

May 16, 2022

A Proud Past, **A Promising Future**

The most effective way to do it, is to do it. – Amelia Earhart

MONDAY, MAY 16

EOC – English II Writing Test Breakfast - Manager's Choice, Juice, Milk

Lunch – Manager's Choice, Juice, Milk

TUESDAY, MAY 17

EOC - English II Reading Test Track Dedication – J. Harris @ 6 p.m. Breakfast - Manager's Choice, Juice, Milk Lunch - Manager's Choice, Juice, Milk

WEDNESDAY, MAY 18 EOC – Algebra I Test

Senior Picnic — College/Military/Career Signing Day Senior Night - MCHS Gym @ 6 p.m.

Breakfast - Manager's Choice, Juice, Milk Lunch - Manager's Choice, Juice, Milk

THURSDAY, MAY 19

EOC – Biology I Test

Powderpuff - Lon Armstrong Stadium @ 5 p.m.

Breakfast - Manager's Choice, Juice, Milk Lunch - Manager's Choice, Juice, Milk

FRIDAY, MAY 20

EOC – US History Test

Breakfast - Manager's Choice, Juice, Milk Lunch - Manager's Choice, Juice, Milk

SATURDAY, MAY 21

• State Track Meet @ Lower Richland

SUNDAY, MAY 22

Spring Athletic Banquet - MCHS Gym @ 4 p.m.

Cafeteria News



All students are provided one Breakfast and one Lunch, daily, at NO COST. Please visit the school café to enjoy

your meal which includes fresh fruit, vegetable, whole grains, protein and milk!

Good News

Congratulations to the MCHS Golf Team for winning the Region Championship.

- All-Region: Luke Hammond, Carter Hendrix, Landon Compton, Lane Hobby, Zac McCormack
- Region Player of the Year: Luke Hammond

Congratulations to the MC Lady Rebels Varsity Soccer Team for winning the 2022 Region Championship.

All-Region: Dantzler Long, Danielle Ballentine, Hailey MacDermott, Olivia Cochran, Margaret Livingston

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Region Player of the Year: Dantzler Long

Congratulations to the MCHS Lady Rebels Track for winning the 2022 Region Championship!

Track Individual Region Champions:

- Girls 4x100 Relay: Brayden Brooks, Halee Gunter, Iysis Stribble-Eigner, Braylee Brown
- Girls 4x800 Relay: Caroline Matney, Anna Grace Morris, Katie Belle Barbour, Cameron Wicker
- Girls 4x400 Relay: Halee Gunter, Iysis Stribble Eigner, Carissa Wicker, Josie Shephard
- Girls 1600 Meter Run: Cameron Wicker
- Girls 400 Meter Dash: Josie Shephard
- Girls 400 Meter Hurdles: Carissa Wicker
- Girls 800 Meter Run: Cameron Wicker
- Girls 3200 Meter Run: Cameron Wicker
- Girls Shot Put: Callie Wilbanks
- Girls Javelin: Anna Grace Morris
- Boys Javelin: Jackson Livingston
- Boys Discus: Michael Lindler
- Boys Pole Vault: Luis Espinoza

All-State and State Track Champion: Jackson Livingston

Congratulations to the MC Boys Varsity Soccer Team for winning the 2022 Region Championship.

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- All-Region: Sammy Carmona, Chris Chapman, Jan Carlo Cardenas, Alberto Leyva
- All-State: Sammy Carmona

Congratulations to the MC Boys Tennis for winning the 2022 Region Championship.

All-Region: Ben Hammond, Gage Gilliam, John Berry

Congratulations to the MC Varsity Softball Team for winning the 2022 Region Championship.

- All-Region: Cady Gonzalez, Gabi Riddle, Emma Chapman, Symari Bowers
- All-Region: Amber Hughes

Congratulations to the MC Varsity Baseball Team for winning the 2022 Region Championship.

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- All-Region: Cole Bouknight, Jon Ruff, Jace Martin AJ Jackson, Hayden Lake, Blair Moore
- All-Region and All-State: Michael Linder

On-going/Upcoming Events

2021-2022 ACT

Test @ MCHS July 16, 2022

2021-2022 SAT Test @ MCHS June 4, 2022



A limited number of extras were ordered

WORD POWER

- M
- RUE to regret extremely RUTH sorrow for another's misery; pity or compassion
- **SAGACIOUS** able to discern and distinguish with wise perception **SALIENT** standing out prominently Ť
- SANCTION to approve authoritatively SAPIENCE deep wisdom or knowledge W
- SARCASM cutting and reproachful language SAVAGE a wild and uncivilized human being Th
- **SCARCITY** insufficiency of supply for needs or ordinary demands **SCRUPLE** a moral or ethical consideration or standard that acts as a restraining force or inhibits certain actions F



M-C Faculty News

Mid-Carolina High School

Volume 10, Issue 29 May 16, 2022

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

9 Things The Best in Business and Sports Do

I've been very fortunate over the last two decades to work with many of the best leaders and organizations in business. sports, healthcare and education. I've found that the best in these different fields implement the same principles and practices. Here are some of my findings:

- 1. The best know what they want. They have clarity that drives their actions. When you are on a mission with a vision vou won't give up when faced with challenges. It's essential that everyone in the organization is clear on the vision and mission and knows how they can contribute to it.
- 2. The best build a great culture. Culture drives expectations and beliefs. Expectation and beliefs drive behaviors. Behaviors drive habits. Habits create the future. If you want the fruit you must invest in the root. Culture is the root. Culture creates sustained success.
- 3. The best do ordinary things better than everyone else. Success is all about the fundamentals.

Vince Lombardi once held a 4-day coaching clinic and spent 2 full days on one play: the power sweep. Opponents knew it was coming but still couldn't stop it.

- 4. The best are mentally stronger. Through adversity their belief is greater their circumstance. Research at Duke University shows that optimists work harder, get paid more and are more likely to succeed in business and sports. Because they believe it, they take the actions necessary to create it.
- 5. The best overcome their fear of failure. Everyone has fear but the best overcome it. They don't allow it to control, limit or paralyze them from taking action. The greatest success strategy is to focus on the love of what you are doing instead of fearing the outcome.
- 6. The best build great relationships and teams. No once creates success alone. We all need a team to accomplish something great. The best leaders and teams utilize the 4 Cs. They communi-

cate, connect, commit and care.

- 7. The best transform negativity. They allow negativity to sabotage their team and mission. One person can't make a team but one person can break a team. Great leaders and teams feed the positive and weed the negative.
- 8. The best think like rookies and overcome the curse of experience. They don't expect a bad outcome because it happened before. They don't long for the good ole days. They work hard, believe anything is possible and create the good ole days right now. They innovate, adapt and turn challenges into growth opportunities.
- 9. The best care more. In a world where most don't care those who care stand out and perform better. They put more time and energy into their product, design, service, and/or craft. Joe DiMaggio said there's always some kid seeing me for the first time. I owe him my best!

—Jon Gordon

Important Dates

EOC—English II Writing 5/16

EOC-English II Reading

5/18 EOC—Algebra I Senior Picnic/College-Military Signing—During Lunch Academic Senior Night @ 6 p.m.

EOC-Biology I 5/19

5/20 **EOC—US History** Powderpuff—5 p.m.

Spring Athletic Banquet-4 p.m.

5/24 Senior Exams—1st & 2nd Blocks

5/25 Senior Exams—3rd & 4th Blocks

5/26 Underclassmen Exams 1st & 2nd Blocks

5/27 Underclassmen Exams 3rd & 4th Blocks

Baccalaureate Ceremony-4 p.m. @ St. Luke's Lutheran Church, Prosperity

5/30 Memorial Day Holiday— Schools/Offices Closed

5/31 Half Day for Students

Half Day for Students 6/1 MCHS Graduation

Teacher Workday



Don't forget to contribute to the MCHS Faculty Fund. The cost for 2021-2022 is \$15 each.



Please check your mailboxés and e-mail for vital information early each morning.

