



Lebanon Public Schools

891 EXETER ROAD, LEBANON, CONNECTICUT 06249-1731

Tel. (860) 642-7795

Fax. (860) 642-4589

PATRICIA A. CICCONE, Interim Superintendent of Schools
patricia.cicccone@lebanonct.org

January 14, 2021

Dear Students, Parents and Guardians,

I write today to inform you of 2 new COVID-19 cases at Lyman Memorial High School (LMHS). Two students at LMHS have tested positive and were last in school Friday, January 8. All contact tracing and quarantining protocols have been implemented appropriately. Uncas Health District is also aware of these cases and supportive of the steps we have taken.

Given the number of students and staff members who are close contacts to the students, I am putting LMHS into distance learning only mode for Friday, Jan. 15. Next week, LMHS will return to in-person learning on Tuesday, January 19. **Again, LMHS will be in full distance learning for Friday, Jan. 15 and return to in-person learning on Tuesday, Jan. 19. Thank you for your patience as we pause LMHS for one more day to allow for contact tracing follow-up, sanitization, etc.**

Please note: LMS will also be returning to in-person learning on Tuesday, Jan. 19th and LES will return to in-person learning on January 20th

Students and staff members, who may be awaiting COVID-19 test results due to being identified as a close contact, should not attend school while awaiting results.

Quarantine Changes

The Department of Public Health and the State Department of Education has made changes to the quarantine guidelines. The quarantine period for travel and for being a close contact to someone with COVID-19 has been reduced to 10 days. We are using the 10-day quarantine period.

COVID-19 Reminders

COVID-19 is spread mainly via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. As with controlling the spread of other viruses, we urge everyone to discuss the following preventive measures with your children and family members:

- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for about 20 seconds. Be sure to also wash your fingertips. When soap and water are not available, use hand sanitizer.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a tissue, then throw the tissue away. If you don't have a tissue, cough/sneeze inside the elbow of your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Maximize social distancing between yourself and others when outside of your home.

Below is the list of COVID-19 symptoms for which everyone should monitor in their family members:

- ☐ Fever (100.4° Fahrenheit or higher)
- ☐ Chills or shaking chills
- ☐ Uncontrolled new cough (not due to other known cause, such as chronic cough)
- ☐ Difficulty breathing or shortness of breath
- ☐ New loss of taste or smell

For additional information on COVID-19 symptoms, please see:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Sincerely,



Patricia A. Ciccone
Interim Superintendent