



# January 2021

## MS/HS Breakfast

				1 No School
4 No School	5 Sausage and cheese English Muffin Cinnamon Pancakes Fresh Fruit or Juice	6 Bacon Egg and Cheese Bagel Sausage and Cheese Biscuit Fresh Fruit or Juice	7 Scrambled Eggs with Cheese Cinnamon toast and Sausage Fresh Fruit or Juice	8 French Toast Sticks Breakfast Pizza Fresh Fruit or Juice
11 Sausage and Cheese English Muffin Bar Fresh Fruit Or Juice	12 Grape Crescent Roll Bacon Egg and Cheese Flatbread Fresh Fruit Or Juice	13 Sausage Cheese and Egg English Muffin  Pancake on a Stick Fresh Fruit or Juice	14 Egg and Cheese Bagel with Tater Bites Blueberry Bagel with Cream Cheese Fresh Fruit or Juice	15 Scrambled Eggs with Cinnamon and Sausage Pancakes and Sausage Fresh Fruit or Juice
18 No School	19 Glazed Donut Chicken on a Biscuit Fresh Fruit or Juice	20 Cheesy Egg Breakfast Burger Pancake on a Stick Fresh Fruit or Juice	21 Grilled Ham and Cheese Blueberry Bagel with Cream Cheese Fresh Fruit or Juice	22 Breakfast Pizza Chocolate Crescent Roll Fresh Fruit or Juice
25 Egg and Cheese Biscuit Nutri Grain Bar Fresh Fruit or Juice	26 Pancakes and Scrambled Eggs Chicken Cheese English Muffin Fresh Fruit or Juice	27 Ham Egg and Cheese Flatbread Sausage and Cheese English Muffin Fresh Fruit or Juice	28 Cheesy Egg Biscuit Glazed Donut Fresh Fruit or Juice	29 Cherry Frudel Biscuits and Gravy with Sausage Fresh Fruit or Juice

**Offered Daily:** Sausage Biscuit, Yogurt, Muffins, Assorted Cereal, Fresh Fruit, Pop Tarts

1% White, Low-fat Chocolate and White Milk

**Breakfast is Free for all Students !**