Exhibit 3

 **School District of Wild Rose Fitness Center Rules & Regulations**

Welcome! We are happy to provide you the use of the District’s Fitness Center. In order to keep the Fitness Center in quality condition, the following rules have been established for all authorized users.

* All patrons must complete a training program on how to use the fitness equipment. The purpose of the training is to ensure that the equipment is being used properly to prevent injuries.
* Adult patrons must sign a *Waiver of Responsibility* and *Fitness Center Rules.*
* Students in Grades 6-12 must sign the *Fitness Center Rules*, and must be supervised by a Fitness Center staff person or trained school staff member when using the Fitness Center.
* Individuals who have not reached sixth grade are not allowed in the Fitness Center at any time.
* Patrons must sign the “User’s Log” each time they use the Fitness Center.
* Street shoes (including athletic shoes) are not allowed in the Fitness Center. Patrons **must** change into a clean pair of athletic shoes before using the Fitness Center.
* Patrons can have water bottles in the Fitness Center. No sports drinks or food/snacks are allowed in the Fitness Center.
* No one is allowed to use the Fitness Center during school hours without the consent of the physical education instructor or administration.
* Use of the Fitness Center by physical education classes or athletic teams takes precedence over individual use.
* Patrons agree to follow all Fitness Center rules and additional rules posted in the Fitness Center. In addition, student users agree to follow all school policies as outlined in the parent-student handbook.
* Adult patrons using the Fitness Center (those 18 years of age and older) must pay user fees for use of the Fitness Center as established by the District.
* Only students currently enrolled in Grades 6-12 in the School District of Wild Rose are permitted to use the Fitness Center. These students may use the Fitness Center at no cost.

I have read these rules and understand them. I agree to follow the rules at all times. I accept liability for my own actions and safety while using the Wild Rose Fitness Center.

I understand that failure to follow all policies and rules will revoke my Fitness Center privileges. I understand that I will be held financially responsible for any damage I cause to school facilities and property.

Please sign two copies and retain one for your records!

Patron:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Ref: 9.02 Use of Fitness Center