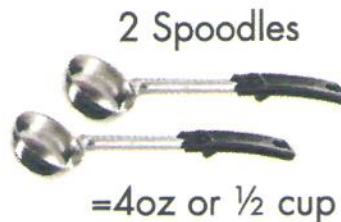
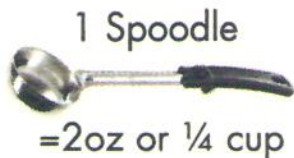


FRUIT AND VEGETABLE BAR

Please take at least
4oz or 1/2 cup



FOR EXAMPLE



1 Half
Apple= 1/2 cup



8-9 Baby
Carrots= 1/2 cup



1 Bunch
Grapes= 1/2 cup



1 Whole
Banana= 1/2 cup



5 Broccoli
Florets= 1/4 cup



This institution is an equal opportunity provider.

