

ORESTIMBA HIGH SCHOOL

707 Hardin Road · Newman, CA 95360 · (209) 862-2916

JUSTIN PRUETT, *Principal* Kelli Sharpe, *Assistant Principal* Liliana Esquiviz, *Assistant Principal*

Orestimba High School Community Service at a Distance 2020-2021

In light of the many restrictions that COVID-19 has continued to place on all of us, Orestimba High School will allow for students to be creative and innovative in their approach to community service this year. Below you will find our expectations for community service and ideas for alternative ways to earn hours. The changes described here will be in place throughout the 2020-2021 school year.

- Students, including Seniors, are still expected to complete the 40-hour Community Service graduation requirement.
- Deadlines to submit community service:
 - Senior Class of 2021: all 40 hours must be submitted by **February 26, 2021**
 - Grades 9-11: can email log by May 1st, 2021
- To verify community service *for the alternate activities*, students will be required to submit their document/image via google forms, see below for details. **All performed activities must be recorded on the [community service log](#).**
- **To receive credit for completed community service hours, students must submit their [community service log](#) to our school registrar Patricia Estrada, at PEstrada@nclusd.k12.ca.us. An emailed photo or scan will work, students make sure to use your school email address.**
- All community service experiences should adhere to social distancing guidelines.
- Students can earn community service hours from home by accomplishing any of the tasks described below under “Alternative Community Service Opportunities” or any other unique idea they have, make sure to get it approved first.
 - 12th grade students can earn up to 40 hours of service with these alternatives.
 - 9th, 10th, and 11th grade students can earn up to 20 hours.

Orestimba High School staff reserves the right to determine if a community service activity fulfills our requirement. If you have any questions about whether your community service idea meets the requirement please contact Silvia Vargas, prior to completing the activity at Svargas@nclusd.k12.ca.us or 209-862-2916.

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Alternative Community Service Opportunities

1. Letter writing (Community Service Hours: 1 hour per page)

- a. **A letter of Support**: write personalized letters to someone who could use a positive connection during this time (examples: senior citizen, nursing home resident, health care worker, small business owner, educator, etc.) and mail or email it to them.
- b. **A letter of Advocacy**: Write a letter to a local, regional, state or federal leader to advocate for something you believe in.
- c. Each letter should be more than half a page single spaced or one page double spaced, and have at least 3 paragraphs. Submit a copy of the letter [here](#).
- d. Make sure to also write it on your community service log, with the date you submitted your letter.
- e. Letters must be unique; you can't send the same exact letter to different people. Max of 3 pages per letter, you can write as many letters to as many *different people* as you would like.

2. Career Exploration

- a. **Research**: Using your [California Colleges](#) account, select a profession, investigate it, and write a report. What are the potential pathways to get to the career? What kind of work is done in this field? Be detailed and specific.
 - i. Submit a copy of your written report [here](#). Make sure to also write it on your Community Service log, with the date you submitted.
 - ii. **Community Service Hours**: 1 hour per page.
- b. **Interviews**: Make contact with a career professional and conduct an interview via phone or zoom. You can come up with your own questions or use the sample questions on the form below.
 - i. Submit a [Career Interview Community Service Form](#),
 - ii. **Community Service Hours**: 2 hours per interview.
- c. **Fire-Safety Online professional training**: (<https://www.oshatrain.org/courses/mods/718e.html>). You can access all training materials for free, including the study guide, course activities, resources and course exam. You do NOT need to purchase a course certificate. You will need to sign up for a student account before taking the final exam.
 - i. When you pass the final exam, submit a picture/screenshot of your passing score [here](#). Make sure to also write it on your Community Service log, with the date you emailed it.
 - ii. **Community Service Hours**: 6 hours.

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- d. **EL Tutoring:** If you speak Spanish, we have English learner students that could greatly benefit from your tutoring help via Zoom. If you are interested and would like to earn Community Service hours this way, please contact Ms. Esquiviz at LEsquiviz@nclusd.k12.ca.us. Community Service hours awarded will vary depending on time spent tutoring and verified by Ms. Esquiviz.

3. Creative Development

- a. **Create a Flyer (by hand or on the computer):** that demonstrates your creativity while sharing a positive message with your fellow students/community; must be school appropriate.
 - i. Examples: Mindfulness techniques flyer, positive quote flyer, public service announcement on how to stay healthy flyer, etc.
 - ii. If you have other ideas, email Ms. Vargas for pre approval.
 - iii. Submit a picture/screenshot of your Flyer [here](#). Make sure to also write it on your Community Service log, with the date you emailed it.
 - iv. **Community Service Hours:** 1-2 hours per Flyer.
- b. **Other Ideas:** Community Service hours will vary depending on time spent doing the activity. Make sure to log the hours on your community service log and have it signed by an adult.
 - i. Food donations to local food banks
 - ii. Blood donations, check out redcrossblood.org, for local blood drives or call the Newman Fire Department at (209) 862-1716.
 - iii. For the 2020-2021 school year, students will be allowed to submit hours for helping with yard work, home projects and assisting their families in household activities.
 - iv. Hours will also be accepted assisting younger siblings/family members with online school work and projects.
 - v. Your own idea, email Ms. Vargas for approval at svargas@nclusd.k12.ca.us.

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