooney Parent Representative	
Kolton Waggoner SHS Student Representative	
Madison McElroy SHS Student Representative	