



August 28, 2023

## A Proud Past, A Promising Future

*"No matter our circumstances, no matter our challenges or trials, there is something in each day to embrace and cherish. There is something in each day that can bring gratitude and joy if only we will see and appreciate it."*  
- Dieter F. Uchtdorf

### MONDAY, AUGUST 28

Breakfast – Manager’s Choice, Juice, Milk  
Lunch – Manager’s Choice, Juice, Milk

### TUESDAY, AUGUST 29

Breakfast – Manager’s Choice, Juice, Milk  
Lunch – Manager’s Choice, Juice, Milk  
• Cross Country Pelican's Invitational @ Lexington

### WEDNESDAY, AUGUST 30

Breakfast – Manager’s Choice, Juice, Milk  
Lunch – Manager’s Choice, Juice, Milk  
• Swim @ River Bluff/Top Spin (NHS, River Bluff, MCHS)

### THURSDAY, AUGUST 31

Breakfast – Manager’s Choice, Juice, Milk  
Lunch – Manager’s Choice, Juice, Milk  
• Girls Tennis @ Whitmire 5 p.m.  
• Volleyball @ B-L 5:30/7 p.m.

### FRIDAY, SEPTEMBER 1

• **Underclassmen Picture Day**  
Breakfast – Manager’s Choice, Juice, Milk  
Lunch – Manager’s Choice, Juice, Milk  
• Varsity Football vs. Whitmire – 7:30 p.m. (Youth Football Night)  
• Cross Country Eye Opener Invitational @ Spartanburg (Varsity ONLY)



MONDAY, SEPTEMBER 4  
**Schools/Offices Closed**

### TUESDAY, SEPTEMBER 5

Breakfast – Manager’s Choice, Juice, Milk  
Lunch – Manager’s Choice, Juice, Milk  
• Cross Country @ Clinton  
• Girls Tennis vs. Chapin 5 p.m.  
• Volleyball vs. Irmo 5:30/7 p.m. (Camper Night)

### WEDNESDAY, SEPTEMBER 6

Breakfast – Manager’s Choice, Juice, Milk  
Lunch – Manager’s Choice, Juice, Milk

### THURSDAY, SEPTEMBER 7

Breakfast – Manager’s Choice, Juice, Milk  
Lunch – Manager’s Choice, Juice, Milk  
• JV Football vs. Ninety-Six 6 p.m.  
• Volleyball @ Broome 6/7 p.m.

### FRIDAY, SEPTEMBER 8

Breakfast – Manager’s Choice, Juice, Milk  
Lunch – Manager’s Choice, Juice, Milk  
• Varsity Football @ Ninety-Six – 7:30 p.m.

## Cafeteria News

All students receive 1 FREE breakfast and lunch this year. Please take advantage of this awesome opportunity. If you do choose to bring your lunch you can still get fries and 2 other choices (maybe fruit) at NO charge.

If you have a negative balance in the cafeteria carried over from last year, please clear this up.

## MESSAGE FROM NURSE JENKINS

Unfortunately, we are seeing a rise in active Covid cases. We have updated the MCHS website with the current district policy as recommended by DHEC. If someone, including employees, needs to report a positive covid test result, please use the reporting link that can be found on both the district and MCHS website. This allows you to report results to the proper individuals and provide needed information all in one step, even after hours. There is also information listed there that helps answer questions and provide direction even before talking with the school's nurse. If results are reported after hours, a nurse will follow up as soon as possible during the next scheduled school day. Many thanks!  
<https://www.newberry.k12.sc.us/o/sdnc/page/covid-reporting-updates>

## On-going/Upcoming Events

2023-2024 ACT  
Test @ MCHS  
October 28, 2023  
December 9, 2023  
April 13, 2024  
July 13, 2024

2023-2024 SAT  
Test @ MCHS  
October 7, 2023  
November 4, 2023  
December 2, 2023  
March 9, 2024  
May 4, 2024  
June 1, 2024

MCHS 2023-2024  
Underclassmen Picture Day  
Friday, September 1, 2023

<https://www.mid-carolinahighschool.org/o/mchs/article/1199655>



Rhodes Graduation Services (Jostens) will hold a senior class meeting on Thursday, September 14, to inform students of ordering senior supplies.

The senior class meeting will begin at 9:00 a.m. Seniors will be able to place their orders online at [www.rhodesgraduation.com](http://www.rhodesgraduation.com). The deadline to order graduation supplies will be Thursday, September 21. Rhodes Graduation will return on Thursday, October 5, 11 a.m.-1 p.m., to deliver early celebration items.

MCHS Seniors are Invited to attend “College Application Day” on Friday, October 6, 2023. Seniors will have the opportunity to sit down with counselors and college representatives to complete college applications. If you have any questions or need help, representatives from all across the state will be available to assist. Make sure to register with your school counselor to attend this event.

Appointment times will be given based on last names.

A-F ---(12:00pm- 12:35pm) – Ms. Wicker

G-M-- (12:40pm- 1:15 pm) – Ms. McAllister

N-Z -- (1:20 pm- 1:55pm) – Mr. Durant

**SENIORS: For more information please check your student email.**



2023-2024 MCHS  
**Senior Picture Make-Up Day**  
Monday, November 13, 2023

## ASVAB (Nov 14, 2023 & March 19, 2024)

The ASVAB is offered to high school students as part of their Career Assessment. It helps students learn more about career exploration and planning, in both the civilian and military worlds of work. The ASVAB assessment is free of charge to students.

The ASVAB is administered at Mid Carolina High School generally in the fall and spring to interested sophomores, juniors and seniors. Please note: you do not need to be joining the military to take this test. To reserve your spot for the test please stop by the guidance department and add your name to the test list.

<https://www.mid-carolinahighschool.org/o/mchs/article/1195128>

## DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2023-2024 yearbook today for \$85.

After Christmas the price will increase to \$90.

Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$90 will be expected at time of issue.

[https://yearbookforever.com/schools/midcarolina\\_high\\_school/buy\\_yearbook\\_5230/V3FCaysuW1QV25mT3FMMAZZQ](https://yearbookforever.com/schools/midcarolina_high_school/buy_yearbook_5230/V3FCaysuW1QV25mT3FMMAZZQ)

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

## Important Dates

8/28	SDNC School Board Mtg.
9/1	Underclassmen Picture Day
9/4	Labor Day Holiday Schools/Offices Closed
9/6	Faculty Meeting
9/9	ACT
9/11	Quarter 1 Interims
9/13	Student Early Release Day
9/14	Sr. Class Grad Meeting w/ Rhodes Graduation-9 a.m.
9/21	Graduation Order Deadline
9/25	SDNC School Board Mtg.
10/4	Faculty Meeting
10/6	College Application Day
10/10	Fall Mid-Term Exams (1st & 3rd Block)
10/11	Fall Mid-Term Exams (2nd & 4th Block) End of 1st Nine Weeks
10/13	Q1 Report Cards Parent Teacher Conferences - No School for Students

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## STRUGGLE LEADS TO STRENGTH

My wife calls me ChatJG because whenever she asks me for the right words for one of her social media posts, I can spit out exactly what she needs like the AI tool ChatGPT.

I realized the other day that I can do this because I wrestled with words for years and spent thousands of hours in the past writing books, newsletters and social media posts that made me a better writer. Sometimes it took me hours to decide what I wanted to say the way I wanted to say it.

My struggle with words led to my strength as a writer.

During the pandemic my daughter earned a living delivering food via Postmates. She had to provide for herself and the struggle made her stronger. I also see the same thing happening to her as a speaker. She's on the

road dealing with all the same challenges I've had over the years and I can see it building her resilience and character.

My son just graduated college and is working in his first sales job selling door to door. I'm watching him grind and having both success and failures. There are days he's struggling and I'm smiling because I know in the long run the struggle will lead to strength and skills for his life and career in the future.

If we are honest with ourselves, we want things to be easy. But we must remember that easy won't make us stronger. You have to struggle if you want strength.

Anything worthwhile takes time and struggle to create. That's why meals that are made, not microwaved, are much better.

Just as lifting weights makes your muscles grow and getting sick builds your immune system, adversity, challenges and struggles are woven into the fabric of our existence and are part of our growth and refining process.

So, the next time you are struggling, don't run from it. Don't wish it was easier. Instead choose to embrace it knowing it will make you stronger.

I told my wife the other day that instead of asking me (ChatJG) for input when she's stuck writing something she should wrestle with the words on her own in order to become a better writer. She agreed and decided she was going to do that from now on.

Struggling will make her stronger and it will do the same for you.

Have a great week!

-Jon Gordon

TODAY  
WILL NEVER COME AGAIN.

Be a blessing.  
Be a friend.

Encourage someone.

Take Time To Care.

Let your words heal,  
and not wound.

For more quotes: [www.InspiringQuotes.in](http://www.InspiringQuotes.in)

## Reminders

### FACULTY SUNSHINE FUND

Don't forget to contribute to the MCHS Faculty Sunshine Fund.



The cost for 2023-2024 is \$20 each.



Please check your mailboxes and e-mail for vital information early each morning.



## HAPPY BIRTHDAY!



Happy birthday wishes to:

Megan Arcovio (8/30), Chris Arnoult (8/30), Laura Aquilano (9/2),  
Phyllis Chebbi (9/3), and Matthew Mancini (9/4).