



CLEORA PUBLIC SCHOOL

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COVID-19 Quarantine Protocol

Revised 1/07/2021

Quarantine is used to separate someone who might have been exposed to COVID-19 and may develop illness away from other people. Quarantine helps prevent spread of disease that can occur before a person knows they have the virus. Quarantine is intended to reduce the risk that infected persons might unknowingly transmit infection to others. It also ensures that persons who become symptomatic or are otherwise diagnosed during quarantine can be rapidly brought to care and evaluated. The following methods will be utilized regarding the return from quarantine.

- When diagnostic testing resources are sufficient and available, then quarantine can end after Day 7 if a diagnostic specimen tests negative and if no symptoms were reported during daily monitoring. The specimen may be collected and tested within 48 hours before the time of planned quarantine discontinuation (e.g., in anticipation of testing delays), but quarantine cannot be discontinued earlier than after Day 7.
 - ◆ Persons can discontinue quarantine at these time points only if the following criteria are also met:
 - I. No clinical evidence of COVID-19 has been elicited by daily symptom monitoring[†] during the entirety of quarantine up to the time at which quarantine is discontinued; and,
 - II. Daily symptom monitoring continues through quarantine Day 14; and,
 - III. Persons are counseled regarding the need to adhere strictly through quarantine Day 14 to all recommended nonpharmaceutical interventions (NPIs[‡], a.k.a. mitigation strategies), especially. They should be advised that if any symptoms develop, they should immediately self-isolate and contact the local public health authority or their healthcare provider to report this change in clinical status.
 - ◆ In both cases, additional criteria (e.g., continued symptom monitoring and masking through Day 14) must be met and are outlined in the full text.
- Persons can continue to be quarantined for 14 days without testing per existing recommendations.

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