


February 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Breakfast Sandwich on English Muffin or Cereal Fruit Juice Milk	2 Mini Cinnamon Roll and Cereal Fruit Juice Milk	3 Nutrigrain Bar and Cereal Fruit Juice Milk	4 Chocolate Chip Muffin or Cereal Fruit Juice Milk	5 Mini Pancake or Cereal Fruit Juice Milk	6
7	8 Yogurt and Cereal Fruit Juice Milk	9 Breakfast Pizza or Cereal Fruit Juice Milk	10 Poptart and Cereal Fruit Juice Milk	11 Bagel w/ Cream Cheese or Cereal Fruit Juice Milk	12 Mini Waffle or Cereal Fruit Juice Milk	13
14	15 	16 Raspberry Cream Cheese Bar or Cereal Fruit Juice Milk	17 Yogurt and Cereal Fruit Juice Milk	18 Homemade Muffin or Cereal Fruit Juice Milk	19 Mini French Toast or Cereal Fruit Juice Milk	20
21	22 Cheese Omelet and Toast or Cereal Fruit Juice Milk	23 Breakfast Pizza or Cereal Fruit Juice Milk	24 Chocolate Chip Oatmeal Bar or Cereal Fruit Juice Milk	25 Bagel w/ Cream Cheese or Cereal Fruit Juice Milk	26 Cinni Mini or Cereal Fruit Juice Milk	27
28						
						Main Course: Choose 1 menu entree or cereal w/ whole grain ite. Fruit: choose up to 2 one cup fruits offered 100% juice offered Milk: choose 1