

Central District 51 COVID-19 Guidelines

KEEP SYMPTOMATIC STUDENTS AND SIBLINGS HOME IF ONE OR MORE OF THE FOLLOWING SYMPTOMS ARE PRESENT:

<ul style="list-style-type: none"> -NEW CONGESTION/RUNNY NOSE -NEW ONSET OF MODERATE TO SEVERE HEADACHE -SORE THROAT -ABDOMINAL PAIN FROM UNKNOWN CAUSE -NAUSEA OR VOMITING -DIARRHEA 	<ul style="list-style-type: none"> -NEW COUGH -FEVER 100.4 OR GREATER -CHILLS -NEW LOSS OF TASTE OR SMELL -SHORTNESS OF BREATH -FATIGUE FROM UNKNOWN CAUSE -MUSCLE/BODY ACHES
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Students exhibiting any of these symptoms during the school day will be sent home along with their siblings.

Medical evaluation and COVID-19 diagnostic testing is strongly recommended for all persons with COVID-like symptoms.

If a household member is being evaluated for COVID-like symptoms (listed above) **OR** has a pending COVID test, all students must stay home until one of the requirements are met below.

WHEN CAN MY STUDENT(S) RETURN TO SCHOOL?

Asymptomatic siblings may return to school once ill student's negative COVID test results or Doctor's note is received.

Negative COVID Test		Doctor's Note		10 day Home Isolation
DIGITAL OR PAPER COPY OF NEGATIVE COVID TEST RESULT AND FEVER FREE FOR 24 HOURS WITHOUT MEDICATION AND RESPIRATORY SYMPTOMS HAVE IMPROVED	O R	DOCTOR'S NOTE INDICATING ALTERNATIVE DIAGNOSIS AND FEVER FREE FOR 24 HOURS WITHOUT MEDICATION AND IMPROVEMENT OF SYMPTOMS	O R	MAY RETURN AFTER 10 DAYS AND FEVER FREE FOR 24 HOURS WITHOUT MEDICATION AND EXHIBITING NO SYMPTOMS

IF YOUR STUDENT HAS:

Tested Positive for COVID-19	Close Contact to someone who tested Positive for COVID-19
MAY RETURN AFTER 10 DAYS FROM DATE OF SYMPTOM ONSET <u>OR</u> TEST DATE- IF NO SYMPTOMS AND FEVER FREE FOR 24 HOURS WITHOUT MEDICATION AND EXHIBITING NO SYMPTOMS AND RELEASE LETTER FROM HEALTH DEPARTMENT	MAY RETURN AFTER 14 DAYS <u>-IF STUDENT REMAINS 100% SYMPTOM FREE, MAY RETURN ON DAY 11</u> (May be longer if person with COVID-19 is a household member) AND RELEASE LETTER FROM HEALTH DEPARTMENT *If student develops symptoms during quarantine, only a <u>PCR</u> type test may be accepted. Please verify type of test being completed with the testing site. *A <u>NEGATIVE COVID TEST DOES NOT SHORTEN QUARANTINE TIME</u>

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