



# MARANACOOK AREA SCHOOLS

*A Caring School Community Dedicated to Excellence*

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Dear Staff, Students, and Families,

This letter is to inform you that a student associated with Maranacook Community High School recently tested positive for Coronavirus Disease 2019 (COVID-19). This individual is a remote student but participates in our winter athletics programs. Close contacts have been informed and the affected athletic program is in the process of canceling practices and upcoming games.

Due to the student being a remote learner we will NOT be moving to remote learning at the high school. Other than the affected athletic team our other winter athletic programs will continue to run as scheduled. I am confident with the safety protocols we have in place that we can continue to offer and participate in sporting activities.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- fever or chills
- cough
- shortness of breath or difficulty breathing
- fatigue
- muscle or body aches
- headache
- new loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea

Please keep in mind that many things can cause respiratory illness, so students and staff should be up-to-date on influenza and routine vaccinations. Please monitor yourself/your student for signs and symptoms. Call a health care provider if symptoms start. It is important that you call a healthcare facility before you show up in person. Stay home if you are sick.

Questions can be directed to Dr. Dwayne Conway, the principal or Anya Davidson, the school nurse by calling Maranacook Community High School at 685-4923. For general COVID-19 questions, dial 211 (or 1-866-811-5695). You can also text your ZIP code to 898-211 or email [info@211maine.org](mailto:info@211maine.org). Call a health care provider for questions about your symptoms. More information can be found at [www.maine.gov/dhhs/coronavirus](http://www.maine.gov/dhhs/coronavirus) or [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus).

Sincerely,

James Charette  
Superintendent of Schools