



October 24, 2022

## A Proud Past, A Promising Future

*"You cannot control the behavior of others, but you can always choose how you respond to it."*  
— Roy T. Bennett, *The Light in the Heart*

### MONDAY, OCTOBER 24 – Pre-ACT

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- Cross Country AA Region 2 Championship @ MCHS

### TUESDAY, OCTOBER 25

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- Tennis @ Greer Middle College - 5 p.m. (1st Round Play-Offs)

### WEDNESDAY, OCTOBER 26

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- Middle School Football vs. White Knoll - 6 p.m.

### THURSDAY, OCTOBER 27 – Mass Screening

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

### FRIDAY, OCTOBER 28

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- Varsity Football vs. Eau Claire – 7:30 p.m.

### SATURDAY, OCTOBER 29

- MC Varsity Cheer Competition @ Lake Murray Invitational (Chapin)
- Band Competition @ State Finals (Spring Valley)



### MONDAY, OCTOBER 31

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

### TUESDAY, NOVEMBER 1

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

### WEDNESDAY, NOVEMBER 2

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

### THURSDAY, NOVEMBER 3

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

### FRIDAY, NOVEMBER 4

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- Cross Country State Qualifier

### SATURDAY, NOVEMBER 5

- Cross Country State Qualifier
- MC Varsity Cheer Competition @ Debbie Rogers Classic (Colonial Life Arena)

If your student(s) received free or reduced lunch in the past and we have not received an application this year, their lunch is now \$2.35 a day. Please make sure they have funds on their account to eat. If you have any questions please call (803) 364-2134 ext. 80800.

## GOOD NEWS

Four of Mid-Carolina's varsity swimmers traveled to the Sol Blatt Natatorium in Columbia on October 8th to compete at the SCHSL 3A state meet. **Jorja McGee** (freshman), **Cassidy Price** (junior), **Grant Smith** (8th grade), and **Rhett Smith** (freshman) all qualified to compete at the meet. Swimmers must achieve qualifying times in order to compete. Swimmers are limited to only 2 individual events at the meet. The men's team finished 23rd in the state and the women's team finished 28th in the state. The following are the events in which the swimmers participated:

- **Jorja McGee** - 200 freestyle Jorja achieved a personal best time after cutting 4.4 seconds to finish 20<sup>th</sup>; 100 freestyle 26<sup>th</sup> place
- **Cassidy Price** - 500 freestyle 30<sup>th</sup> place
- **Grant Smith** - 200 freestyle 21<sup>st</sup> place; 500 freestyle 14<sup>th</sup> place
- **Rhett Smith** - 200 freestyle Rhett dropped 2.37 seconds for a best time and finished 19<sup>th</sup>; 500 freestyle Rhett cut 3.02 seconds for a best time and finished 21<sup>st</sup>.

*Mid-Carolina High School does not discriminate on the basis of race, color, religion, national origin, sex, disability, or age in admission to, treatment in, or employment in its programs and activities.*

On Thursday, October 13, Mid-Carolina Cross Country hosted 7 teams for Senior Night. The MC girls won first place overall. Top 10 finishers from the girls' team were **Claire Hawkins** – 2nd place, **Meredith Koon** – 3rd place, **Madison Ringer** – 4th place, **Anna Grace Morris** – 5th place, and **Katileena Griggs** – 8th place. The MC boys were 3rd place overall. **Jacob Lindler** (12<sup>th</sup>) led the Rebels to the finish line followed by **Frank Elsenheimer** – 13<sup>th</sup> and **Adam Bedenbaugh** – 15<sup>th</sup>.

Congratulations to the MCHS Rebel Regiment on their 2nd place finish at the Chesnee Eagle Classic on Saturday, October 15th. The band also received best color guard and highest musical performance. The band will travel to Boiling Springs High School to compete in the SCBDA Upper State Championships. If the band places in the top 8 they will advance to state finals on October 29th at Spring Valley High School.

Congratulations to the Mid-Carolina Varsity Competition Cheer Team for their 2nd place finish at the Silver Fox Invitational on Saturday, October 8, 2022.

Several MCHS Art students had artwork on display at the 2022 South Carolina State Fair.

<b>John Berry</b>	<b>Bailey Derrick</b>	<b>Maggie Parsons Leila</b>
<b>Quattlebaum</b>	<b>Chantel Robinson</b>	<b>Karen Rivas</b>
<b>Cindy Weng</b>	<b>Alexis Thomas</b>	<b>Brianna Boland</b>
<b>Kendellin Haltiwanger</b>	<b>McKenna Shealy</b>	<b>Catherine Moyd</b>
<b>Nyssa Thanabousay</b>	<b>Jayla Bates</b>	<b>Arynton Crouch</b>
<b>Jerald Perez</b>		

**Haley Patterson** (12) was awarded Honorable Mention.

Congratulations to **Kenzie Chadwick**! Kenzie is the MCHS Newberry County Exchange Club Youth of the Month for September 2022. She was recognized at the October Newberry County Exchange Club meeting on Tuesday, October 18, 2022.

Congratulations to **Riley Peel**! Riley is the MCHS Rotary Student of the Month for October 2022. She was recognized at the October Newberry County Rotary meeting on Friday, October 21, 2022.

## On-going/Upcoming Events

**2022-2023 ACT Test @ MCHS**  
December 10, 2022  
July 15, 2023

**2022-2023 SAT Test @ MCHS**  
November 5, 2022  
December 3, 2022  
March 11, 2023  
May 6, 2023  
June 3, 2023

On **Monday, October 24th**, all second-year (10th grade) MCHS students will be participating in state-mandated testing at Mid-Carolina High School. All students should report to campus by 7:35 a.m. on testing day. Second-year (10th grade) students will be taking the **Pre-ACT**, a short, multiple-choice assessment with results that predict performance on the ACT. Any student who normally reports to the Newberry County Career Center in the morning will report to Mid-Carolina High School instead on Monday, October 24th. Breakfast will be provided. Students, please check your email soon for more information regarding test day.

The Office of School Health Services will conduct **Vision and Blood Pressure screenings** on **Thursday, October 27, 2022**. If you do not wish for your child to be screened, please send a handwritten note to your school nurse prior to the date of the screening.

### ASVAB (Nov 15, 2022 & March 24, 2023)

The ASVAB is offered to high school students as part of their Career Assessment. It helps students learn more about career exploration and planning, in both the civilian and military worlds of work. The ASVAB assessment is free of charge to students.

The ASVAB is administered at Mid Carolina High School generally in the fall and spring to interested sophomores, juniors and seniors. Please note: you do not need to be joining the military to take this test. To reserve your spot for the test please stop by the guidance department and add your name to the test list.

### Football Game Theme

**October 28 (vs. Eau Claire)- "Pinkout" HOMECOMING GAME**

#### DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2022-2023 yearbook today for \$75.

After Christmas the price will increase to \$80.

*Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$85 will be expected at time of issue.*

## Important Dates

- 10/24 Pre-ACT
- 10/27 Mass Screening
- 11/2 District Wednesday
- 11/5 SAT
- 11/8 Election Day (Schools/Offices Closed)
- 11/14 Underclassmen Make-Up Picture Day
- 11/15 ASVAB Fall Testing
- 11/16 Ring Delivery Day 11 a.m.—1 p.m.
- 11/17 Student Early Release Day
- 11/21 Blood Drive 9 a.m.—2 p.m.
- 11/22 Interim Reports Issued
- 11/23- Thanksgiving Holidays
- 11/25 Schools/Offices Closed
- 11/30 Financial Aid Workshop—5:30 p.m. (12th Graders & Parents/Guardians)
- 12/3 SAT
- 12/10 ACT
- 12/10 MCHS Holiday Market
- 12/20 High School Exams
- 12/21 High School Exams 1/2 Day for Students
- 12/22 - Winter Holidays (Schools/Offices Closed)



# M-C Faculty News

**Our mission: To engage students in educational experiences that ensure success and life-long learning.**

*Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.*

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OCTOBER 24, 2022

## COMMUNICATE TO BUILD COMMUNITY

Did you know that communication, community and communion all share the same etymology "communis" which means "with, together" and "oneness, union." My friend Erwin McManus taught me that and it was a powerful insight regarding the essence, purpose and impact of communication.

This past weekend I joined 14 of my college fraternity brothers for a charity golf tournament raising money for cancer research. It was hosted by our brother Bob Kiesendahl who owns the Woodloch Pines Resort in the Pocono mountains. Bob was diagnosed with leukemia in his 20's and given a 10% chance of survival. But thanks to the miracle of medicine, an innovative treatment, a bone marrow transplant donor who sacrificed to help, and the grace of God, Bob is still living healthy and strong.

This was the third year in a row my group of friends got together like this. Guys who knew each other as 18 year old knuckleheads are now leaders in the financial industry, an orthopedic surgeon, a judge, an environmental con-

servationist, a movie producer, an educator and philanthropist helping disadvantaged youth, an author and resort owner.

We didn't always get together like this. We went years and years without seeing each other. But then Covid hit and we all started to communicate via a group text. The communication lead to a renewed connection which lead to a commitment to get together for Bob's annual charity golf tournament.

And there we were in the middle of 2020, as the world became divided and people isolated and separated from each other, we all united together once again 27 years after graduation; for Bob, for cancer research, for each other and for the nourishment of our own souls.

It truly was a life giving time and every guy will tell you we needed it for our own healing and mental health when it felt like the world was going crazy. We left that 2020 gathering recharged, nourished, hopeful and excited about getting together again.

Communication lead to us communing with each other which lead to a stronger bond, health, wholeness and community.

Communication, communing, communion and community are essential for health, happiness, relationships, teamwork and life. We were never meant to be isolated and alone. We were made for intimacy, connection and relationships. We are meant to grow and thrive in community.

So as you think about your family, friends, and team at work, think about how you can communicate in such a way that builds community. Communicate to connect and unite, not divide, and connect in such a way that you build a community that supports and nourishes each other, making each individual feel more whole and the collective whole stronger.

When we improve our communication we communicate "with" each other, enhance our relationships and build stronger, "united" teams and communities "together."

- Jon Gordon

**COMMUNICATION IS WHAT MAKES A TEAM STRONG.**

Brian McClennan

**HAPPY BIRTHDAY!**

Happy birthday wishes to Coleen Makoski (10/30).



## Reminders



### FACULTY FUND

Don't forget to contribute to the MCHS Faculty Fund. The cost for 2022-2023 is \$20 each.

*Please check your mailboxes and e-mail for vital information early each morning.*

