

STAY FLU-FREE



5 REASONS YOU SHOULD GET THE FLU SHOT

1 FEWER SICK DAYS.
It protects you against the flu and lessens the severity if you do catch it.

2 SAVES YOU MONEY.
Avoid a flu-associated hospital or doctor visit.

3 PREGNANCY PROTECTION.
Flu shots protect the mother and baby several months after birth.

4 HELPS THOSE WITH HEALTH ISSUES.
The chance of flu-related complications for those with cardiac conditions, diabetes or chronic lung disease are lessened.

5 PROTECTS THOSE AROUND YOU.
Even if you don't have symptoms, the virus can still be contagious.



**ON-SITE
FLU CLINICS**

**No Cost Flu Shots
B12 \$20.00**

**DATE: 9/8/2022 &
9/9/2022**