



Issue 12
8 January 2021

HOLYOKE

DRAGON TIMES

Happening in Dragon Country

There are lots of things happening in Dragon Country. Check here for school menus, sporting events, and community events each week.

Saturday , Jan. 9: Storytelling Lab @ Inklings

Breakfast

Lunch

Week of Jan 18-22

Mon -No School

No School

Monday: No School - Teacher inservice
"B" Season practice starts, Fair Brd Mtg.,
GPRC Brd Mtg

Tues - Bacon/Egg/
Cheese Sandwich

Cheese Pizza
Chicken Sandwich
Cheeseburger

Tuesday: FFA Speaking Contest, JHBB @ Haxtun
School Brd Mtg., City Council Mtg.

Wed- Benefit Bar

Chicken and Gravy
Spicy Chicken Sandwich
Cheese Pizza

Wednesday: Leadership Team Mtg.

Thurs- Sausage,
Egg and Cheese
Biscuit

Cheese Pizza
Chicken Sandwich
Bacon Cheeseburger

Thursday: JHBB Home with Sedg. Co.,
Highline Brd. Mtg.

Friday:

Fri- Cocoa Puffs
Cereal

Cheese Pizza
Chicken Biscuit Sandwich
Bacon Cheeseburger

Announcements

Congratulations to Ellie Kleve and Cash Weber for
December Student of the Month.

FBI Speaker

By Emma Sprague

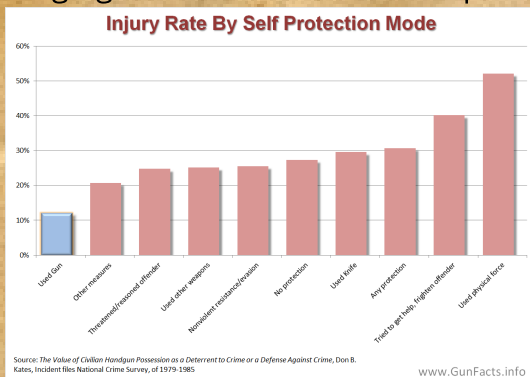
HOLYOKE CO-27 adults and 13 million around the entire who are victims of sex trafficking, and 80% of human trafficking is for sex. LorenJo has invited an FBI speaker to come speak to us about the realities of human trafficking, how to spot it, and how to report it. Due to Covid this presentation will most likely be held over zoom. This presentation will be on February 26th, and will be \$5. A lot of women are human trafficked through life but so are men, but sadly women who are pregnant have a higher risk of being human trafficked because they are carrying a child. Just like sex trafficking forced labor will continue to grow as the years go by because of the economy.



Self-Defense Classes

By Emma Sprague

HOLYOKE CO-Self-defense is an action you take when you are being threatened by another person when you're alone and you have no other remote choice to take. Although self-defense may not always be a physical action you take with you're hands or feet, for example you can carry pepper spray, mace, a taser, or any form of defense tool you can use, in some cases it may even be your car keys. Well if you have then you're in luck. On February 27th Sheriff Todd will hold self defense classes in the wrestling room. As always, there will be regulations due to COVID-19, there will be many classes during the day. Each class will on be allowing 9 people in at a time, and the time length of the classes will all depend on how many people sign up. Although Covid may end up changing the date. You will be required to sign a permission/liability slip before the classes.



Dragon Pride!!

By: Kenzie Rau

HOLYOKE CO- For the 20-21 school year we have been showing our Dragon Pride in many different ways. The school bought tee-shirts. Our Dragon Pride tee-shirts are white with a big green dragon on the front, with “#DRAGON PRIDE” on the back. We played games the first day of school, and we played plinko. The day before Christmas break we played Trivia and a minute to win it type games before Christmas break. These games put seminar class against seminar class with the winners getting a treat and bragging rights. This is Mrs. Powell's initiative for the year and she has implemented it with help from many of the other teachers in the building. The concept of Dragon Pride is so that students are given more of the ownership, and pride in our school. This is not the only way to support sports teams, and clubs, we all are considered a family when we are in the building. The main people involved with Dragon pride are Mrs. Powell, Mrs. Clayton, Mrs. Goldenstein, Mrs. Kleve, and there is a student from every seminar class involved in it as well. One of the first events was a poster contest in August. Each seminar class was required to make a poster showing their class on Dragon Pride. All of the posters were amazing and students took pride in what they produced. Mrs. Grothman's class was ultimately chosen by a panel of administration and teachers as the winner and they were rewarded with a rootbeer float party. Many Fridays the Entire student body wears their Dragon Pride Shirts (including today). Not only is it worn to show pride in our school but for the start if the sports season or as a support of a club that might be competing that weekend. Next to the office we have the Wall of Spirit. The Wall of Spirit shows the weekly events happening at our school, it includes everything from sporting events to club activities. It's there so that we can show up and show our Dragon spirit for that event. Emma Sprague, an eighth grader at HJHS, said, “I feel more connected...it makes me feel good and more connected to the school.” This is exactly what Mrs. Powell was hoping for this initiative and we all hope the pride we have today will continue for many generations to come.



Mental Health

Roslynn Doorn

HOLYOKE CO- Covid 19 has affected people in many ways but a main way it has affected a lot of people is their mental health. With the worldwide pandemic it causes a lot of stress and anxiety. One of the main reasons people are getting anxious is because of the amount of job loss, seeing the job numbers go down is even worrying people into thinking they're going to lose their jobs. Some of the things this stress can cause is change in eating patterns, as well as sleeping patterns causing you to possibly get more sleep or little sleep, and with eating you can either overeat or possibly be too anxious to eat at all. All of this stress is not good for adults or especially teens, these teenagers (and children) have to go to school through this pandemic and it has affected teens health being able to not see loved ones, and being stuck inside, Due to a study over 3 million (12 %) of adolescents (kids and teens through the ages of 12 - 17) , which is more than one in ten have been diagnosed with anxiety and depression. The morbidity of this disease is one of the things causing a decline in mental health since some family members have gotten sick if even close friends. Some teens this year haven't been able to play sports which is usually a good outlet for people to get out and do something. With the decline in mental health make sure to quarantine if you need to and wear your mask so we can soon be with loved ones.



Hotlines

1-800-273-TALK (8255) (anxiety and depression)

1-800-662-HELP (4357) (anxiety and depression)

(240-485-1001) (anxiety and depression)

(800-931-2237) (eating disorder)

(888-333-2377) (suicide prevention)

740.369. 3316 (stress)



Mr. Stumpf

By Daira Castillo

HOLYOKE CO - Mr. Stumpf is the newest member of our Dragon Family! He decided to become a teacher because he loves to teach people new things. When he was in high school, he became a teacher's aid where he spent a lot of his time teaching his peers and helping the teachers complete their overload of work. Mr. Stumpf enjoyed helping teach his fellow students so much that he decided he would go into a teaching career. History is a subject he was interested in while in school so he thought he would give teaching social studies a try. Watching the 2016 presidential election from a classroom was something which really influenced Mr. Stumpf into teaching social studies. Political Sciences/Government is one of his favorite subjects within social studies, he is excited to teach about this topic. His goal is to become the teacher student can ask those hard political questions they have. He wants to inform his students about future presidential elections. Mr. Stumpf chose to teach in Holyoke because he wanted to stay in Northeastern Colorado. He loves the area and didn't want to leave. He saw the job open and took the opportunity! He has really enjoyed teaching so far. He's been delighted to get to know the students and preparing all his fun future lesson plans. For this new semester Mr. Stumpf is excited to get to know all his students and the Holyoke community. "This is sometimes the most challenging part of the job, but when you get to know the students and the community, it makes the job that much better." he states. He loves making a positive impact on his students! Creating lesson plans is something Mr. Stumpf loves about his job but because he is straight out of college, he doesn't have much material created. He has been trying to manage his time, he says it has been challenging and stressful. He has a lot of late nights and early mornings. Not only is he a teacher but also an assistant coach for high school basketball. He is very excited to help coach basketball. He is looking forward to having a fun, successful season. He decided to help coach basketball because it has always been a dream of his to coach basketball while teaching. He really enjoys spending time with student-athletes who are just as enthusiastic about basketball as much as he is. He says Coach Kammer has given him a great opportunity to learn more about coaching basketball and he just couldn't pass up the opportunity. If he wasn't teaching he would be doing a couple different things. He would either be a rancher and raise cattle or he would start a career in politics. Mr. Stumpf has raised cattle with his family since he was a kid so he would focus on that if he didn't teach. On the other hand he would've also liked to start a career in politics as he is very passionate and interested in political science.



Ms. Hutches

By Grace Whisenhunt

HOLYOKE, CO - Recently, the Holyoke School District has received many new staff members.



One of these new staff members is Ms. Hutches. She has enjoyed her time with us so far, and has had many learning experiences of her own. Although, she does not appreciate having to wake up early, given that she is, quote, a "night owl." She does enjoy teaching, and has learned several things from her students already. However, she has not always wanted to be a teacher. As a child, Ms. Hutches' dream was to become either a veterinarian or a writer. To work toward fulfilling that dream, Ms. Hutches has a bachelor's degree in English from CSU. Although, she did not work as either before transferring to the Holyoke School District; she worked briefly for the health department. She also worked in the Melissa Memorial Hospital as a Public Relations Specialist. Ms. Hutches has lived in

Holyoke since 2016. Before this time, she lived in a mountain town called Kremmling up near Steamboat Springs. She has enjoyed her time in the Holyoke School district so far, and cannot wait to continue. On behalf of the Dragon Times staff, welcome to the district!

Ms. Hutches' Favorite Poem

*She lapped
Against the shore,
Restless like
The sea,
Ready
For any adventure,
That blew along her way
– Atticus*

Showdown on the Plains

By Layna Wear

HOLYOKE CO - This will be the first ever beef prospect show in the Bank of Colorado Pavilion. It will be held January 29th through the 31st, at the Phillips County Fairgrounds, in the Bank of Colorado Pavilion. This was started by Tim Becker, who was helped by community members that jumped at the opportunity to put the new facility to use and give kids in Northeastern Colorado more opportunities to partake in shows other than their county fair. The entry fee is \$30 per head per ring if you pre-enter before January 22nd. If you enter afterwards the fee is \$40 per head per ring. Participants may stall their livestock out of their trailers, or in the Pavillion. Plenty of wash rack space is available for use. There will be two rings, one for market animals, and one for breeding heifers; from each ring, the top five will be selected. They will be shown by breed, the top of each breed being out into another ring to determine the Supreme Champion. The show days are on the 30th and the 31st, while the 29th will be used for entries and set up. Heifers will be shown on Saturday and steers will be shown on Sunday. Judging these animals will be Chisum Grund from Sharon Springs, Kansas and Brigham Stewart from Washington, Kansas. Each judge will judge both steers and heifers. When all is said and done, the show will be 100 percent payout, according to Bobby Strecker. If you have any questions that have not been answered here or you need clarification, please contact Tim Becker (303.882.8084), Victoria Dunker (970.580.3659), or Bobby Strecker (540.462.7912.)



2021 Fair

By Layna Wear

HOLYOKE CO - This year's Phillips' County Fair will be taking place from July 20th to the 25th. Kayla Kafa and the rest of the fair board are still in the process of scheduling and hiring judges, so some of these things are still undecided, such as show times. Tuesday night will be the barrel race, Wednesday will be the ranch rodeo, Thursday will be a cirque show, Friday is still to be determined, and Saturday will be Bulls Gone Wild. The Cirque Show is similar to a circus show, but without the animals; just the acrobats doing their tricks. The tractor pull is a contender for Friday night, but at this point they are leaning more towards something else. Our local 4-H and FFA students in Phillips County are looking forward to having this fair, and look forward to enjoying everything that comes with it.



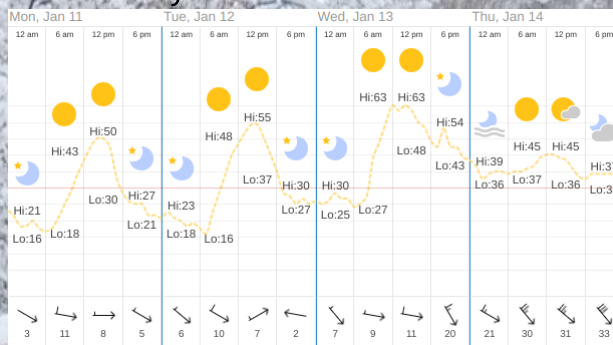
Unusual Weather

By: Teagan Martin

HOLYOKE, CO - The weather has been very bizarre. This week in Holyoke, Colorado, it was very warm which is weird. On Monday and Tuesday, the warmest it got was 45 degrees Fahrenheit, which is normal for the temperature in January. According to TimeandDate, On Wednesday, it got to 60 degrees, which is way warmer than it should be.(2) But then at the end of the week, on Thursday and Friday, the highest it got was 37 degrees, with a very high wind warning. In Texas, it snowed this weekend. The snow hit almost every part of the state from Panhandle, Texas to Austin, Texas. Dallas and Fort Worth both got more snow than they have in over 5 years. The temperatures on Monday and Tuesday were in the low 50s, then it returned back into the 60s by the end of the week in Dallas. Other places in Texas like Appleby, Center, Mt. Enterprise, and Jacksonville got about 6 to 7 inches of snow. According to WorldAtlas, the average amount of snow in Texas is 0.1 inch per year, but already this year Texas has gotten at least 2 inches.(1) The snow storm also hit part of Louisiana, which is not normal for them either. The state last weekend got at least 3 inches of snow. The temperature was in the 30s and 40s when the snow hit, but later in the week it got up to the 50s.

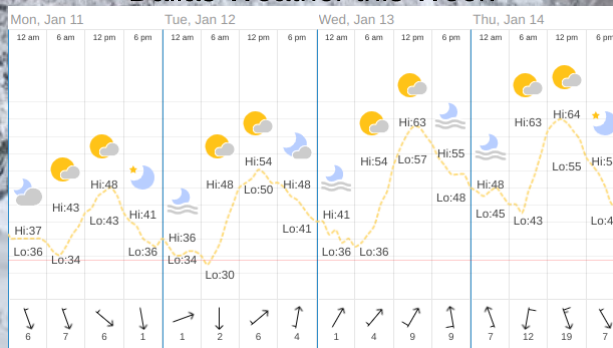
1. <https://www.worldatlas.com/articles/does-it-snow-in-texas.html>
2. <https://www.timeanddate.com/weather/@7173632/historic>

Holyoke Weather this Week



<https://www.timeanddate.com/weather/@7173632/historic>

Dallas Weather this Week



<https://www.timeanddate.com/weather/usa/dallas/historic>

Pizza at the Brew

By: Mason Sprague

Holyoke CO - Pizza at the Brew is a new eatery in Holyoke, featuring gourmet coffee drinks as well as, a full menu. Not only can you get pizza, but they make sandwiches too. Mr. Berg was the owner of Brewed Awakening and then bought the Pizza Pad. Now that he has combined these two things, he needs a new logo. The Owner Dale Berg has reached out to the community and students to make a logo for his new restaurant. Students and community members were asked to submit their ideas for a new logo. The winner has not been chosen, but they will get a coupon for free large 2-topping pizza. You could buy pizza, food, and coffee. Teagan Martin says, " that the pizza is good and will come back anytime.

Me: *Cough one time*

The people around me:



<https://filmdaily.co/t>