

CARLSON NEWS

Newsletter October 2020

Marjorie Carlson Elementary School
12355 Mruk, Warren, MI 48089
Phone: 586-758-8345
Fax: 586-758-7397

Principal
Ms. Joann Iras

School Secretary
Ms. Teresa VanNuck



Dear Carlson Families,

It is hard to believe that we are already in October and the weather sure feels like fall. Thank you for your continued support and patience in this virtual learning environment. NWEA testing is well on its way after some tech challenges were resolved and will be completed in the next two weeks. I've been able to visit virtual classrooms and see our students learning and participating in engaging lessons. Although it is very different than seeing our kids in person, I am comforted to see the relationships being built between teachers and students as well as the academic rigor continuing in the virtual setting. Completion of the NWEA testing and having the data from that assessment will further assist teachers in planning activities to meet student needs and push them further academically.

As required by the State of Michigan, **students are required to participate in communication with their teachers and providers, including Enrichment Teachers.** The report card will reflect learning that occurs in the classroom as well as in Enrichment classes. Students who receive Special Services are expected to continue with their services throughout the virtual environment as well as when we return to in-person learning. Families, please communicate with the teachers if you have concerns and questions related to the expectations during this time of virtual learning. We are all dedicated to working with families to support student learning and growth and look forward to this journey of learning with you all.

A big Thank You to Ms. Stapleton for designing the Carlson Mascot to reflect our Mission Statement; United we learn. Together we achieve. Thank you to the families and staff members who voted on the mascot. You will see the new Carlson Knight on communications and Spirit Wear moving forward.

A friendly reminder that we will have Elementary Parent/Teacher Conferences on October 15th. Teachers will be communicating the conference schedule and sign-up procedure for conferences. I am missing all of our students and look forward when we can be in the building safely together again. In the meantime, stay safe and stay warm!

With Carlson Pride,
Ms. Iras

INSIDE THIS ISSUE

1. Letter from the Principal
2. Picture Retake
Mascot
3. Count Day
Food Distribution
4. Remind
Calendar
5. Calendar
6. Childcare
7. Conferences
- 8 & 9. Home and School
10. Covid 19
11. Kennedy





K KAISER STUDIO

When: October 23 & 24

Where: 1825 Birchwood Dr
Troy, MI 48083

By appointment only no
walk-ins.

Please call 248-619-9119 to
schedule an appointment.



Thank you Mrs. Stapleton for designing
Carlson's new mascot!



Count Day

When : October 7th

Please make sure your child attends their zoom meeting(s).



Food Distribution Dates

When: Tuesday's and Thursday's

Time: 9:00 AM to 11:30 AM

- October 1
- October 6
- October 8
- October 13
- October 15
- October 20
- October 22
- October 27
- October 29

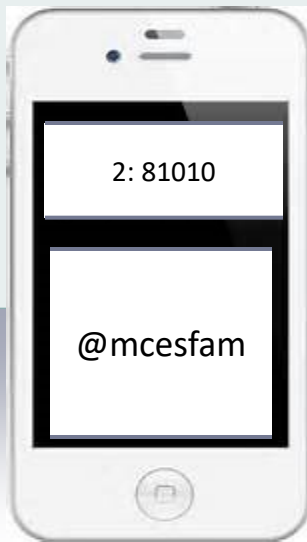


STAY CONNECTED

HOW TO SIGN UP FOR MRS. JOANN IRAS'S REMIND CARLSON PARENTS

MESSAGES:

- To receive messages via text, text @mcesfam to **81010**. You can opt-out of messages at anytime by replying , unsubscribe.



What is remind and why is it safe?

Remind is a one-way text messaging and email system.

With Remind, all personal information remains completely confidential. Teachers will never see your phone number, nor will you ever see theirs. Visit remind.com to learn more.

- October 7th—Count Day
- October 15th— Parent Teacher Conference's 1/2 Day
- October 21st— PLC Day





OCTOBER 2020

www.wiki-calendar.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Food Distribution	2	3
4	5	6 Food Distribution	7 Count Day	8 Food Distribution	9	10
11	12	13 Food Distribution	14	15 Food Distribution Parent Teacher Conferences	16	17
18	19	20 Food Distribution	21 PLC Day	22 1/2 Day Food Distribution	23	24
25	26	27 Food Distribution	28	29 Food Distribution	30	31



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POWERING POTENTIAL

Y Learning Centers

YMCA OF METROPOLITAN DETROIT

Providing students with schedule & structure, our Y Learning Centers help kids feel anchored & safe. Parents—relax at work, knowing our team is here to provide a reliable, safe, & fun environment for your child to enjoy during their online learning days.

Joining our Y Learning Center is a rewarding experience for students, families, & schools—plus a great way to make friends & learn!

SAFE & FUN ACTIVITIES

- Virtual Learning Support
- Healthy You: Nutrition Activities
- Group Games & Physical Activity
- Exploration Station: STEM Projects
- Word Play: Literacy Program
- Arts & Crafts
- Character Development focusing on our core values: Caring, Honesty, Respect, Responsibility, & Inclusion.

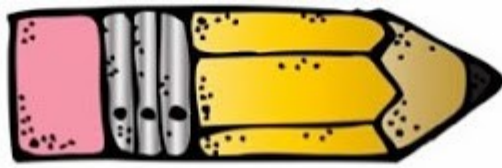
YMCA OF METROPOLITAN DETROIT

1401 Broadway, Suite 3A, Detroit

P (313) 267-5300 O ymcadetroit.org/y-learning-centers

Carlson Elementary

- Grades: K-5 (Program is open to all Van Dyke Public Schools Students)
- Masks required
- Monday - Friday, 7am - 6pm
- Cost: \$125/week (5-day), \$25 day.
- DHS childcare accepted.
- Financial Assistance is available.
- Electronics provided by family.
- Meals are available/provided
- Contact: Keneisha Cannon at keneisha.cannon@ymcadetroit.org



PARENT-TEACHER Conference



Thursday October 15th

More information will be coming from your
child's teacher. 1/2 Day of School.



Home & School

CONNECTION®

Working Together for School Success

October 2020



Carlson Elementary School

Mrs. Iras, Principal

SHORT NOTES

Spot respect

Ask your youngster to write the word "R-E-S-P-E-C-T" across the top of a sheet of paper, with a column for each letter. Post the paper on the fridge, and let everyone write examples of respect that start with those letters. ("Return borrowed items in good condition." "Express thanks for favors.") Put a tally mark by each one someone does or notices this week.

Sprinkle in similes

Your child can use similes—comparisons with *like* or *as*—to write vivid descriptions. Try this: Pick something (say, the wind), and take turns describing it with a simile. Your youngster might say, "The wind tickled my ear *like* a whisper." Or you could say, "The wind howled *as* loudly *as* a wolf."

DID YOU KNOW?

The last speech sounds children typically master include *ch*, *sh*, and *th*. By age 8, your youngster should pronounce all sounds correctly in the beginning (*cheese*), middle (*seashell*), or end (*with*) of a word. If you're concerned about his speech, contact his teacher. She may suggest an evaluation by the school speech therapist.

Worth quoting

"Start where you are. Use what you have. Do what you can." *Arthur Ashe*

JUST FOR FUN

Q: What's one question you can never answer with "Yes"?

A: What does n-o spell?



Homework success

Which homework assignment should your youngster tackle first? How can she make sure she follows the directions? Suggest these strategies that will help her do her best at homework time.

Start smart

Before your child digs into the day's homework, have her rank her assignments from easiest to hardest. She may want to do the hardest work first while her mind is fresh. Or perhaps she'd prefer to get an easier assignment out of the way first to give her a sense of accomplishment.

Read the instructions

Paying careful attention to directions can help your youngster complete assignments correctly. For instance, the instructions might say to write explanations or draw pictures to show her thinking in solving math problems. Also, tell her that if she doesn't understand the directions, it's okay to ask for help. Offer to read them with her, or she could call a friend.

Share expectations

How you tell your child what you expect will go a long way toward turning your expectations into his reality. Consider these three techniques.

1. Show understanding. You might say, "I know you want to play, but it's time to study for your test."

2. Give choices. Your youngster may do what's expected if he gets to decide when to do it. Ask him, "Do you plan to practice piano before or after dinner?"

3. Look to the future. Help your child tie your expectations to his goals. Does he want to become a race car mechanic? Try: "When you grow up, you'll need to be organized to know exactly where all your tools are."♥

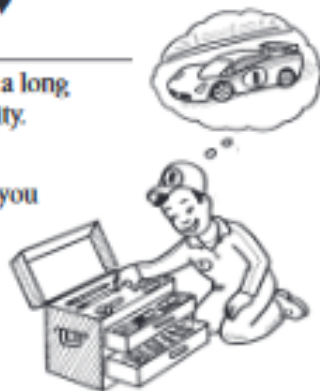


Take breaks

Short breaks will help your child stay focused. Between assignments or subjects, let her set a timer for 10 minutes. She can stretch, snuggle with the cat, or dance to music until the timer goes off, then get back to work.

Review work

As your youngster finishes each assignment, have her check it over before putting it away or sending it electronically. Is her name on her paper? Did she skip any parts? Do all answers make sense? Once she's satisfied, she should put her paper in her backpack or hit "send."♥



Count on courage

Children may believe that being brave means being fearless. But having courage really means taking action even when something feels scary—like learning to ride a bike or speaking out if something is wrong. Encourage your child's bravery with these tips.

Recognize it. Since courage often doesn't feel "brave" while it's happening, your youngster might not realize he is being brave. When he



shows courage, point it out to him. ("It was brave of you to meet the neighbor's dog. I know you're not comfortable around big dogs.") Or you could say, "It took a lot of courage to tell your friend to stop teasing that girl."

Control feelings. If your child is nervous or afraid, he may convince himself that something is too difficult. Help him develop ways to manage his feelings. He might take a few slow, deep breaths before he tries riding

his bike without training wheels. Or he can give himself a pep talk before speaking up for himself. ("I know it's wrong to share answers. I'm doing the right thing.")♥

ACTIVITY CORNER

"I'm 3 x 3 years old!"

Age, shoe size, address ... your child's world is full of numbers. For a fun way to practice math facts, she can use those numbers to make up personalized math problems for everyone in your family.

Have each person write equations about herself or relatives. Your youngster might write " $2 + \text{my shoe size} + 1 = 7$ " (answer: size 4). And you could write " $676 - 284 = \text{our house number}$ " (answer: 392). More numbers to use in equations: age of our dog, Dad's birth year, number of people living in our home, year of grandparents' wedding.



Trade papers—can you solve each other's problems? Then, let your child display the math by drawing portraits of your family and writing the equations on each person's portrait.♥

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated
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800-394-5052 • rfeustomer@wolterskluwer.com
www.rfeonline.com

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Strengthen bonds with family traditions

Traditions build a sense of security by giving your youngster something to count on. Try these ideas.

Talk about family traditions

Maybe you take a full-moon walk once a month or visit a pumpkin farm every October. Discussing these traditions will help your child recognize and treasure them as part of what makes your family special.

Make adjustments

Accept that some traditions may not work this year, such as hosting a World Series watch party or attending a neighborhood potluck. Then look for ways to adapt them. Perhaps you'll eat peanuts and popcorn with your family while watching baseball or classic sports on TV.

Tip: If you have a blended family, start new traditions together—and be sure to keep old ones, too. You'll build stronger bonds and a sense of a family identity.♥



Q & A

Learning to brainstorm

Q: My son often has to brainstorm for school assignments, but instead of coming up with a lot of ideas, he gets stuck after one or two. How can he learn to generate more ideas on his own?

A: Brainstorming often stalls when kids spend too much time trying to think of "good" ideas. Remind your son that brainstorming has no wrong

answers, and a so-so idea might lead him to an ideal solution.

Practice brainstorming together. Each night, try to come up with a headline that describes your day, a new title for tonight's bedtime story, or a name for a stuffed animal. Your son can toss out the first idea, then take turns suggesting others until he has one he likes. Over time, he'll get more comfortable offering ideas without overthinking them.♥

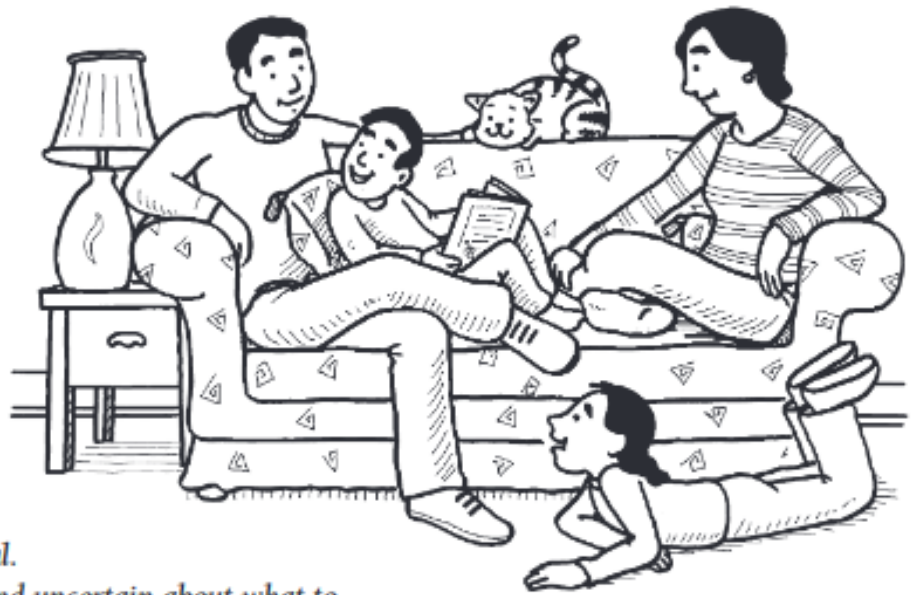


COVID-19 SPECIAL EDITION:

Support for Parents and Children

Your children's world has changed dramatically over the course of just a few weeks. They're home from school, missing their friends and activities, worried about what's happening in the news—and unsure of when life will return to normal.

As a parent, you may feel overwhelmed and uncertain about what to do. Use this guide as a starting point for supporting your youngsters emotionally and academically during the coronavirus pandemic.



Editor's note: Guidelines are changing rapidly. Make sure to follow all local, state, and federal laws and recommendations on social distancing and other practices when using these ideas.

Boost well-being

Your children are likely experiencing conflicting emotions. They're probably happy to be home with you—but bored because they can't go anywhere or have anyone over. Here are ways to keep life as close to normal as possible.

Find the positives. Look for bright moments each day. For instance, maybe you're not commuting to your job right now, so you have time before work to snuggle up and read with your youngster. Or perhaps a family birthday party was canceled, but now even people who live far away can celebrate with you ... via video chat.

Stay physically active. Go for runs or bike rides, and play backyard games. Have everyone put on comfortable clothes and gather in front of the TV or computer for a free fitness class. Try a site like [youtube.com/user/CosmicKidsYoga](https://www.youtube.com/user/CosmicKidsYoga) or [lesmills.com/us/workouts/youth-training/](https://www.lesmills.com/us/workouts/youth-training/). Your child's dance or martial arts classes may even be continuing online.

Encourage play. Children need plenty of time to play—and this is especially true in difficult circumstances. Pull out old toys they may not have played with in a while. It'll be like getting brand-new toys! They can also turn household items into toys. A cardboard box could become a bear cave, a school bus, or an art studio



(they can color the inside with crayons or markers). A blanket might be a cape, a tent, or an island.

Enjoy the great outdoors. Spending time in nature is a proven stress reliever. Take family walks and observe animals, trees, and flowers along the way. Plant a garden. Try stargazing at night or bird-watching in the daytime. Have picnics in the backyard or on your balcony.



Do for others. Thinking of others gets your children outside of thinking about the situation they're in. They might make cards for people who are working hard to help us, such as nurses, doctors, and paramedics. They could also use chalk to draw pictures and leave uplifting messages on the sidewalk for delivery truck drivers and mail carriers.

Manage family time. Being together 24/7 and unable to leave your home can cause tension among family members. Encourage siblings to play separately when they've had enough of each other's company. Also, it's healthy for parents to have some time to themselves, so relax with a cup of coffee before your child wakes up, or plan at-home date nights with your spouse.

continued

Reduce anxiety

It's normal for youngsters—and adults—to feel stressed when their schedules change or life is unpredictable. Consider this advice for helping your children cope.

Provide reassurance. Having some control over a situation can limit anxiety. Talk to your child about what your family is doing to stay safe—and to help others be safe.

Examples include washing hands often, staying at home, and social distancing (staying at least six feet away from people who don't live with you).

Stick to routines. Stick to your youngster's regular bedtime and wake-up times. Also, encourage her to dress in regular clothes. If she asks to stay in pajamas, consider setting aside a special PJs day

each week. Wearing daytime clothes on other days will contribute to a sense of normalcy. And plan regular mealtimes rather than letting everyone snack all day.

Limit access to news. It's important to stay informed, but news coverage can make children feel anxious. Keep the news off, and set certain times each day to check for updates. If you have a young child, you might consider tuning in only after he goes to bed.

Keep reading!

Reading every day is one of the best ways for your child to keep up skills in all subjects. Try these ideas:

- Set aside time each day to read with your youngster. You could enjoy favorites from your bookshelves and also download e-books from the public library. Encourage him to choose a variety—fiction, nonfiction, poetry, biographies, how-to books, and more. Let him pick books he can read on his own as well as more challenging ones for you to read aloud to him.



- Together, watch authors, teachers, and librarians read aloud online. (Try storylineonline.net or search YouTube for "read alouds.") Then, suggest that your child make her own story-time videos—complete with props or puppets.

Learning and working from home

When your children do schoolwork at home, you may wonder what your role is, especially if you're working remotely, too. Keep in mind that teachers don't expect you to homeschool your youngsters—but you can offer support and encouragement, just as you would with regular homework. Here's how.

Get set up. Have your child find "office space" and gather supplies. She'll need to work in an area without background noise and where she won't disturb you if you're working, too. If she's participating in classes online, make sure she logs in on time—a few minutes early is ideal in case there's a glitch. She should close browser windows and tabs and put away devices she's not using for school.



Create office hours. Help your youngster make a schedule that includes class time and independent work time. If you're working from home, let him know what your hours are. Schedule a lunch break and a snack break so you can eat together. *Fun idea:* Ask your child to make and decorate signs with office hours for each of you. He'll be proud of his signs and may pay more attention to the "posted hours."

Offer assistance. Try to be available in case your youngster gets stuck with her work. If she needs help during your office hours, she could write you a note. Then, provide help when you can take a few minutes away. *Tip:* Show interest by asking what she's learning and looking over her work.

Stay in touch

Combat social isolation while you are social distancing. Use these suggestions for staying in touch with family and friends via Skype, FaceTime, or other video-chat platforms.

Spend time with relatives. Invite grandparents, uncles, aunts, and cousins to participate in family game nights. It's fun—and it helps to reduce loneliness, especially for people who live alone. Play charades, Pictionary, or name-that-tune.

Hang out with friends. Encourage your child to plan online get-togethers. It will feel great for classmates to see each other in real time! They could perform a concert by singing or playing instruments. Or they might make up dance routines. Another idea is to hold a craft party—they can chat while crafting (making jewelry, knitting) and share their works-in-progress with each other.



Kennedy Early Childhood Center

11333 Kaltz Ave

Warren, MI 48089

586-759-9406



Free State Funded Preschool

Children must be 4 before September 1,
2020

School begins October 5th—Face to Face

Call today to Enroll!





Free Oil Change Ministry

If you are a single parent in need,
you are invited to receive a
Free Oil Change
as a part of our ministry event.

For more information or to register please
visit: <http://bit.ly/oilchangeministry>
or leave a message at 586-731-4490 x 230

Vouchers will be distributed to registered vehicles and participants upon registration and verification of need.



*Due to COVID-19, our ministry is unable to host our annual event and complete oil changes using volunteers, we will be utilizing a local oil change shop for these services. Vouchers must be picked up and redeemed by the registrant for the registered vehicle prior to **October 15, 2020.***



Welcome to Pathways to Potential Corner

You will find News, Notes and Reminders.....

October 2020

Congrats to **Chase Prater, Yawar Zuhairi, Sabrina Tilley, Zack Misho, Chloe Round, Tristian Hysolli, Keith Spencer, and Aleena Johnson** for having the best attendance for the month of September 2020 and for winning the Pizza Coupons which will be mailed to the student in the beginning of the month. Next month 2 lucky students will have the chance to win five below gift cards for being on track online winner will be announced in November.

If you need any resources, please check Carlson website in the Pathways to Potential Korner section.

Reminder: Remember Attendance Matters, online on time. I will contact any families that is having any barriers that is preventing them to follow the school policies and procedures for school attendance.

Resources for the month I found that would be helpful for families:

My Bridges

https://gcc01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnewmibridges.michigan.gov%2Fs%2Fisd-landing-page%3Flanguage%3Den_US&data=02%7C01%7CPomileeMathawsA%40michigan.gov%7Cfd8085a2c1a54d77ab4e08d8409e18bd%7Cd5fb7087377742ad966a892ef47225d1%7C0%7C0%7C637330395046600842&sdata=DzJSRuDdbCAKWEC1vxAg1pd%2BZMVAPSIIdmcgxv2IwtEs%3D&reserved=0

. **National Federation of Families for Children's Mental Health**

<https://www.facebook.com/NationalFederationHomeResources/>

Coping with Stress

• <https://www.helpguide.org/articles/anxiety/coronavirus-anxiety.htm>

Thank You

Pathways to Potential