



MARANACOOK AREA SCHOOLS

A Caring School Community Dedicated to Excellence

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Dear Staff, Students, and Families,

This letter is to inform you that an individual associated with Maranacook Middle School recently tested positive for Coronavirus Disease 2019 (COVID-19). All student and staff close contacts have been notified. We are informing you out of an abundance of caution. Please monitor yourself/your student for signs and symptoms. Call a health care provider if symptoms start. It is important that you call a healthcare facility before you show up in person. Stay home if you are sick.

Due to the student's positive test for Covid 19 RSU #38 will be implementing the following for Maranacook Middle School. **The Maranacook Middle School will be going to remote learning beginning Monday, January 11th through Friday, January 15th.** Students will return to in person instruction on *Tuesday, January 19th*. All school activities are canceled through Monday, January 18th.

The Maranacook Community High School, Mount Vernon, Readfield, and Wayne elementary schools will continue to run the normal hybrid school schedule.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- fever or chills
- cough
- shortness of breath or difficulty breathing
- fatigue
- muscle or body aches
- headache
- new loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea

Please keep in mind that many things can cause respiratory illness, so students and staff should be up-to-date on influenza and routine vaccinations.

Maine CDC recommends prevention measures to prevent the spread of COVID-19. These measures include proper handwashing with soap and warm water, which is especially important after using the bathroom, before eating, and after blowing your nose, coughing, or sneezing. When soap and water is not available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Avoid touching your eyes, nose, and mouth with unwashed hands and avoid close contact with people who are sick. Cover your cough or sneeze into a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Questions for individual schools can be directed to Dr. Levesque the high school principal or the school nurse by calling Maranacook Middle School at 685- 3128. For general COVID-19 questions, dial 211 (or 1-866-811-5695). You can also text your ZIP code to 898-211 or email info@211maine.org. Call a health care provider for questions about your symptoms. More information can be found at www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus.

Sincerely,

A handwritten signature in blue ink that reads "James Charette". The signature is written in a cursive style with a large initial "J" and a long, sweeping underline.

James Charette, Superintendent of Schools