

Parker Junior High Lunch Menu



w/ Flatbread Charcuterie Coleslaw Cherry Tomato Diced Peaches Fresh Apple 107 Mailb Cheeseburger on a Bun Deli Sandwich or Sub Parsley Potato Baby Carrots Diced Peaches Baked Beans Cherry Tomato Steamed Carrots Cherry Tomato Potato Wedges Cherry Tomato Applesauce Fresh Apple Fresh Apple 107 Mailb Diced Pears Fresh Apple 107 Mailb Chicken Alfredo w/Pasta Rip Stick Breadstick Deli Sandwich or Sub Baby Carrots Diced Peaches Banana 1% Milk Miked Canned Fruit Banana 1% Milk W/ Flatbread Charcuterie Potato Wedges Cherry Tomato Applesauce Fresh Apple Fresh Apple 100 Mailb Diced Pears Fresh Apple 100 Mailb Chicken Alfredo w/Pasta Rip Stick Breadstick Deli Sandwich or Sub Roasted Broccoli Baby Carrots Mixed Canned Fruit Banana 1% Milk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Crispy Chicken Sandwich Ham and Cheese Charcuterie Ham and Cheese Charcuterie Rasitod Broccoli Baby Carrots Baby Carrots Baby Carrots Baby Carrots Banana 1% Milk 166 NO SCHOOL 177 Pasta with Meat Sauce Honey Mustard Ham Wrap Steamed Green Beans Cucumbr Siless Miked Canned Fruit Fresh Pagar 1% Milk 23 Shrimp Poppers Macaroni & Cheese NY Syyle Buffalo Chicken Dip W Flotbread Charcuterie Baked Beans Shrimp Poppers Macaroni & Cheese NY Syyle Buffalo Chicken Dip W Flotbread Charcuterie Colesiaw Cherry Tomato Cheeseburger on a Bun Diced Peaches Banana Banana Siles Miked Canned Fruit Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Polito Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Parts Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Parts Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Parts Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Parts Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Cheeveburger on a Bun Diced Peaches Banana Tys Milk 30 Alixed Canned Fruit Fresh Apple Chicken Alfredo w/Pasta Fresh Apple Chicken Canned Fruit Fresh Apple Chicken Canned Fruit Fresh Apple Chicken Dip W Finterbead Chicken Dip W Finderbead Chicken Dip W Finderbead Chicke		Winter Break	Winter Break	Winter Break	Winter Break
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Banana Banana 1% Milk 1% Milk					
1% Milk 1% Milk					
Menus and nutrition					





Assorted fruits offered daily

Milk (1% white and Skim Chocolate) available daily

Alternate hot entree available daily



