



February 6, 2023

A Proud Past, A Promising Future

“Don't be pushed around by the fears in your mind. Be led by the dreams in your heart.”

— Roy T. Bennett, *The Light in the Heart*

MONDAY, FEBRUARY 6

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

TUESDAY, FEBRUARY 7

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- JV Boys Basketball @ Abbeville 5 p.m.
- Varsity Basketball @ Abbeville 6/7:30 p.m.

WEDNESDAY, FEBRUARY 8

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- JV Basketball @ Saluda 6/7:30 p.m.
- Varsity Baseball Scrimmage vs. Aiken 6 p.m.

THURSDAY, FEBRUARY 9

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- Varsity Basketball vs. Saluda 6/7:30 p.m.

FRIDAY, FEBRUARY 10

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

SATURDAY, FEBRUARY 11

- Varsity Baseball Scrimmage vs. B-L 12 p.m.

MONDAY, FEBRUARY 13

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

TUESDAY, FEBRUARY 14 - HAPPY VALENTINES

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

WEDNESDAY, FEBRUARY 15

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- Girls Soccer Scrimmage @ Gilbert – 5:30/7 p.m.
- JV Baseball Scrimmage @ Pelion – 5:30 p.m.
- Varsity Boys Soccer Scrimmage @ B-L

THURSDAY, FEBRUARY 16

****Students Early Release Day****

****INTERIM REPORTS ISSUED****

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

FRIDAY, FEBRUARY 17

****PROFESSIONAL DEVELOPMENT – No Students****

- Boys Soccer Scrimmage vs. Stall 5:30/7 p.m.

SATURDAY, FEBRUARY 18

Varsity Girls Lacrosse Aiken Tournament

GOOD NEWS

Congratulations **Noah Davenport**! Noah is the MCHS Newberry County Exchange Club Youth of the Month for January 2023. He was recognized at the Newberry County Exchange Club meeting on Tuesday, January 24, 2023.

Congratulations **Carsyn Hydrick**! Carsyn is the MCHS Newberry County Rotary Club Youth of the Month for February 2023. She was recognized at the Newberry County Rotary Club meeting on Friday, February 3, 2023.

Mid-Carolina High School does not discriminate on the basis of race, color, religion, national origin, sex, disability, or age in admission to, treatment in, or employment in its programs and activities.

Congratulations to the following band students on their placement in the SC Band Directors Association Region 6 Honor Band. These students auditioned against hundreds of our region's top musicians to be placed in the ensemble.

- Kendellin Haltiwanger**- 19th Chair Senior Clarinet
- Katy Mae Crooks**- 3rd Chair Senior Alto Saxophone
- Noah Davenport**- 4th Alternate Senior Trumpet
- Jose Sosa**- 8th Chair Senior Tuba
- Wesley Fowler**- 2nd Chair Clinic Contrabass Clarinet
- Sarah Hicks**- 3rd Chair Clinic Alto Saxophone
- Jacob Lindler**- 16th Chair Clinic Trumpet
- Joshua Medvec**- 2nd Alternate Clinic Tuba

These students will participate in a clinic and performance on February 17th and 18th at Spartanburg High School.

Congratulations to the following student athletes on signing a letter of intent to play athletics at the college level in their prospective sport:

- Taylor Derrick** – Newberry College – Cheer
- Bailey Stewart** – USC Union – Softball
- Alton “AJ” Jackson** – Newberry College - Football

Congratulations to MCHS January Students of the Month **Kimberly Pelayo-Barreda** (9th), **Elizabeth Banach** (10th), **Christina Aguilera Muniz** (10th), **Abby Bass** (11th), and **Summer Fulmer** (12th).

Congratulations to **Mrs. Marie Wise**, MCHS’ Teacher of the Month and **Mrs. Alice Martinez**, Support Staff of the Month for January.

Congratulations to **Madison Swafford**! Madison has been selected for recognition as a Delegate representing Mid-Carolina High School and the State of South Carolina at the Congress of Future Medical Leaders to be held during the month of June in Boston, Massachusetts.

On-going/Upcoming Events

2022-2023 ACT
Test @ MCHS
July 15, 2023

2022-2023 SAT
Test @ MCHS
March 11, 2023
May 6, 2023
June 3, 2023

DEADLINES FOR GRADUATION '23 PREPARATION

March 1st - Deadline for Seniors to place their graduation orders, www.RhodesGraduation.com/seniors; if a senior has not ordered their required graduation items, you need to order them no later than **March 1st**! (Reminder: The only required items for graduation are cap, gown, tassel, and diploma cover.)

Graduation Supply Order Delivery Date Friday, March 24th, 11am-1pm

Free SAT/ACT

All third-year students will be given the opportunity to take the ACT or SAT at Mid-Carolina School at no cost. **The SAT will be administered on Wednesday, March 1, 2023, and the ACT will be administered on Tuesday, March 7, 2023.**

If you have any questions, please feel free to contact Mrs. Lyles or Ms. McAllister at 803-364-2134. Thank you for your time.

Illness Reminder:

As we are seeing increased flu activity, we need your help to reduce the spread of germs.

- It is very important to stay home when feeling sick, and consult with your healthcare provider.
- All children should stay home until 24 hours after they are fever free without the use of fever-reducing medicines.
- Keep sick children at home for at least 24 hours after they no longer have vomiting or diarrhea.
- If your child has fever, vomiting or diarrhea today, they cannot come to school tomorrow.
- If you have any questions please contact your child's school nurse.
- Reinforce opportunities for students and staff to engage in hand hygiene, respiratory hygiene, and cough etiquette.
- Hand washing should occur upon reentering the building from recess, after handling trash, before eating, after coughing and sneezing, and after using the bathroom.
- Students should cover their nose and mouth with a tissue or their upper sleeve when coughing or sneezing. Place tissue in a trash bin after use and wash hands.
- Provide adequate supplies for hand washing.

2022-2023 MCHS YEARBOOK!!!!

The deadline to order a yearbook has passed.

A limited number of extras have been ordered. If you wish to purchase a yearbook, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$85 will be expected at time of issue.

Important Dates

- 2/8 Faculty Meeting/PD
- 2/10— Beta Club Convention
- 2/12 Myrtle Beach
- 2/15 Department Collaborative Planning
- 2/16 Interim Reports Issued
Students Early Release Day
Teachers Learning Repository
HUB Training
- 2/17 Professional Development
(No Students)
- 2/17— Band Region Clinic (Spartanburg)
- 2/18
- 2/20 President's Day—Holiday
Schools/Offices Closed
- 2/22 Book Study
- 2/23 Black History Program
- 2/25 JROTC Raider Meet (Furman)
- 2/27 SIC Meeting @ 5 p.m.
- 3/1 District Wednesday
(Teachers ONLY)
- 3/2— Chorus All-State (Winthrop)
- 3/5
- 3/8 Faculty Meeting/PD
- 3/7 Sophomore Ring Meeting w/
Rhodes Graduation 9 a.m.
- 3/10— Band All-State (Furman)
- 3/12
- 3/15 Sophomore Ring Order Deadline
- 3/16 Student Early Release Day
- 3/17 3rd Make-Up Day—Schools/
Offices Closed
- 3/18 Band Mattress Fundraiser



M-C Faculty News

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

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FEBRUARY 6, 2023

52 Years, 52 Lessons

I turned 52 January 20th. I've learned a lot over the years and thought it would be fun and hopefully helpful to share 52 lessons I've learned along the way.

I believe age is just a number. My motto each year has been younger, stronger, wiser and better. I often tell my kids I refuse to age. But I have to admit that turning 52 has made me reflect on life, where I've been and where I'm going. I have decided I'm going for 100. In the words Jon Bon Jovi, I'm more than halfway there... living on a prayer. :)

I want to thank you for allowing me to speak into your life with this newsletter. It's been one of the most special and meaningful things I've done with my life. Thank you for reading it! Here are my 52 lessons in 52 years.

- 1) You don't choose when you were born but you can make a lot of choices that determine how you live.
- 2) The greatest gifts you can give your children is to love and believe in them. My parents did that for me.
- 3) If you want something you will have to work for it.
- 4) A teacher or coach who believes in you can change the course of your life.
- 5) Be nice to everyone in high school. My high school friend Mark Rathjen is the reason why I got on the Today Show years ago that helped launch my career as a writer.
- 6) Grit is not something you develop. It's something we are all born with. The key is to remember you've always had it.
- 7) Don't worry about your greatness in the future. Just be great today.
- 8) Do your best and let God do the rest. I used to worry so much. When I stopped worrying and started trusting things worked out.
- 9) It's more important to have vision than plans. You'll often have to change plans to realize your vision.
- 10) Talkers talk and doers do. Be a doer.
- 11) Your belief will determine what you create.
- 12) Don't listen to the naysayers. Listen to your heart that knows you were born to do this.

- 13) The career your parents would choose for you may not be the one meant for you. My mom wanted me to be an attorney.
- 14) Keep dreaming even when your circumstances tell you it's not going to happen.
- 15) When you serve others and help them grow, you grow.
- 16) Don't chase success. Decide to make a difference and success will find you.
- 17) Being positive doesn't just make you better. It makes everyone around you better.
- 18) Make your family a priority. They will be the ones crying at your funeral and miss you long after you're gone.
- 19) Failure is your partner in growth. It doesn't define you. It refines you.
- 20) Make daily exercise a part of your life. I walk or run almost every day and play a lot of pickleball with guys in their late 20's and early 30's.
- 21) Food is medicine. What you eat has a huge influence on your gut health, brain health and immune system.
- 22) The more I love my wife, the more I love my life.
- 23) Happiness is an inside job. Don't expect other people or things to make you happy.
- 24) You have to love what you do. If you don't love it you'll never work to be great at it.
- 25) Sometimes you have to lose a goal to find your destiny. I lost a race for the city council of Atlanta when I was 26 and it led me ultimately to do this work.
- 26) Garth Brooks was right. Some of God's greatest gifts are unanswered prayers.
- 27) Don't be bitter. Get better.
- 28) Forgiveness is the ultimate weight loss.
- 29) Don't hold grudges. When people wronged me I didn't sue or fight. I learned from it and moved on. I focused on my future instead of fighting about the past and prospered as a result.
- 30) If you don't have your health nothing else matters.
- 31) Laughter is good for the heart and soul.
- 32) So often the worst event of your life prepares you for the greatest assignment of your life.

- 33) People connect to you the most when you are being authentic and vulnerable.
- 34) Relationships are everything.
- 35) Don't seek happiness. Decide to work with passion and purpose and happiness will find you.
- 36) Never stop learning and growing. If you stay humble and hungry great things will continue to happen.
- 37) Commitments are greater than goals. It is your commitments that lead you to your goals.
- 38) Being a great parent and leader requires service, sacrifice and humility.
- 39) When you appreciate, you elevate your mood and the people around you.
- 40) Love is more powerful than fear.
- 41) When I'm speaking the genius is not on stage. It's in the audience. My job is to unleash their genius.
- 42) Abundance flows into your life when gratitude flows out of your heart.
- 43) There are a lot of great people in the world. Be an encourager and you'll find them and they will find you.
- 44) Being positive doesn't mean you ignore reality. It means you maintain optimism and belief to create a better reality.
- 45) No one creates success alone. We all need a team to be successful.
- 46) God's plan is greater than our plan.
- 47) The more you give the more it comes back to you. It's not why you do it but it's what happens.
- 48) Just as stars shine the brightest in the darkness, positive people shine the most through adversity.
- 49) My faith in God doesn't make life easier. It makes me stronger.
- 50) Ego disconnects you from others and God while Humility connects you to others and God.
- 51) Your kids are always watching you and listening to you even if they act like they aren't. My daughter at the age of 24 is now a public speaker with a mission to impact others like me and it's because she saw me speak it and more importantly live it.
- 52) The best is still yet to come.

- Jon Gordon



HAPPY BIRTHDAY!

Happy birthday wishes to
Kristi Carpenter (2/10) and
Kyle Branham (2/15).

Reminders

FACULTY FUND
Don't forget to contribute to the MCHS Faculty Fund. The cost for 2022-2023 is \$20 each.



Please check your mailboxes and e-mail for vital information early each morning.

