



January 18, 2021

## A Proud Past, A Promising Future

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**REMINDER TO STUDENTS/PARENTS:**  
Student e-mail accounts should only be used for  
schoolwork and educational purposes.  
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*“There are two ways of spreading  
light: to be the candle or the mirror  
that reflects it.” — Edith Wharton*

### MONDAY, JANUARY 18



**Martin Luther King, Jr. Holiday -**  
Schools/Offices Closed

- JV Boys Basketball vs. Keenan - 6 p.m.
- Wrestling vs. Newberry - 10 a.m.

### TUESDAY, JANUARY 19

**Breakfast** –Manager’s Choice, Juice, Milk

**Lunch** – Manager’s Choice, Juice, Milk

- Varsity Basketball @ Keenan – 6 p.m./7:30 p.m.

### WEDNESDAY, JANUARY 20

#### **VIRTUAL LEARNING DAY**

- Wrestling @ Lower Richland – 6 p.m.

### THURSDAY, JANUARY 21

**Breakfast** –Manager’s Choice, Juice, Milk

**Lunch** – Manager’s Choice, Juice, Milk

- JV Basketball @ Keenan – 6 p.m./7:30 p.m.

### FRIDAY, JANUARY 22 – **Second Semester Begins**

**Breakfast** –Manager’s Choice, Juice, Milk

**Lunch** – Manager’s Choice, Juice, Milk

- Varsity Basketball vs. Keenan – 6 p.m./7:30 p.m.

### SATURDAY, JANUARY 23

- Wrestling @ White Knoll (White Knoll & Gilbert) - 10 a.m.

## Good News



The Lady Rebels Tennis team was crowned the 3A, Region 4 champions, after completing an undefeated season.

Several ladies were honored with post season individual awards, including Region Player of the Year **Reagan Peel** and All-Region Players **Ady Ashmore**, **Katelynn Buzhardt**, and **Riley Peel**. Reagan and Ady also represented MCHS at the SC State Singles Tournament in Florence, SC, and competed against the best players in the state. Congratulations Lady Rebels!

## Cafeteria News



All school lunch and breakfast are at NO charge for the remainder of the 2020-2021 school year. Students who choose to bring their own lunch may still get a fruit, vegetable, fries, or milk at no charge. Also, if you have a negative balance from last year please clear it up asap.

We have meal pickups on Wednesday 10 a.m. until 12 noon. You do not have to register to pick up. Pick up is in the car rider line.

## On-going/Upcoming Events

### EXAMS

Tuesday, January 19 - Group 2 - 2nd & 4th Block

Thursday, January 21 - Group 1 - 2nd & 4th Block

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**Grades 9-12 will begin four days of face to face instruction on Friday, January 22, 2021.**

The four days of instruction will be Mondays, Tuesdays, Thursdays, and Fridays. Wednesdays will remain a virtual day for all students.

Students who are transitioning from Newberry ONE to face to face instruction will do so on their grade level’s designated date as listed above.

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**Senior yearbook ads** and personal ads are currently for sale online. Prices will vary by size.

Purchases can be made at:

[https://yearbookforever.com/schools/midcarolina\\_high\\_school\\_buy\\_yearbook\\_5230/gIt936um97m7TFxF0KoGMpIX/personal-ads](https://yearbookforever.com/schools/midcarolina_high_school_buy_yearbook_5230/gIt936um97m7TFxF0KoGMpIX/personal-ads)

**Senior Ad Deadline: January 22, 2021**

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**2020-2021 ACT**

Test @ MCHS

December 12, 2020

February 6, 2021

April 17, 2021

**2020-2021 SAT**

Test @ MCHS

March 13, 2021

May 8, 2021

June 5, 2021

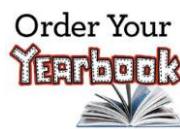
### SAVE THE DATE

**MCHS PROM 2021 - Saturday,  
April 24, 2021**

Anyone wanting to be on the Prom Committee needs to contact Mrs. Felker or Mrs. Haltiwanger.

### DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2020-2021 yearbook today for \$65. After Christmas the price will increase to \$70.



*Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name*

*will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$75 will be expected at time of issue.*

## WORD POWER

**M** ALTERCATION a heated fight  
**A**MBIVALENT to have opposing feelings

**T** APPREHENSIVE very worried, anxious  
**A**RBITER final authority, one who decides

**W** ASSIDUOUS diligent, hardworking  
**A**UDITION a trial performance

**T**H CLANDESTINE secretive, concealed  
**C**RITICAL crucial, very important

**E** EVADE to avoid, to dodge  
**E**XHORT to urge, implore

TOGETHER  
EVERYONE  
ACHIEVES  
MORE

# Mid-Carolina High School

**A Proud Past. A Promising Future.**

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

## THE SIPPY CUP INCIDENT

I was seated in a restaurant when a young family came in. The toddler was immediately given a cell phone which she manipulated with more dexterity than a concert pianist. Her phone skills definitely exceeded her walking skills. When a call came in, her Mother plucked the phone from the child's hands. In response, the child hurled her sippy cup across the aisle. I was splattered and a bit gob smacked.

My parents would not have stood for this. But these parents? Dad immediately gave the sippy cup hurler (SCH) his phone. Thus reinforcing 1) SCH must not be without a phone and 2) hurling a sippy cup is how to get what you want.

Has it come to this? What will happen when little SCH goes to Grandma's? Or gets a job? Or has a boyfriend break up with her? Little SCH is developing no

coping skills. Why are depression and anxiety rates skyrocketing for the young? Well, shucks, people! It's because in the real world, you can't always get what you want by throwing a sippy cup.

Coping skills are acquired when life doesn't go the way you want, and you have to deal with it. You might learn patience, or ways to distract yourself, or perhaps how to state your needs more effectively. But if your well-meaning parents save you from any possible negative experience (including hearing any views that are different from your own), you develop zero coping skills.

Who is the Sippy Cup Hurler in your life? The employee who gets what s/he wants by sulking or causing drama? Your Aunt Marge who pouts until you ask what's wrong? Let's put an end to sippy cup hurling today! Hold people ac-

countable and don't reward bad behavior! You are not doing them any favors. Aunt Marge can't pout when she goes to the Doctor and expect him/her to take that as a clue to delve deeper into her psyche. Every time you let a person get away with bad behavior, you are just increasing the likelihood that you'll get more. It's not helping them grow and it's unfair to everyone else. Why should they get splattered?

Be calm, be wise. You may have to walk little SCH out of the restaurant/meeting. You have to risk upsetting them. Clearly and non-emotionally define the behavior you expect. Reward the desired behavior. (Yes, even if you are rewarding the lack of a tantrum.) It will take time and patience to eradicate sippy cup hurling, but I hope you'll join the fight. It really is for their own good.

- Denise Ryan

# M-C Faculty News

January 18, 2021

Volume 9, Issue 13



### Important Dates

1/18	Martin Luther King Jr. Holiday
1/19	High School Exams—Group 2—2nd & 4th Block
1/21	High School Exams—Group 1—2nd & 4th Block
1/22	2nd Semester Begins
1/23	Miss MCHS Pageant—Tentative
1/28	Parent/Teacher Conferences—PM
1/29	Parent/Teacher Conferences—AM—No School for Students
2/12	Professional Development—No School for Students
2/15	President's Day—Schools/Offices Closed
2/26	Interim Reports Issued
3/12	Holiday—Schools/Offices Closed
3/23	ACT Spring Testing
3/24	SAT Spring Testing
3/30	End of 3rd Nine Weeks
4/2—4/9	Spring Holidays—Schools/Offices Closed (April 2—3rd Make-Up Day)

"Coming together is a beginning; keeping together is progress; working together is success." -Henry Ford

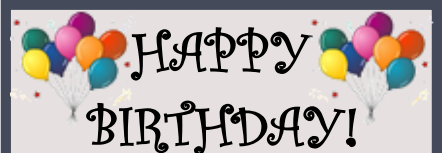
## Reminders

### FACULTY FUND

Don't forget to contribute to the MCHS Faculty Fund. The cost for 2020-2021 is \$15 each.



Please check your mailboxes and e-mail for vital information early each morning.



Birthday wishes this week to Susan Bellow (1/23).